



# IS RESISTANCE FUTILE? ANTIMICROBIAL RESISTANCE IN PEDIATRICS

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# OBJECTIVES

- 1 Brief overview antibiotic development and resistance
- 2 Review gram negative cephalosporin resistant community acquired urinary tract infections
- 3 Discuss potentially avoidable and unavoidable selective pressures for bacterial antibiotic resistance



## **2 YEAR OLD FEMALE WITH 3 DAYS OF FEVER, DECREASED APPETITE AND ACTIVITY**

Toilet training, has regressed with urination

On exam possible lower abdominal tenderness

## **URINE DIP STICK TESTING POSITIVE FOR LEUKOCYTE ESTERASE AND NITRITE**

Cephalexin prescribed

Urine culture sent

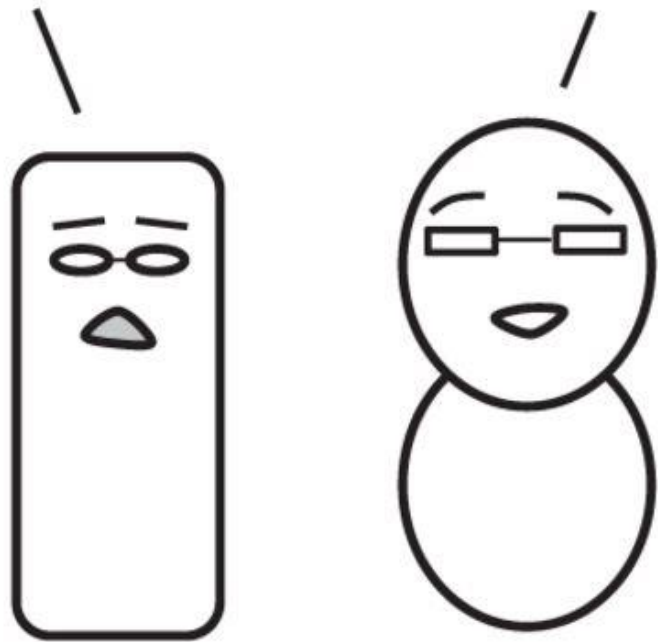
## **LAB CALLS URINE CULTURE WITH ESBL ESCHERICHIA COLI**

Plan to check lab report when break from clinic

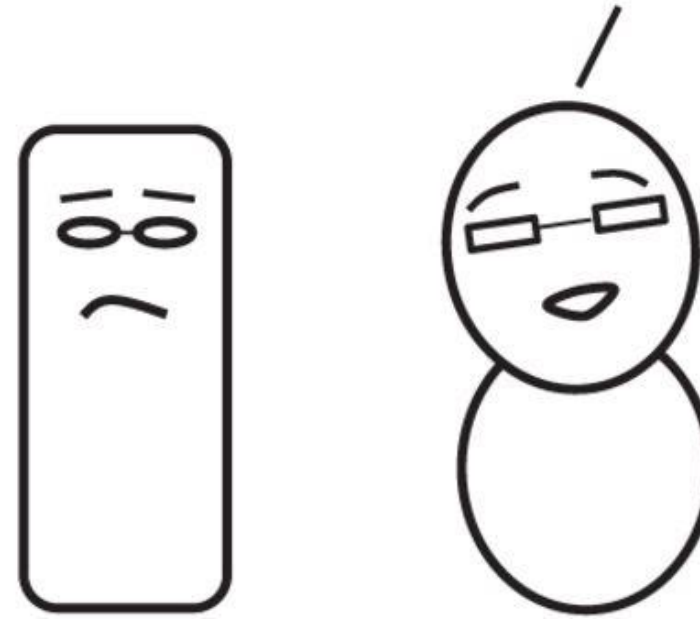
Not your primary patient so wonder if risk factors

You have treated numerous MRSA skin infections but not extended spectrum beta-lactamase (ESBL) producing Enterobacterales (aka Enterobacteriaceae) UTIs, is this common in healthy outpatient children?

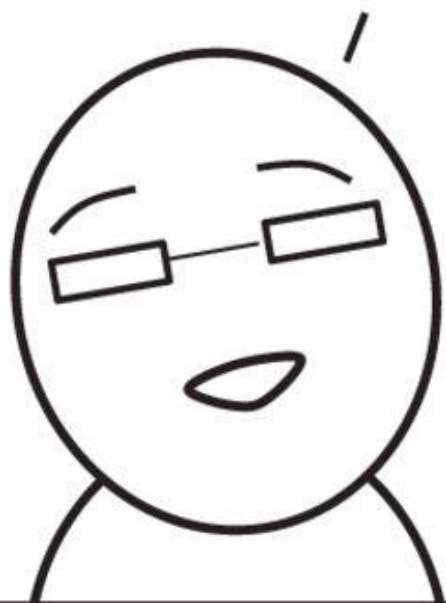
I'm confused about what to call enteric Gram-negative bacilli. It's so simple!



We used to refer to these as the family *Enterobacteriaceae*, but now they make up seven different families. We should talk about the order instead.

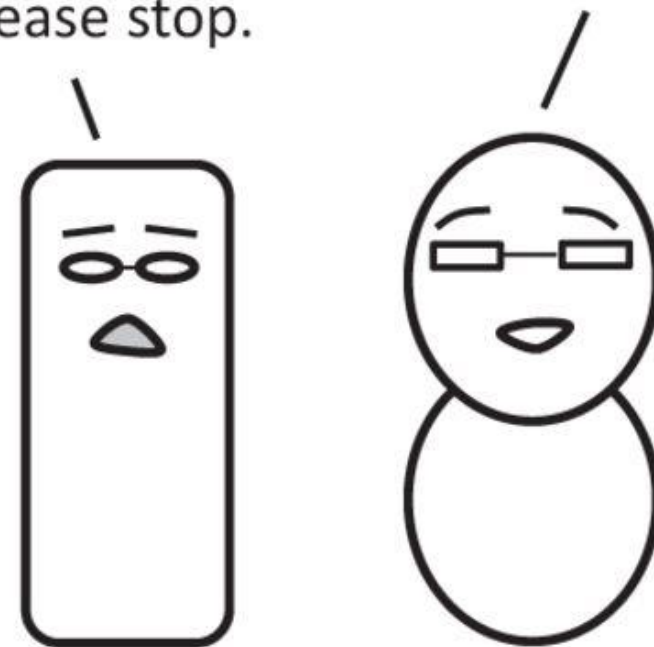


The order '*Enterobacteriales*' was suggested, but it was not validly published and did not follow the rules of nomenclature. The accepted name for the order is *Enterobacterales*, with no i.

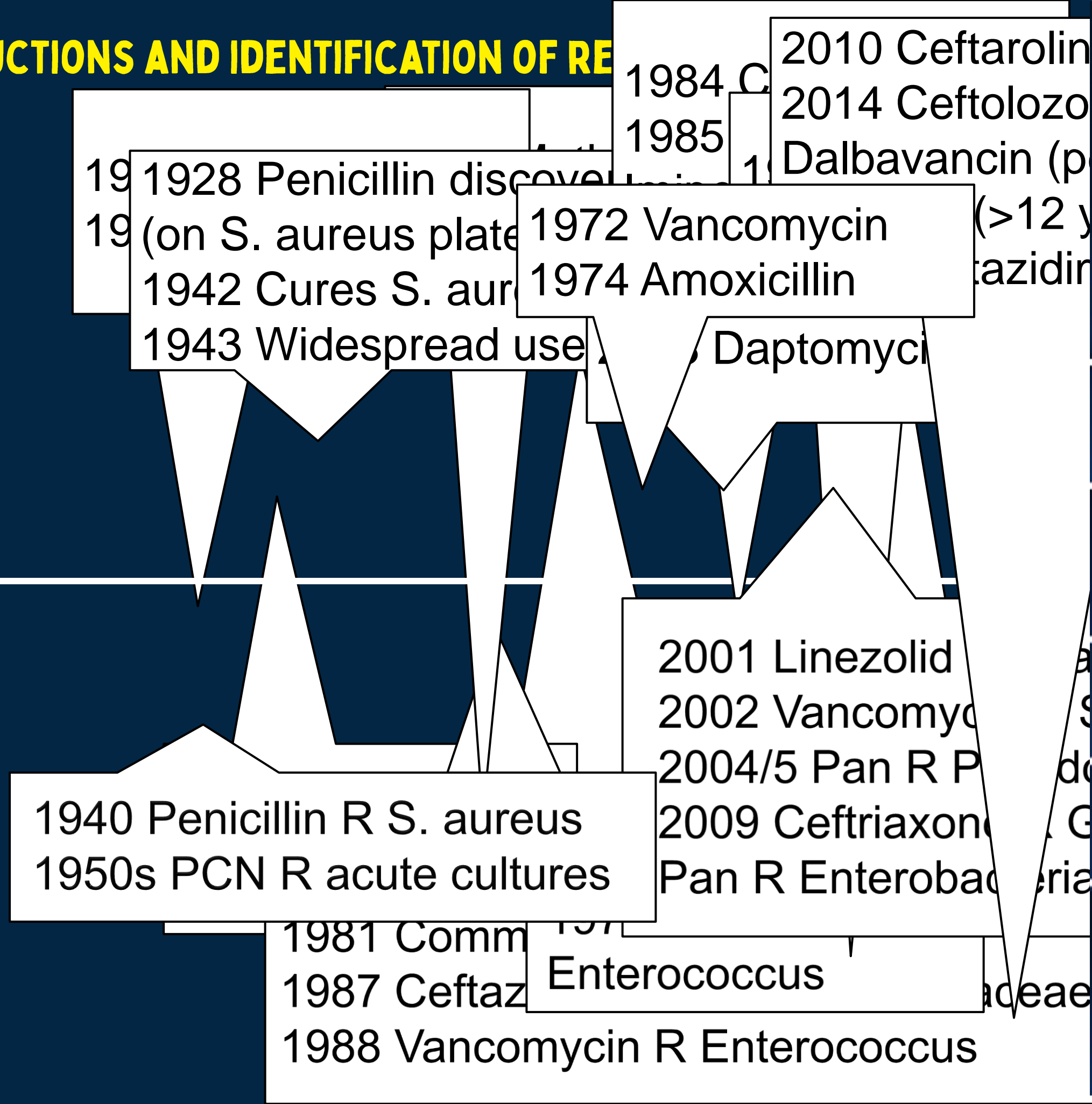


Yeah, that *was* simple. So call them *Enterobacterales*, right?

Please stop. It's an order!



# ANTIBIOTIC INTRODUCTIONS AND IDENTIFICATION OF RESISTANCE



6 of the 18 most alarming antimicrobial resistance threats cost the U.S. more than **\$4.6 billion annually**<sup>8</sup>

Vancomycin-resistant *Enterococcus (VRE)*

Carbapenem-resistant *Acinetobacter species*

Methicillin-resistant *Staphylococcus aureus (MRSA)*

Carbapenem-resistant *Enterobacterales (CRE)*

Multidrug-resistant (MDR) *Pseudomonas aeruginosa*

Extended-spectrum cephalosporin resistance in *Enterobacterales* suggestive of extended-spectrum  $\beta$ -lactamase (ESBL) production

ESBLs first described in 1980s

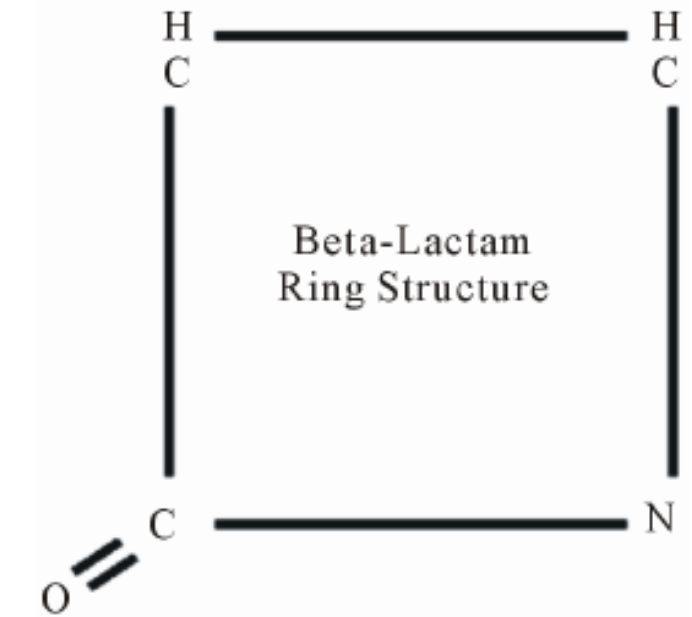
## WHAT ARE BETA LACTAMASES?

### Beta-lactamases

- Bacterial enzymes that inactivate  $\beta$ -lactam antibiotics by hydrolysis
- First penicillinase identified E coli 1940
- Inhibitor-resistant  $\beta$ -lactamases
- Chromosome (AmpC), plasmid (ESBL), transposable elements

### Beta-lactam antibiotics

- Penicillins
- Cephalosporins
- Monobactams
- Carbapenems



### Susceptible Bacteria

### Resistant Bacteria

### Resistance Gene Transfer

### New Resistant Bacteria

Dr. Pottinger  
CDC

### Beta-lactamase inhibitors

- Clavulanic acid (only oral option, 1980s)
- Sulbactam
- Tazobactam
- Avibactam, Vaborbactam, Relebactam

## **EXTENDED-SPECTRUM B-LACTAMASES (ESBLs)**

Hydrolyze 3<sup>rd</sup> and 4<sup>th</sup> generation cephalosporins and monobactams

Gram-negative rods, most commonly *E. coli*, *Klebsiella pneumoniae*, *K. oxytoca*, *P. mirabilis*

CTX-M exploded in the 1990s and 2000s (first identified in a lab dog, then child in Munich (ceftriaxone, Munich))

-hospital and community settings, the environment, the food supply and livestock

## **RISK FACTORS COMMUNITY ACQUIRED DRUG RESISTANT UTI ?**

Hospitalization, antibiotic prophylaxis, recent antibiotic, +/- travel

Increasing incidence antibiotic resistant UTIs in pediatrics even without above risks over decade

3<sup>rd</sup> gen cephalosporin resistance used to infer ESBL

-British Columbia 12% of 294 UTIs resistant 3<sup>rd</sup> gen cephalosporin

-3 fold increase community acquired ESBL UTI 2015 to 2021 Alabama (tertiary referral hospital)

## **IMPACT OF CEFTRIAXONE RESISTANCE?**

Limits treatment options

ESBL most common mechanism, often coupled with resistance other antibiotic classes

(sulfonamides, aminoglycosides, fluoroquinolones)

Increased 90 day recurrence



## WHAT IS KNOWN ABOUT PEDIATRIC ESBL COLONIZATION?

### Preschools Uppsala, Sweden

- Diapers collected, 58 preschools 2016
- >6-fold increase ESBL compared to 2010
- 20% Cefotaxime resistant Enterobacteriaceae (67/334)
- 6 preschools ESBL carriage rate  $\geq$ 40%
- 18 preschools no carriers

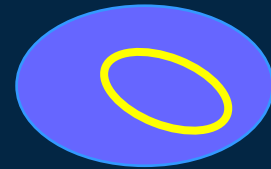
### Daycare Centers Netherlands, Belgium

- 28 Dutch (499 children), 18 Belgian (448 children) DCCs
- ESBL-E prevalence higher Belgium (16%)
- Antimicrobial use, hospitalizations less Netherlands
- Travel Asia previous 6 months associated with ESBL-E carriage but antibiotic use was not

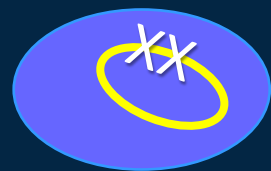
### Vertical transmission, Israel

- Surveillance NICU over 1 year
- Mother rectal swab delivery room
- Infants NICU admit and twice weekly
- 478 infants, 409 mothers (313 screened)
- 21.4% mothers colonized, 14.8% infants
- 23 of 67 colonized mothers (34.3%) delivered 25 infants colonized with the same bacterial strain
- Colonized mother/infant more likely to be exposed to antibiotics during pregnancy and delivery than colonized mothers with non-colonized infants
- 4 of 71 colonized infants LOS with ESBL, 2 died

Susceptible Bacteria



Selective Pressure → Upregulation of resistance factors or novel mutations



New Resistant Bacteria

### Some selective pressures

Agriculture

-growth promotion

-80% US antibiotic use

Clinicians and patients

-Patient satisfaction models

Health system administration

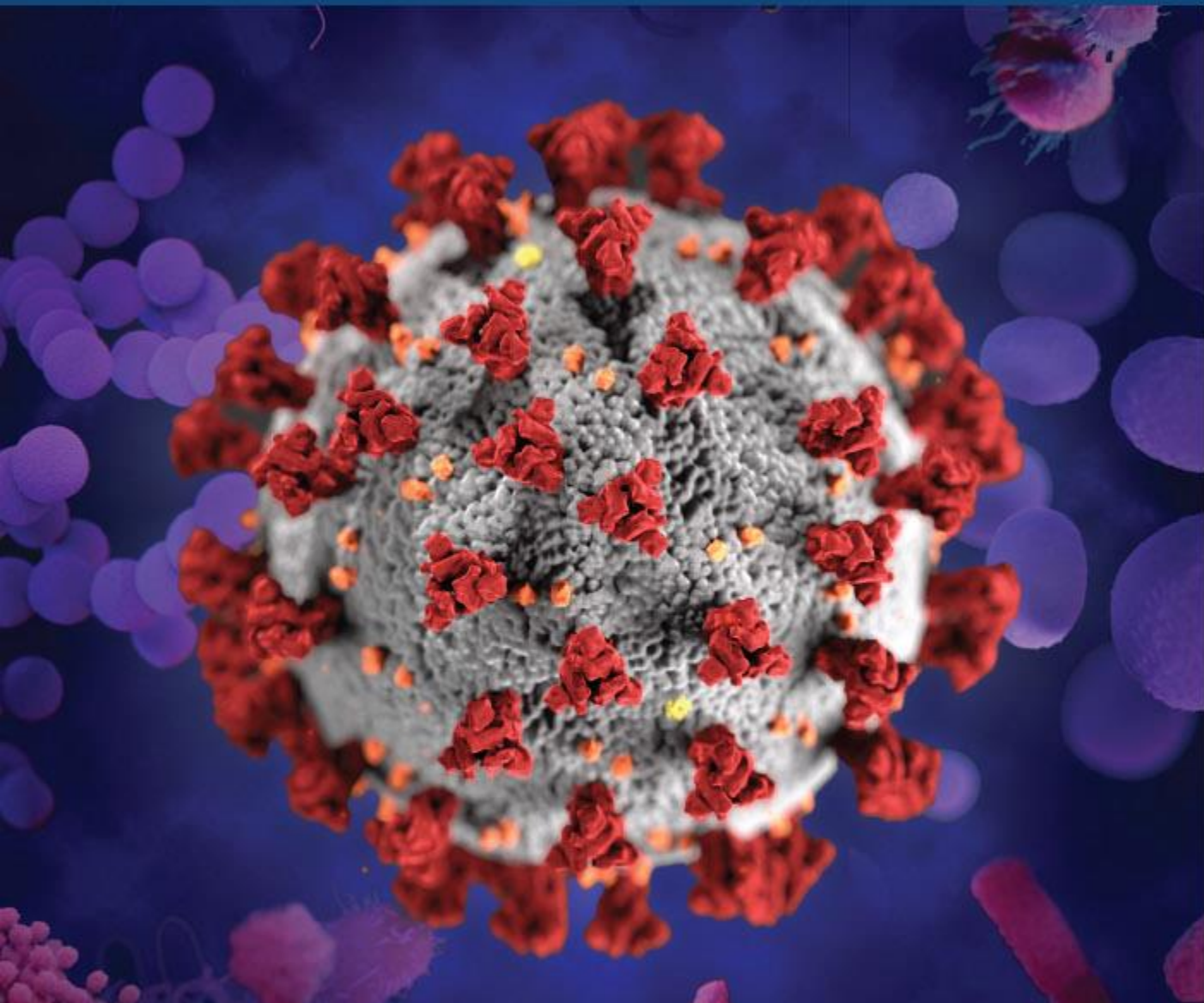
Payment and reimbursement models

Supply chain

COVID

# COVID-19 CREATED A PERFECT STORM

The U.S. lost progress combating antimicrobial resistance in 2020



**↑15%**

Antimicrobial-resistant infections and deaths increased in hospitals in 2020.

**~80%**

Patients hospitalized with COVID-19 who received an antibiotic March-October 2020.



Delayed or unavailable data, leading to resistant infections spreading undetected and untreated.

**INVEST IN  
PREVENTION.**

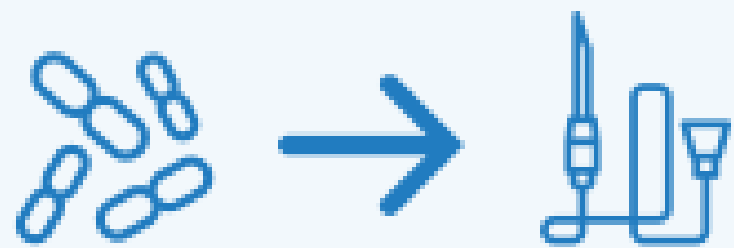
**Setbacks to fighting  
antimicrobial resistance  
can and must be temporary.**

Learn more: <https://www.cdc.gov/drugresistance/covid19.html>

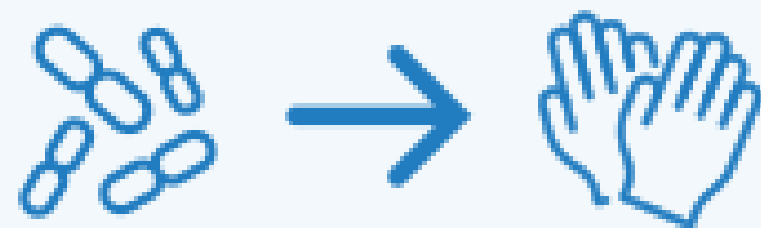
# FIGHT ANTIMICROBIAL RESISTANCE WITH INFECTION CONTROL

As a frontline healthcare worker, you play an important role in fighting antimicrobial resistance.

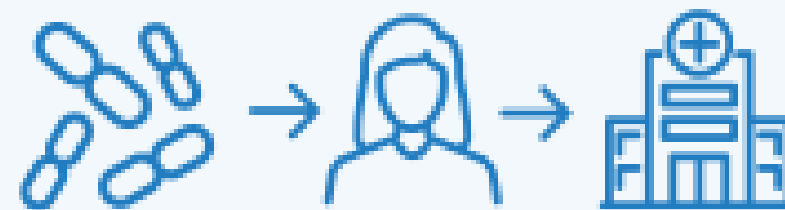
When you practice infection control, you stop resistant germs from:



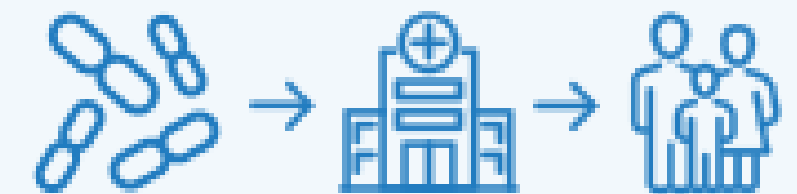
**Entering the body** and causing infections through procedures and medical devices



**Spreading to people** from surfaces like bedrails or the hands of healthcare workers



**Moving with patients** when they are transferred between facilities



**Spreading into the community**, making them harder to control

Preventing new health care associated infections  
Stopping the spread of resistant organisms  
Reducing the need for antibiotics

# HEALTHCARE PROVIDERS: ACTIONS TO COMBAT RESISTANCE

Prevent infections and spread



Antimicrobial prescribing



Outpatient, inpatient antibiotic stewardship (health system support)  
Treatment guidelines  
Appropriate diagnostic tests

Be alert and take action

**Maine Health Alert Network (HAN) System**

**PUBLIC HEALTH ADVISORY**

Local antibiogram  
Critical lab value calls  
Maine CDC notifiable diseases and conditions list

# Watchful Waiting for Ear Infections



## What is an ear infection?

There are different types of ear infections. **Middle ear infection** (acute otitis media) is an infection in the middle ear, or behind the eardrum.

## What does the term “watchful waiting” mean?

It means observing your child for 2-3 days to give your child’s immune system time to fight off the infection rather than starting antibiotics immediately. Your healthcare professional will wait to see if your child gets better before giving your child a prescription for antibiotics.

## Why would my healthcare professional recommend watchful waiting instead of giving antibiotics immediately?

Studies have shown that most children with mild ear infections get better without antibiotics. The child’s immune system is often able to fight off the infection on its own. Antibiotics can sometimes improve symptoms more quickly, but antibiotics can also cause problems, such as side effects and antibiotic resistance. **Two out of 3 children with mild ear infections get better without receiving any antibiotics.**

## Which children qualify for watchful waiting?

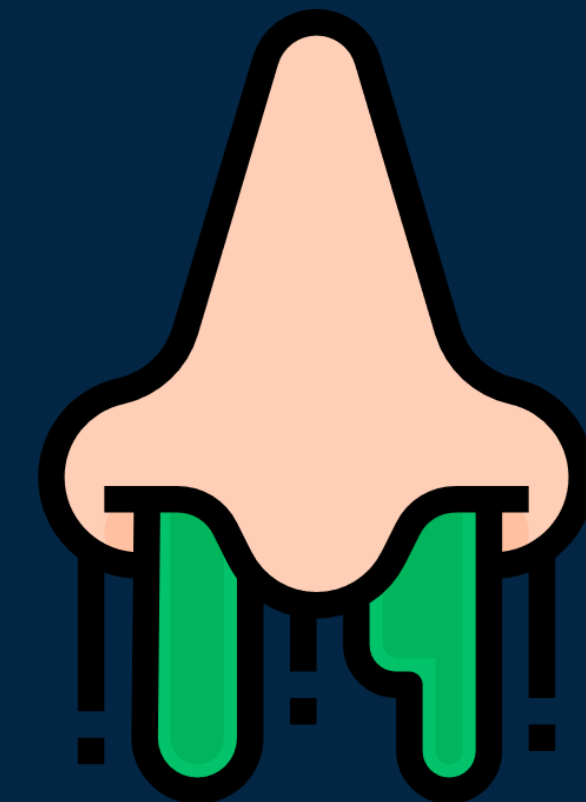
Children between ages 6 months and 23 months if only one ear is infected, **OR** Children ages 2 years and older if one or both ears are infected, and who have:

- Symptoms of ear infection that have lasted less than 2 days.
- Mild ear pain
- Temperature lower than 102.2°F (39°C)

## How can I improve my child’s symptoms if I don’t give antibiotics?

The symptoms of an ear infection—like ear pain and fever—can be helped with ibuprofen or acetaminophen, rest, and extra fluids.

To learn more about antibiotic prescribing and use, visit [www.cdc.gov/antibiotic-use](http://www.cdc.gov/antibiotic-use) or call **1-800-CDC-INFO**.



# IMPROVE OUTPATIENT ANTIBIOTIC USE

CS336777-A

**72%**  
of antibiotic  
prescriptions  
are likely  
necessary.

(But we still need  
to improve drug  
selection, dose  
and duration)



At least  
**28%**  
of antibiotic  
prescriptions  
are **unnecessary.**

In U.S. Doctor's  
Offices and EDs



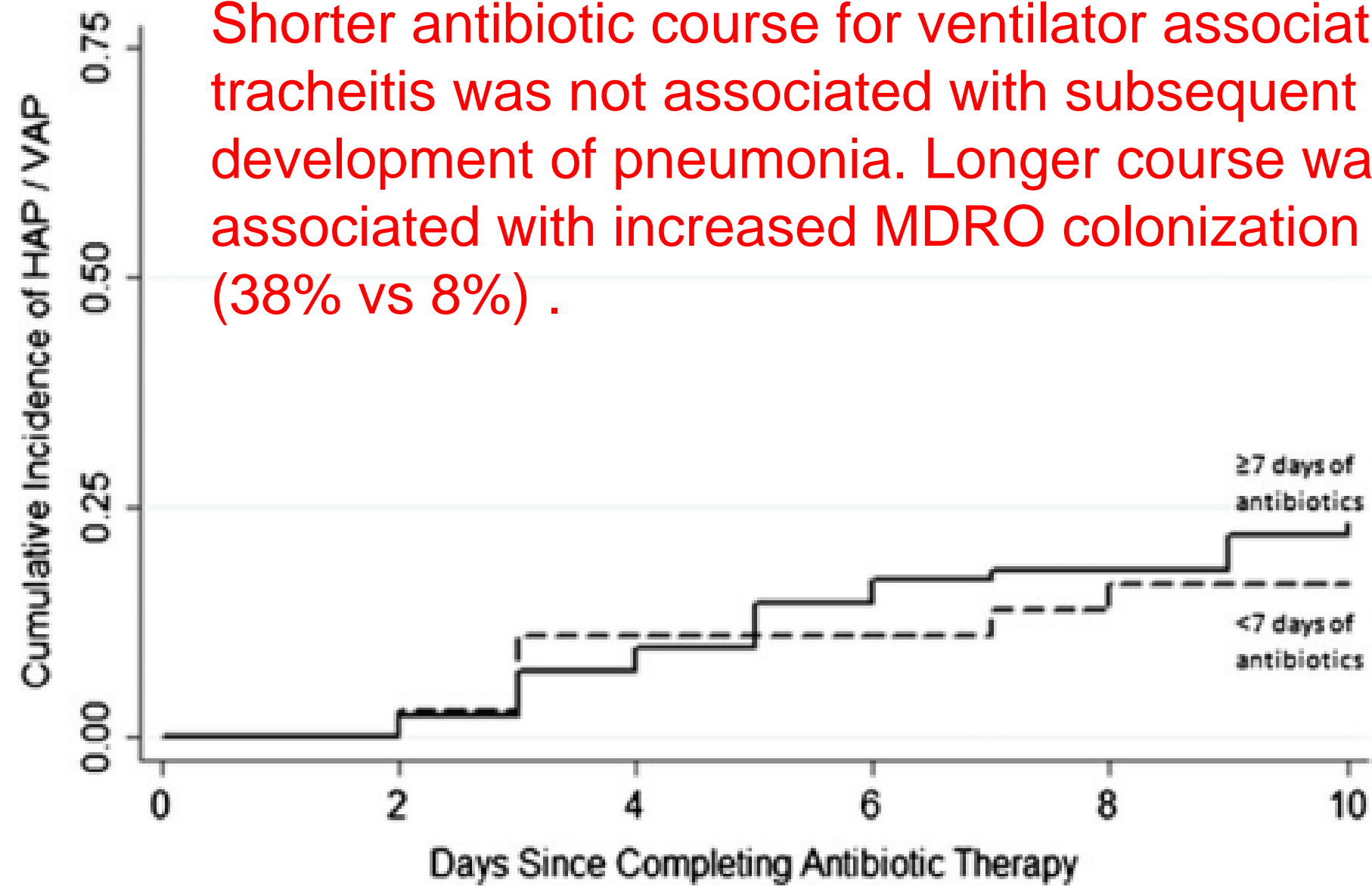
**BE  
ANTIBIOTICS  
AWARE**

SMART USE, BEST CARE

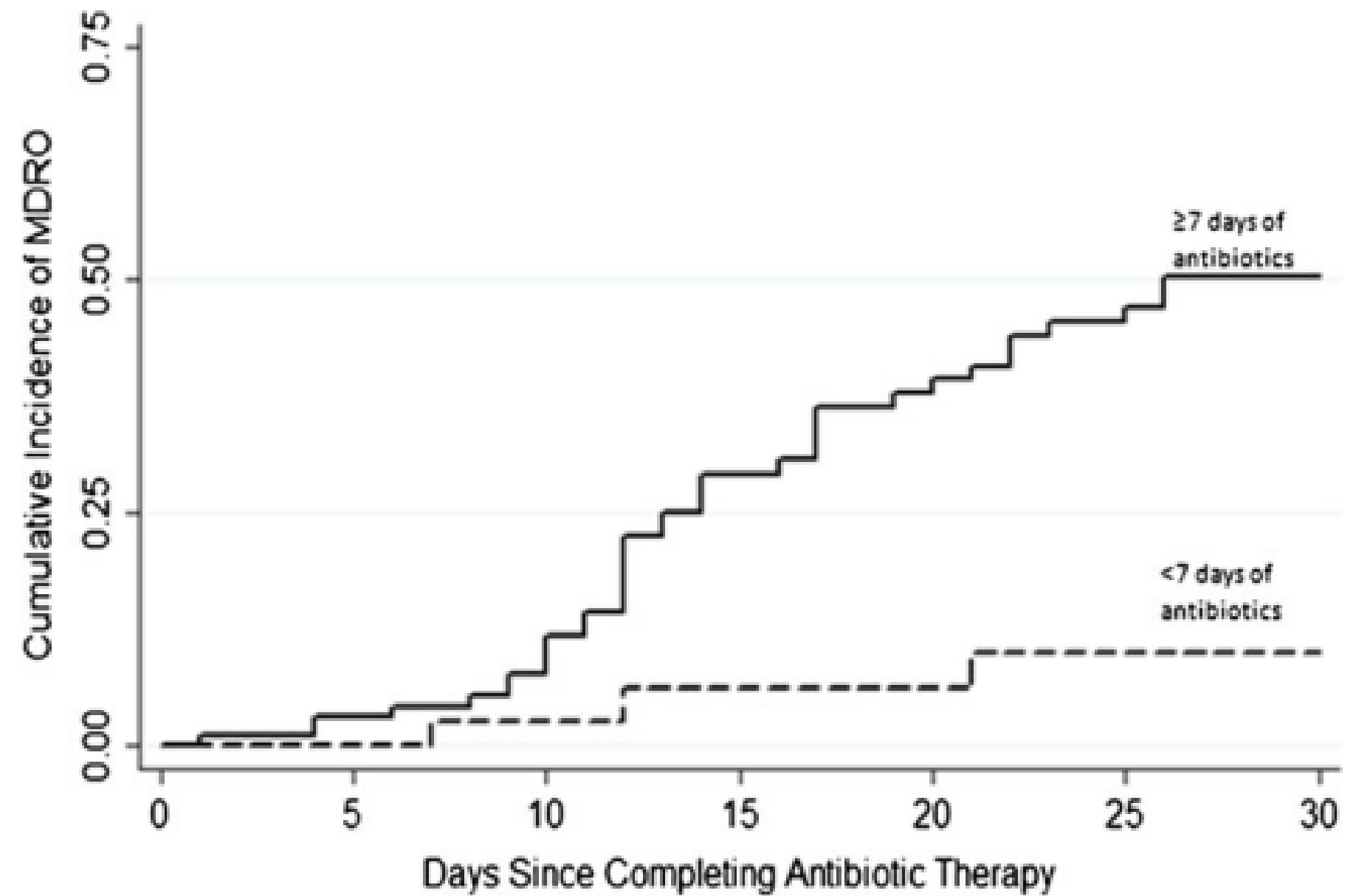
Learn more at  
[cdc.gov/antibiotic-use](https://cdc.gov/antibiotic-use).



Shorter antibiotic course for ventilator associated tracheitis was not associated with subsequent development of pneumonia. Longer course was associated with increased MDRO colonization (38% vs 8%) .



**Figure 2.** Cumulative distribution function of hospital-acquired pneumonia (HAP), shown for 118 children who met the definition of ventilator-associated tracheitis (VAT).  $P = .46$ , by log-rank test.

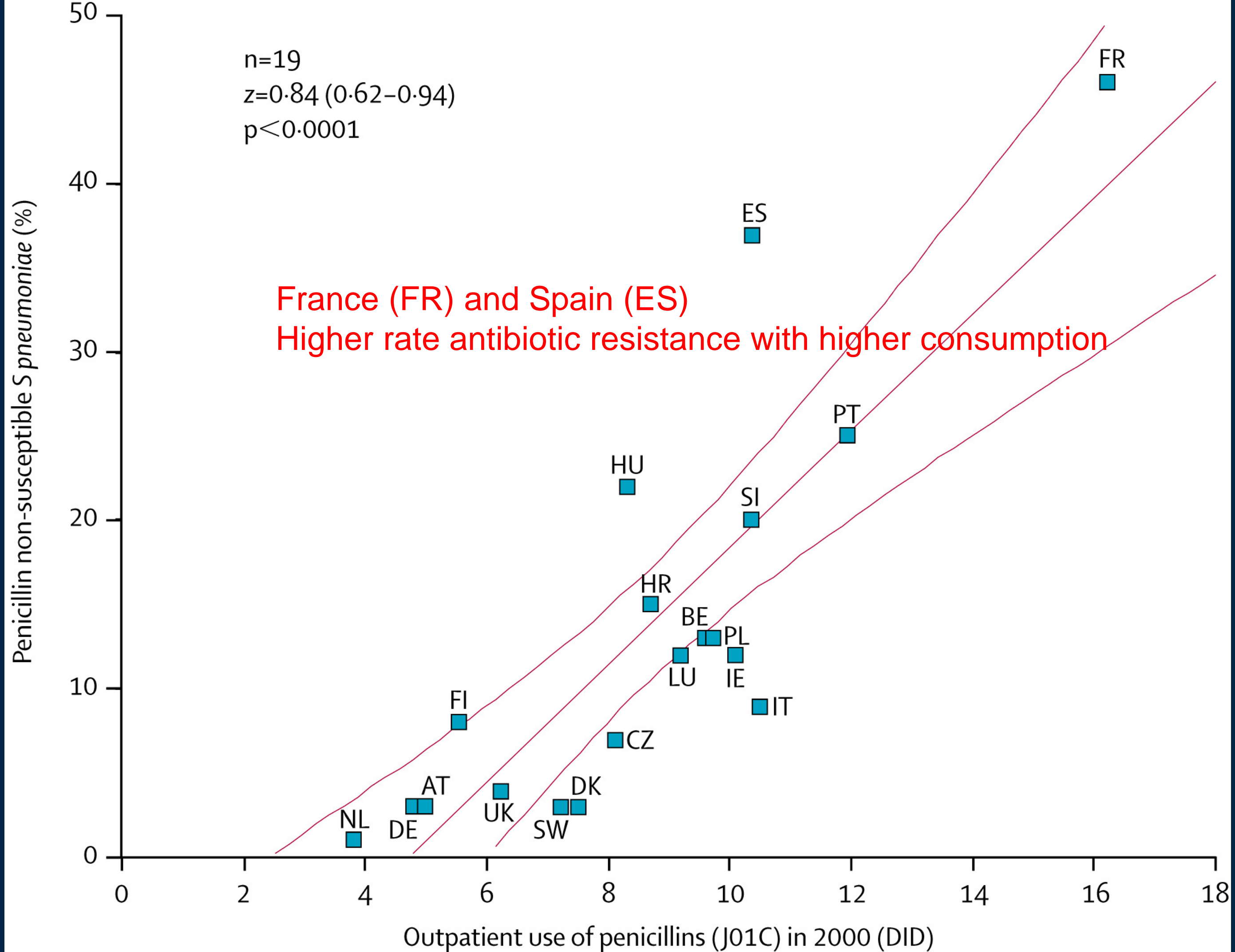


**Figure 3.** Cumulative distribution function of colonization or infection with a multidrug-resistant organism (MDRO), shown for 150 children receiving antibiotic therapy for ventilator-associated tracheitis (VAT).  $P \leq .01$ , by log-rank test.

Tamma 2011

2016 NEJM trial 5 days amoxicillin-clavulanate for otitis media in those 6-23 months of age associated with increased treatment failure (34% vs 16%). 10 days was not associated with nasopharyngeal colonization with penicillin resistant pathogens (Strep pneumo and H flu). N=520



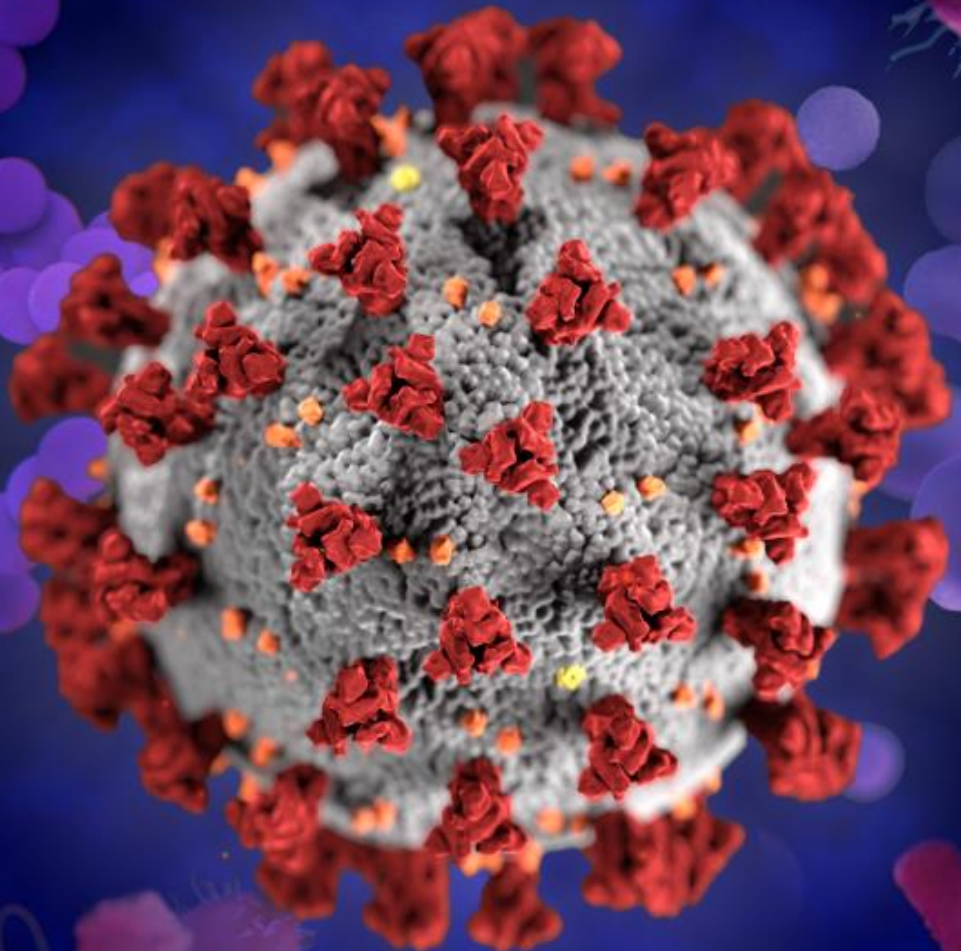




2022  
SPECIAL  
REPORT

# COVID-19

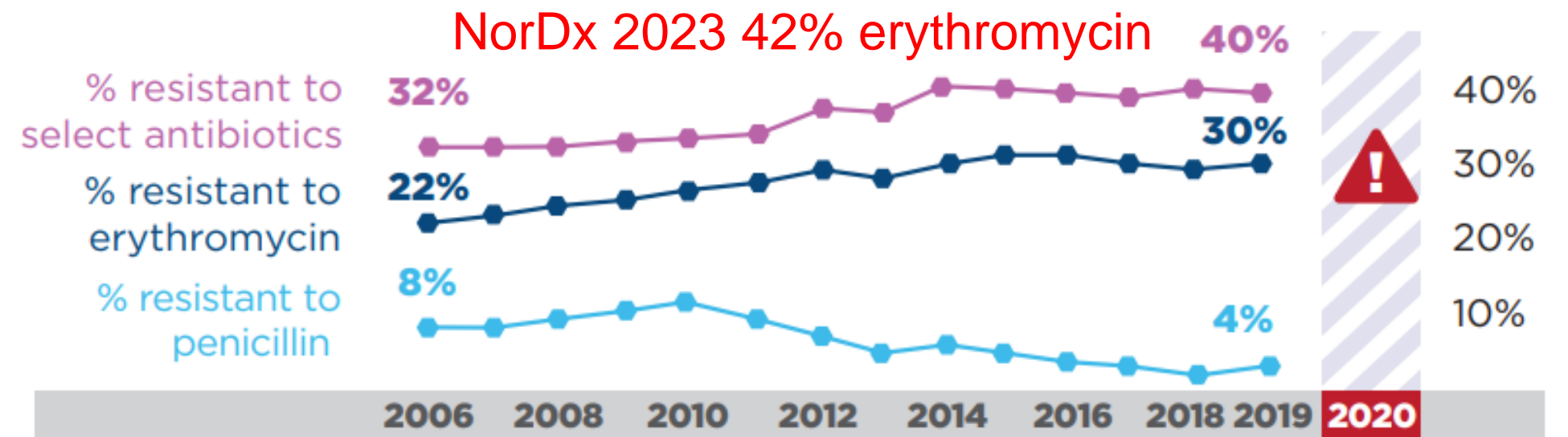
U.S. IMPACT ON ANTIMICROBIAL RESISTANCE



## PEDIATRICS?

### Streptococcus pneumoniae resistance data delay

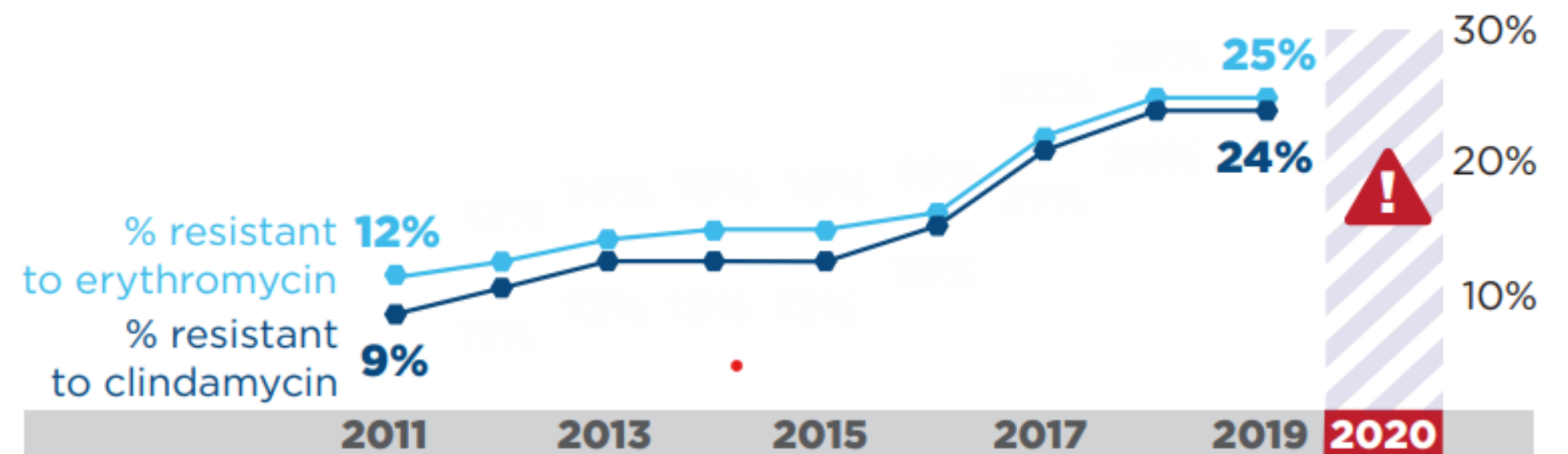
New vaccines will be critical for *S. pneumoniae* as resistance to some important antibiotics continues to increase.\*



\*Unable to compare data with 2019 report estimates, see [Methods](#) for details.

### Streptococcus pyogenes

GAS resistance was already on the rise, emphasizing the need for antibiotic stewardship—especially for patients with viral infections like COVID-19 that are not treatable with antibiotics.





### Primary Care, England

Patients were less satisfied in practices with frugal antibiotic prescribing  
Patient surveys 2012

-2.7 million questionnaires, 982 999 responses; response rate 36%

-Practice antibiotic prescribing volumes

### Primary Care, California

50% parents previsit expectation antibiotics for URI

Age 2-10 yo, 287 encounters, 10 physicians

Pre and post visit surveys, visit audiotaped (transcribed and coded)

Higher satisfaction if contingency plan given when no prescription

# Viruses or Bacteria

## What's got you sick?



**BE  
ANTIBIOTICS  
AWARE**  
SMART USE, BEST CARE

Common Respiratory Infections	Common Cause			Are Antibiotics Needed?*
	Virus	Virus or Bacteria	Bacteria	
Common cold/runny nose	✓			No
Sore throat (except strep)	✓			No
COVID-19	✓			No
Flu	✓			No
Bronchitis/chest cold (in otherwise healthy children and adults)		✓		No**
Middle ear infection		✓		Maybe
Sinus infection		✓		Maybe
Strep throat			✓	Yes
Whooping cough			✓	Yes

\*Antiviral drugs are available for some viral infections, such as COVID-19 or flu.

\*\*Studies show that in otherwise healthy children and adults, antibiotics for bronchitis won't help patients feel better.

To learn more about antibiotic prescribing and use, visit [www.cdc.gov/antibiotic-use](https://www.cdc.gov/antibiotic-use).

# Report: Fragile supply chain causing antibiotic shortages, resistance threat

Chris Dall | News Reporter | CIDRAP News, May 31, 2018

Topics: [Antimicrobial Stewardship](#)

## Antibiotic Shortages Are Fueling Antimicrobial Resistance

In countries worldwide, shortages of first-line antibiotics often lead to overuse of those that are specialized or kept in reserve for emergencies. Not only may these substitutes be less effective, but reliance on them increases the risk of drug resistance developing and infections becoming more difficult to treat in the long run.

24 November 2023 • 4 min read by [Project Syndicate](#)



OUT OF STOCK



GOV.UK

## World-first scheme underway to tackle AMR and protect UK patients

A pioneering scheme to provide new antibiotics to NHS patients by offering to pay pharmaceutical companies upfront for their work will start...

Jun 17, 2020

NEWS RELEASE

June 5, 2019

### **DISARM Act Provides Framework Needed to Spur Antibiotic R&D, Protect Existing Drugs**

PASTEUR (Pioneering Antimicrobial Subscriptions to End Upsurging Resistance) Act (introduced 4/2023)  
-delink companies' profits from the volume of antibiotics sold

# WE ARE CONNECTED



[www.cdc.gov/DrugResistance](http://www.cdc.gov/DrugResistance)



U.S. Department of  
Health and Human Services  
Centers for Disease  
Control and Prevention

# STOP ANTIBIOTIC RESISTANCE NOW

Antibiotic Resistance is driven by a wide variety of factors, ranging from contaminated bodies of water to misuse of antibiotics in food production and human medicine.

**PROTECT YOUR COMMUNITY  
KNOW THE FACTS**



BECOME A **STOP ANTIBIOTIC RESISTANCE NOW** CAMPAIGN AMBASSADOR TODAY

 **CIDRAP**  
[www.cidrap.umn.edu/asp](http://www.cidrap.umn.edu/asp)



## A Battle Over Antibiotics In Organic Apple And Pear Farming

APRIL 10, 2013 · 12:19 PM ET

Tyson chicken in 2017 “No antibiotics ever”, 2023 “No antibiotics important to human medicine”  
-Restarting use ionophores for coccidia protozoal parasite but a study has shown presence of resistance genes for the ionophore salinomycin was correlated with the presence of resistance genes for erythromycin, tetracycline, and ampicillin, which are designated as medically important antibiotics





Herbicides promotes antibiotic resistance in soil microbiomes  
Great Britian higher antibiotic resistant bacteria rural vs urban

 WIRED

## [Seagulls: Pooping Resistant Bacteria on Your Beach](#)

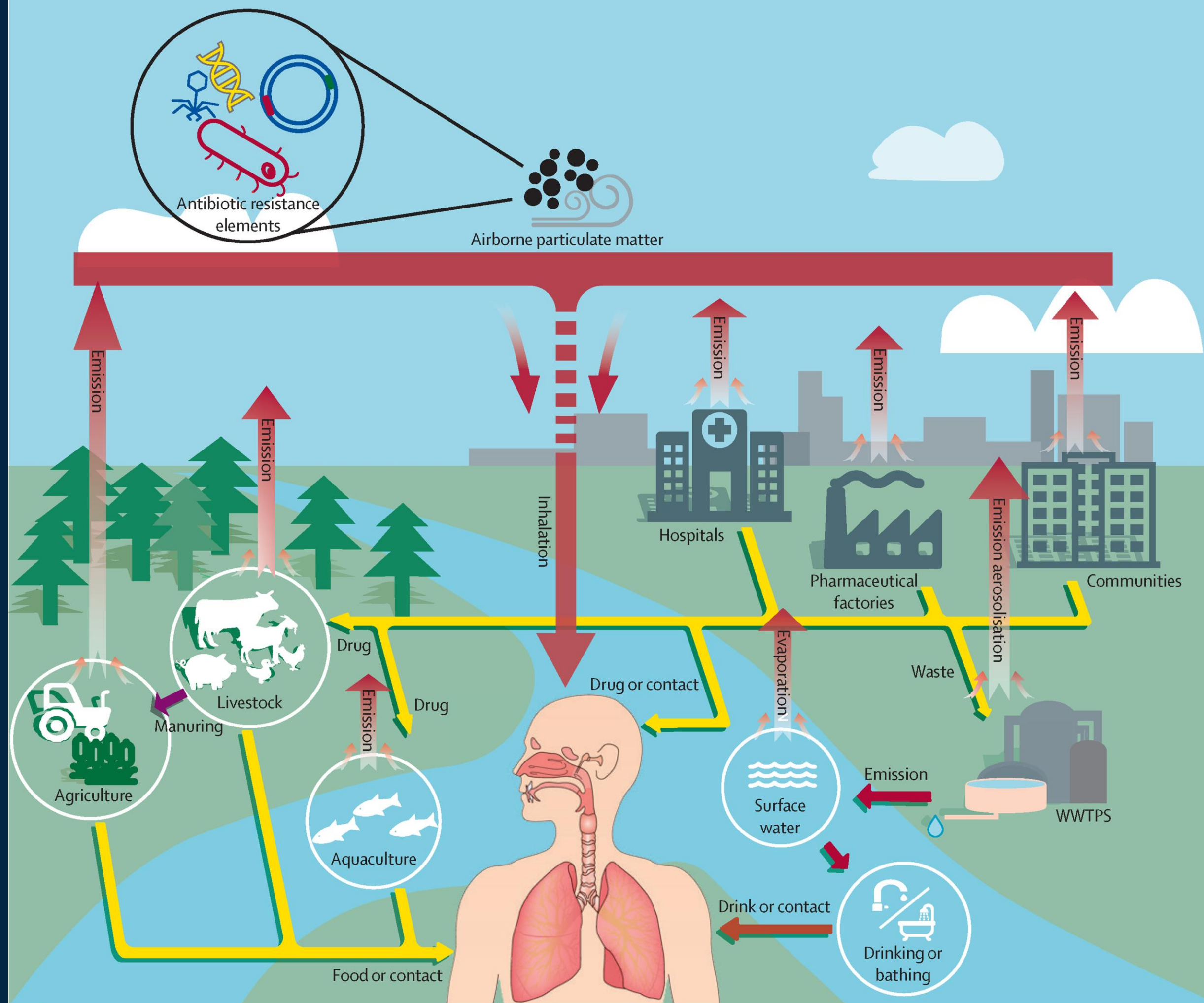
Resistance factors – the mutations that allow bacteria to defend themselves against the attack of antibiotics – spread around the world in...



# Air pollution may contribute to rising threat of antimicrobial resistance, study says

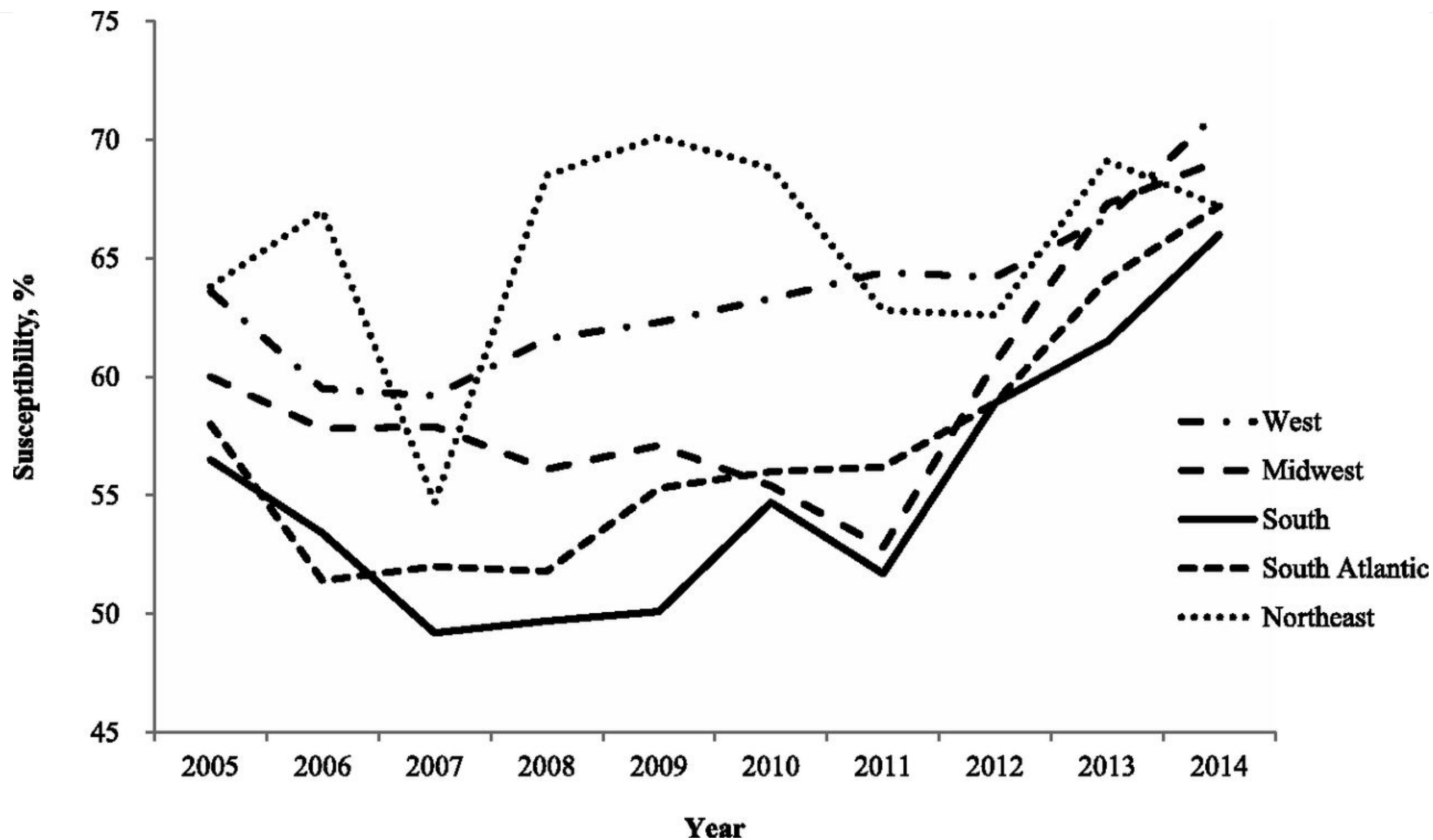
By Jen Christensen, CNN

🕒 5 minute read · Published 6:30 PM EDT, Mon August 7, 2023





# Changing Susceptibility of *Staphylococcus aureus* in a US Pediatric Population



Percent of *Staphylococcus aureus* isolates susceptible to oxacillin by US region, 2005–2014

# BACK TO CASE: 2 YO FEMALE WITH FEBRILE UTI ON CEPHALEXIN, LAB CALLED ESBL E COLI

>100,000 CFU/mL gram negative rod. Testing indicates that this isolate produces an extended spectrum beta lactamase. This organism is resistant to all penicillins, cephalosporins and aztreonam. Escherichia coli \*\*ESBL Producer\*\*

Amikacin	Sensitive	<=8 mcg/mL
Ampicillin	Resistant	>16 mcg/mL
Ampicillin/sulbactam	Sensitive	8/4 mcg/mL
Aztreonam	Resistant	
Cefazolin	Resistant	>16 mcg/mL
Cefepime	Resistant	
Ceftazidime	Resistant	
Ceftriaxone	Resistant	>32 mcg/mL
Ertapenem	Sensitive	<=0.25 mcg/mL
Gentamicin	Sensitive	<=2 mcg/mL
Meropenem	Sensitive	<=0.5 mcg/mL
Nitrofurantoin	Sensitive	<=16 mcg/mL
Piperacill+Tazobactam	Sensitive	<=2/4
Tetracycline	Sensitive	<=2 m
Tobramycin	Sensitive	<=2 m
Trimethoprim + Sulfamethoxazole	Sensitive	<=0.5/

Change cephalexin to .....?

CLINICAL REPORT Guidance for the Clinician in Rendering Pediatric Care

American Academy of Pediatrics  
DEDICATED TO THE HEALTH OF ALL CHILDREN™

The Use of Systemic and Topical Fluoroquinolones

Mary Anne Jackson, MD, FAAP, Gordon E. Schutze, MD, FAAP, COMMITTEE ON INFECTIOUS DISEASES

## WHAT ABOUT A 19 YO FEMALE WITH RELAPSED DYSURIA 5 DAYS AFTER COMPLETING NITROFURANTOIN?

>100,000 CFU/mL gram negative rod. Testing indicates that this isolate produces and extended spectrum beta lactamase. This organism is resistant to all penicillins, cephalosporins and aztreonam. Escherichia coli **\*\*ESBL Producer\*\***

Amikacin	Sensitive	≤8 mcg/mL
Ampicillin	Resistant	>16 mcg/mL
Ampicillin/sulbactam	Resistant	>16/8 mcg/mL
Aztreonam	Resistant	
Cefazolin	Resistant	>16 mcg/mL
Cefepime	Resistant	
Ceftazidime	Resistant	
Ceftriaxone	Resistant	32 mcg/mL
Ciprofloxacin	Resistant	>2 mcg/mL
Ertapenem	Sensitive	≤0.25 mcg/mL
Gentamicin	Sensitive	≤2 mcg/mL
Meropenem	Sensitive	≤0.5 mcg/mL
Nitrofurantoin	Sensitive	≤16 mcg/mL
Piperacill+Tazobactam	Sensitive	16/4 mcg/mL
Tetracycline	Resistant	>8 mcg/mL
Tobramycin	Resistant	>8 mcg/mL
Trimethoprim + Sulfamethoxazole	Resistant	>2/38 mcg/mL

What to start as does not want longer course nitrofurantoin?

## WHAT ABOUT A 5 YO MALE WITH FEVER, VOMITING, DIARRHEA?

Urine culture outside hospital >100,000 CFU/mL ESBL E coli

Susceptible: ciprofloxacin, nitrofurantoin, amikacin, zosyn, ertapenem, levofloxacin, meropenem, tetracycline, ceftiofur, tobramycin

Prescribed nitrofurantoin but could not get liquid for 3 days so sent to outside ED. UA and urine culture requested but was after 2 doses meropenem (initial urine culture into hat, no UA)

Admission UA (3 days post initial presentation) negative nitrite/leuks +ketones. Fever, diarrhea improved, vomiting resolved prior to antibiotic. Entire household had less than 24 hours vomiting +/- diarrhea.

Treatment?

## WHAT ABOUT A 17 YO FEMALE WITH HEADACHE, LOW BACK PAIN, ABDOMINAL PAIN, FEVER?

UA positive leuk, negative nitrite

Started Bactrim

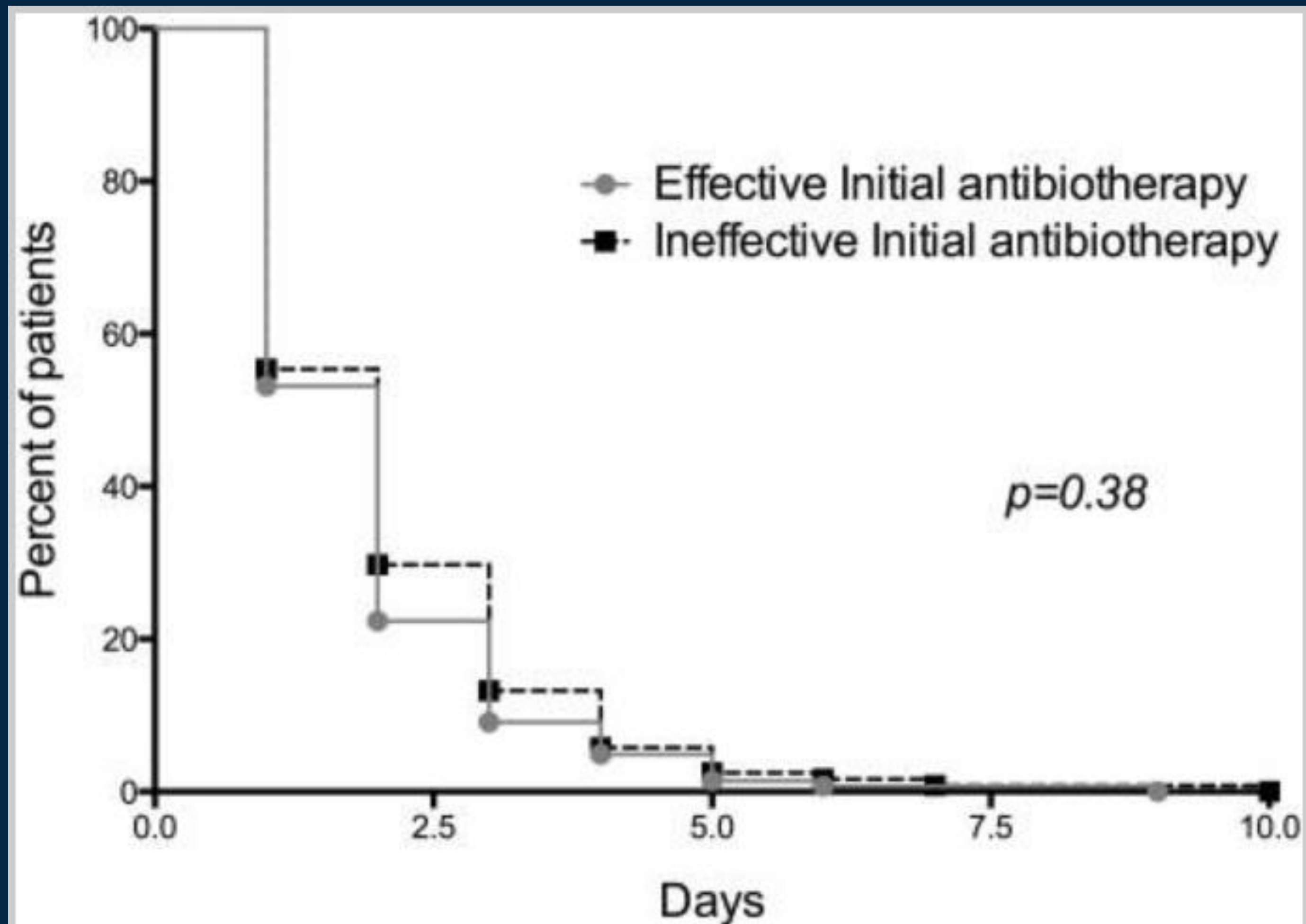
UCX ESBL E coli resistant to Bactrim, levofloxacin (still symptomatic)

Started meropenem, discharged with ertapenem via midline to complete 10 days

CVA tenderness improving time of discharge (CRP 137.5 mg/L to 59.2)

Seeing increased community acquired ESBL UTIs, do we need to alter empiric therapy?

# NO: TIME TO APYREXIA WITH EXTENDED-SPECTRUM $\beta$ -LACTAMASES (ESBLs) FEBRILE UTI






ONE HEALTH

Questions?





Be An Antibiotics Whiz 1 of 5



Janine believes that her daughter, Samantha, has a bad cold. Concerned that her daughter's symptoms might get worse, Janine takes Samantha to an urgent care clinic. She hopes the doctor will give Samantha an antibiotic because she believes antibiotics will help Samantha feel better. **An antibiotic will help Samantha feel better if she has a cold.**

[Be An Antibiotics Whiz | Antibiotic Use | CDC](https://www.cdc.gov/antibiotic-use/quiz.html)  
<https://www.cdc.gov/antibiotic-use/quiz.html>

[Antibiotic Use | CDC](https://www.cdc.gov/antibiotic-use/index.html)  
<https://www.cdc.gov/antibiotic-use/index.html>

[Pediatric ASP Toolkit – Pediatric Infectious Diseases Society \(pids.org\)](https://pids.org/pediatric-asp-toolkit/)  
<https://pids.org/pediatric-asp-toolkit/>

[IDSA 2023 Guidance on the Treatment of Antimicrobial Resistant Gram-Negative Infections \(idsociety.org\)](https://www.idsociety.org/practice-guideline/amr-guidance/)  
<https://www.idsociety.org/practice-guideline/amr-guidance/>

ONLINE COURSE

**Antibiotic  
Decision Making**

**EQIPP**  
Helping You Improve Care for Children

[EQIPP: Antibiotic Decision Making | shopAAP](https://www.aap.org/EQIPP-Antibiotic-Decision-Making)  
<https://www.aap.org/EQIPP-Antibiotic-Decision-Making>

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