Detection of SARS-COV-2 in Placental and Fetal Membrane Samples

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#### **Detection of SARS-COV-2 in Placental and Fetal Membrane Samples**

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1	Detection of SARS-COV-2 in Placental and Fetal Membrane Samples
2	A Research Letter
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4	Condensation: Detection of SARS-CoV-2 RNA RT-PCR in placental and membrane
5	samples after delivery
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7	Short Title: SARS-COV-2 in Placenta and Fetal Membranes
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13	Introduction: Since the first reports of the emergence of the novel coronavirus SARS-
14	CoV-2 and its associated disease (COVID-19), concerns remain about whether the virus
15	is transmissible in pregnant women from the mother to the fetus during either the
16	antepartum period or the process of labor and delivery. One recent review reported that
17	in a small number of cases, two PCR swabs of the placenta were sent in additional to
18	neonatal and cord blood testing, and both placental PCR swabs were negative. <sup>1</sup> Other
19	studies have demonstrated the finding of SARS-CoV2 IgM in neonates born to mothers
20	diagnosed with COVID-19 during pregnancy, <sup>2,3</sup> findings that may indicate vertical
21	transmission of the virus in utero. We report our experience with placental/membrane
22	SARS-CoV2 RNA PCR swab results after delivery to a series of symptomatic mothers
23	with confirmed COVID-19 infection in pregnancy.
24	Methods: IRB approval was obtained. All pregnant patients diagnosed with COVID-19
25	who gave birth between March 1, 2020 and April 20, 2020 at NYU Langone Health were
26	identified by a search of the electronic medical record. Charts were reviewed for
27	documentation of SARS-CoV-2 RNA RT-PCR testing sent from either the placenta or
28	membranes within 30 minutes following delivery. PCR testing for SARS-COV-2 was
29	performed using the cobas SARS-CoV-2 assay (Roche) or the Cepheid Xpert Xpress
30	assay. Placental swabs were obtained from the amniotic surface after clearing the surface
31	of maternal blood (placental PCR). Membrane swabs were obtained from between the
32	amnion and chorion after manual separation of the membranes (membrane PCR).
33	Maternal COVID-19 illness was categorized as mild, severe, or critical. <sup>4</sup> The time
34	interval from maternal diagnosis of COVID-19 to delivery was calculated in days. Infants
35	were tested with nasopharyngeal swabs for SARS-CoV-2 PCR between days of life 1 and

5 while hospitalized. Hospitalized infants were also assessed for clinical signs and

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37 symptoms, including fever, cough, and nasal congestion. 38 **Results**: Of 32 COVID-19 positive pregnant patients who gave birth in this timeframe, 39 placental or membrane swabs were sent from 11 patients (Table). Three of 11 swabs were 40 positive. None of the infants tested positive for SARS-CoV2 on days of life 1 through 5, 41 and none demonstrated symptoms of COVID-19 infection. 42 Discussion: Of 11 placental or membrane swabs sent following delivery, 3 swabs were 43 positive for SARS-CoV-2, all in women with moderate to severe COVID-19 illness at 44 time of delivery. This is the first study to demonstrate the presence of SARS-CoV-2 RNA 45 in placental or membrane samples. While there were no clinical signs of vertical 46 transmission, our findings raise the possibility of intrapartum viral exposure. Given the mixing of maternal and fetal fluid and tissue at time of delivery, the origin of the detected 47 48 SARS-CoV-2 RNA in our series is unclear. It may represent contamination from 49 maternal blood, amniotic fluid, or COVID-19 infection of the membranes and amniotic 50 sac. For those infants who were delivered vaginally, contamination with vaginal 51 secretions is also a possible source, although prior studies on vaginal secretions have failed to demonstrate the presence of COVID-19.<sup>5,6</sup> 52 53 Although all of our neonates tested negative in the first 5 days of life, many were born via 54 cesarean deliveries with decreased length of exposure to these tissues, which may be 55 associated with a decreased likelihood of vertical transmission. Additionally, 56 nasopharyngeal testing immediately after delivery may not be the ideal approach to 57 evaluate vertical transmission if exposure occurs at the time of delivery, as the virus may 58 require a longer incubation period before these swabs convert to positive. In summary,

- 59 the presence of viral RNA by RT-PCR in placenta/membranes at the time of delivery
- 60 suggests the need for further research into the possibility of vertical transmission.
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			Interval					Infant PCR results				
Patie nt	Age	Gestati onal Age	from COVID diagnosi s to delivery (days)	Mode of deliver y	Placen tal PCR	Membra ne PCR	COVID Status	DOL 1	DOL 2	DOL 3	DOL 4	DOL 5
1	37	36w6d	2	CD	N/A	Pos	Critical		Neg		Neg	
2	36	26w5d	1	CD	N/A	Pos	Critical	Neg				Neg
3	38	38w3d	0	CD	N/A	Neg	Critical	Neg		Neg		
4	40	34w2d	1	CD	Pos	N/A	Severe	Neg			Neg	Neg
5	26	37w6d	0	NSVD	N/A	Neg	Severe	Neg		Neg		
6	34	37w1d	10	NSVD	N/A	Neg	Mild			Neg	Neg	
7	23	41w3d	1	NSVD	N/A	Neg	Mild		Neg			
8	23	40w5d	8	NSVD	N/A	Neg	Mild		Neg			
9	35	39w6d	15	NSVD	N/A	Neg	Mild	Neg				
10	34	40w0d	5	NSVD	N/A	Neg	Mild	Neg				
11	22	41w0d	15	NSVD	N/A	Neg	Mild		Neg			

# Table. Summary of placental or membrane COVID-19 PCR result by patient

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DOL= Day of Life, CD= Cesarean delivery, NSVD= Normal spontaneous vaginal

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delivery

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