

# Understanding Your Baby's **CUES**





## HUNGER

## FULLNESS

#### When your baby is hungry he may:

- Keep his hands near his mouth
- Bend his arms and legs
- Make sucking noises
- Pucker his lips
- Search for the nipple (root)

### When your baby is full he may:

- Suck slower or stop sucking
- Relax his hands and arms
- Turn away from the nipple
- Push away
- Fall asleep





Maine Center for Disease Control and Prevention An Office of the partment of Health and Human Services



Paul R. LePage, Govern

Mary C. Mayhew, Comm