Opioids and Maine: the state of the state

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Number of drug deaths involving specific drug types*: 2014**

- More than one in three overdose deaths involved benzodiazepines.
- More than one in four overdose deaths involved heroin/morphine.

<table>
<thead>
<tr>
<th>Year</th>
<th>Benzo</th>
<th>Heri</th>
<th>Other</th>
<th>Total</th>
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<tbody>
<tr>
<td>2014</td>
<td>78</td>
<td>57</td>
<td>43</td>
<td>179</td>
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*Some deaths may be caused by more than one key drug.
**2014 results are preliminary.
***Deaths caused by known pharmaceutical morphine removed from total.

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More than one in four overdose deaths involved heroin/morphine.

In 2014, there were 208 drug related overdose deaths compared to 131 motor vehicle related deaths.

Unintentional Injury Deaths in Maine, by type: 2009-2014

Source: Office of the Chief Medical Examiner, Maine Bureau of Highway Safety/Maine Department of Transportation
Heroin related death overdoses, Maine vs. Nation: 2002-2013

Number of drug affected baby notifications*: 2005-2014

In 2014, there were a total of 976 reports of drug affected babies and 995 in 2015. From 2005 to 2014, the number of drug affected baby notifications increased by 480%.

*This measure reflects the number of infants born in Maine where a healthcare provider reported to OCFS that there was reasonable cause to suspect the baby may be affected by prenatal drug exposure. It includes infants born addicted to heroin or other substances, or who have fetal alcohol spectrum disorder.

Additional Maine facts.....

- Maine #1 state per capita long acting extended release opioids (USCDC 2102)
- 80 million discrete opioid pills rx’d per year

Implementation Timeline for 488 (PMP Legislation)

August 1, 2016

- 100 MME limit for new Rxs
- Exempted: ED/inpatient LTCF/Residential care
- Exceptions: cancer pain (active and aftercare)/palliative care/hospice/MAT
- 300 MME limit if over 100 MME until 7.1.17, or documented medical necessity with no limit until 1.1.17
**Implementation Timeline**

**January 1, 2017**
- Required PMP check for new benzo or opioid, and every 90 days thereafter for chronic opioid Rxs
- 7d/30d: acute/chronic
- Pharmacists and veterinarians auto-enrolled by this date

**July 1, 2017**
- All opioids must be electronically prescribed by this date, unless a hardship waiver is requested and granted by DHHS
  **December 31, 2017**
- Must have three credits of CME in opioid use/abuse/risks/benefits by this date, then every two years thereafter
- Consider PCSS [http://pcss-o.org/](http://pcss-o.org/)

**Other DHHS Initiatives**
- 211 Maine
- Methadone
- MaineCare PA
- Education

**Questions?**

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