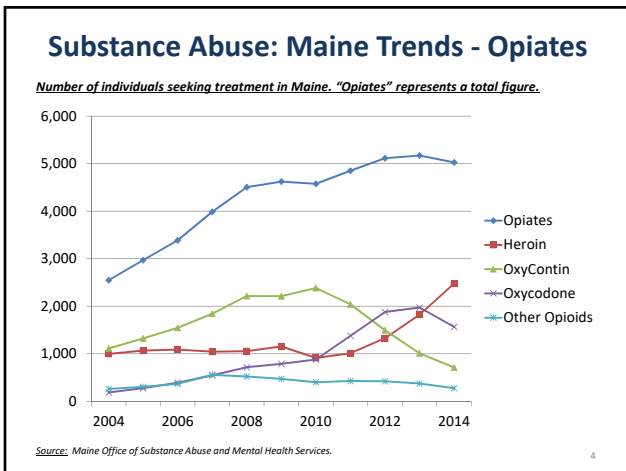
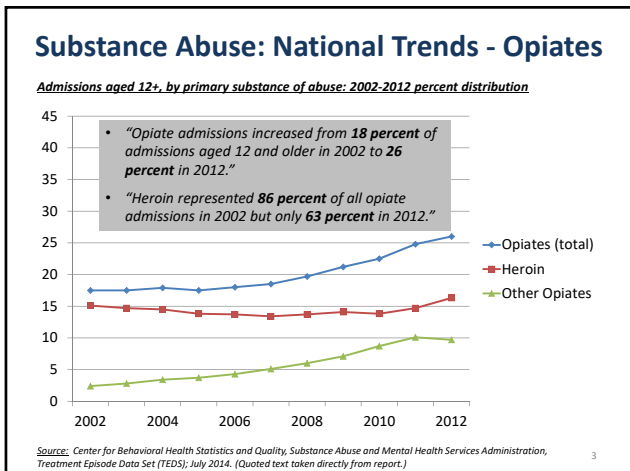
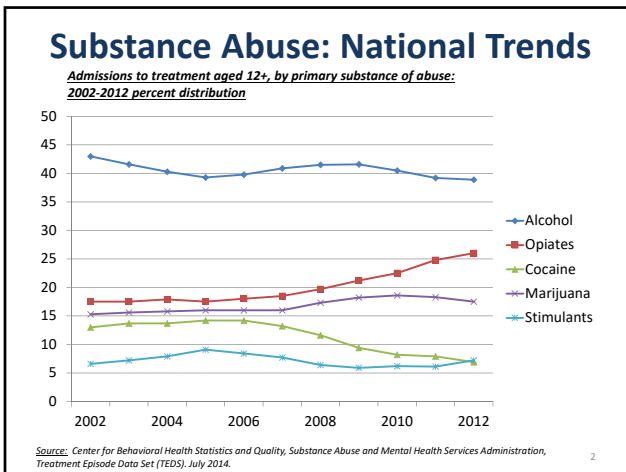


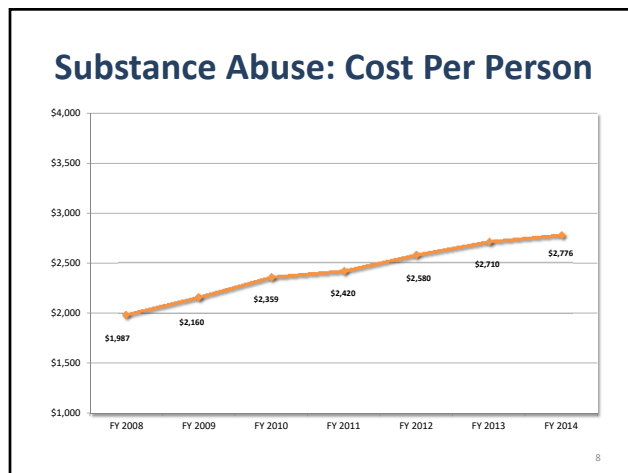
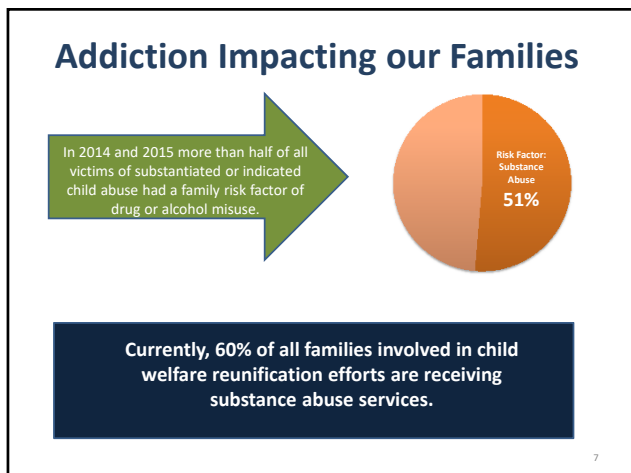
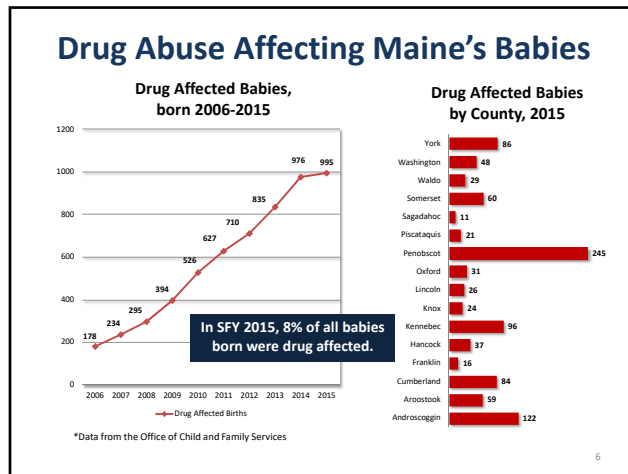
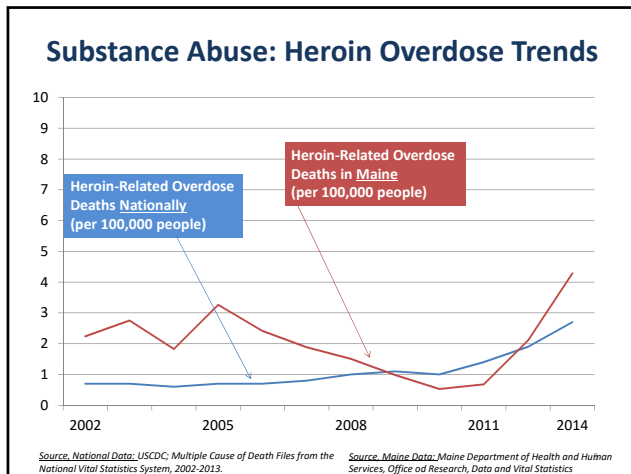
Treatment in Maine for Opioid Dependence

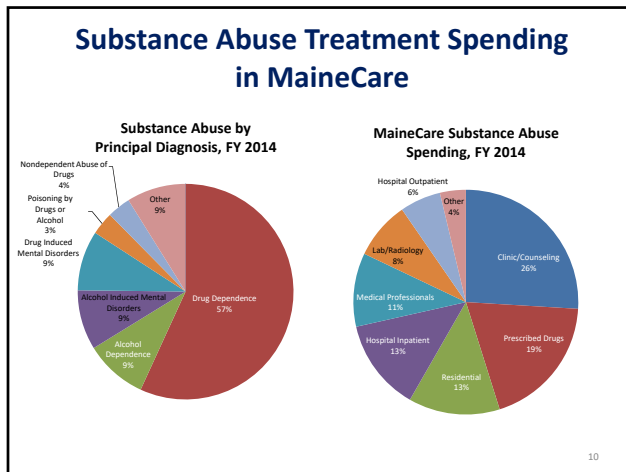
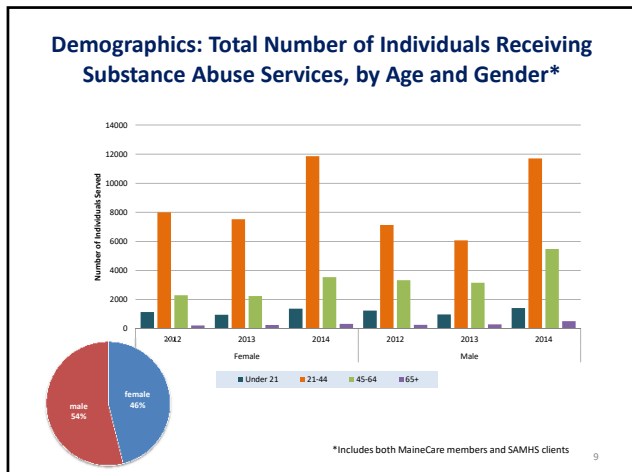
Hope for Moms' and Infants:

Mid Coast Hospital's Impact on NAS ALOS and Medicaid Expenditures

October 2016
 Eric Haram, Director OPBH
 Addiction Resource Center
 Healthy Generations







Healthy Generations

- Healthy Generations is an OP SA Specialty Treatment program designed to work with pregnant and parenting women with children up to the age of 5.
- The goal is to engage this population and their families in OP Treatment services in order to facilitate, shape and reinforce resiliency factor in the Mother and in turn the family.
- OP Psychotherapy is provided to identify triggers and deploy skills that maximize Family member protective factors. Group, Individual and Family therapy are included.

Healthy Generations

- Flat funded at 41,010.00 per year these past 10 years, in SFY 2016, the contract has been cut in half.
- The Program maintains a caseload of 52 women and 82 Children. The Cost per Unit of Service is less than 15.00 per unit.
- Last year 24 women were pregnant. 35 Women were on Buprenorphine, and 9 had active DHHS CPS involvement.

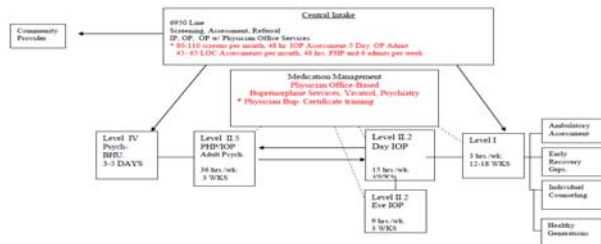
Healthy Generations and ASAM Continuum of Care

- Healthy Generations is integrated into all services w/in the OPBH Dept. Pts. Of Healthy Generations have the same BioPsychoSocial assessments as all pts., with Medical Necessity Driving Level of Care. Pts. May be in IOP, PHP, IP, Detox, or OP services while maintaining the therapeutic relationship with Healthy Generations staff.

13

American Society Of Addiction Medicine (ASAM) Levels Of Care, Or Flavor Of Treatment; Based On Medical Necessity

* Please refer to new capacity building strategies re services, 2006



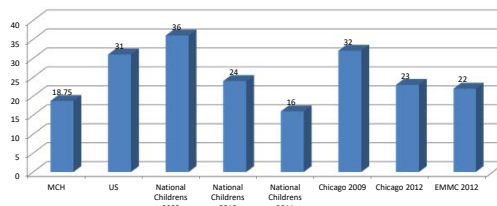
Healthy Generations and Behavioral Health Integration SBIRT and Snuggle-ME

- In the past year, Healthy Generations and ARC have worked with Women’s Health, Maternity and Pediatrics' to design and implement an integrated system of care for opioid dependent, pregnant pts.
- SBIRT (screening for SA risk, Brief Intervention, and Referral to specialty SA Tx) is completed on all Prenatal pts.

15

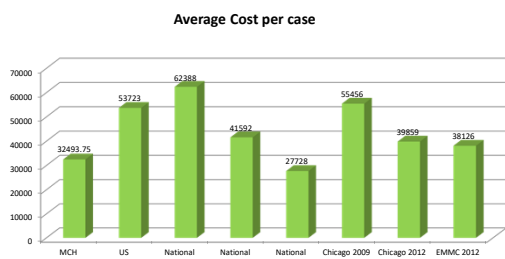
Healthy Generations and Behavioral Health Integration SBIRT, Snuggle-ME

NICU NAS ALOS
MCH/ Maine Med., U.S., 2 Major Research Projects to Reduce NAS ALOS



16

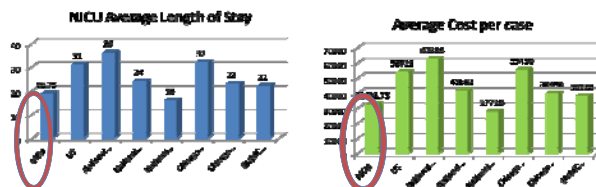
Healthy Generations, Behavioral Health Integration-SBIRT, Snuggle-ME



17

Specialty Programming for Mothers

- Healthy Generations/Snuggle ME
 - Cross Departmental Coordinated Care for opioid dependent pregnant patients (ARC, Women's Health, Maternity, Pediatrics)
 - Systematic screening for Opioid Use/Dependence
 - Improved Care- Reduced Stigma, more predictable deliveries



18

Healthy Generations OP SA Treatment Integration Outcomes

ARC_Healthy Gen and MAT saved 21,663.00 in Medicaid expenditures per NAS Case

In 2015, ARC_HealthGen and MAT reduced the Medicaid cost of NAS treatment by 173,304.00

This collaborative effort also saved an additional 52,00.00 in L and D fees,

Return on Investment
 Total Savings 225,304.00 on NAS treatment for the 41,010 spent on this OP TX Contract

19