



Maine Pediatrics

August 2023 - Newsletter: Highlights

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President's Message

Laura Blaisdell, MD, MPH, FAAP

Running a boys summer camp affords me the opportunity to see Maine through new eyes each summer (as well as practice lots of suturing!) and summer in Maine -is- magical. Now that August is upon us - I hope that you've enjoyed magical summer activities (that can be enjoyed in the rain!) and time with loved ones and friends.

August is also a time to think about planning for the fall. The AAP's [National Conference and Exhibition \(NCE\)](#) is in Washington DC October 20-24. I would love to see you there and have you join us for the gathering of Maine providers we are planning in our nation's capital. There are amazing educational opportunities and DC has so much to offer including the Sunday night private tour of the National Museum of African American History & Culture!

As we head into the fall we'll be launching our Fall CME series. If there are topics that you are hoping to hear about, please reach out to let us know!

I hope to see you in DC, on Zoom or at a fall sporting event! Warmly- Laura

SPOTLIGHT

In Collaboration with the MAAP, OUT Maine is offering two FREE training sessions to improve knowledge of working with LGBTQ+ youth and their families! Both webinars will take place on Wednesday, August 16th. Click on the links below to learn more and register! Make sure to check out the updated MAAP LGBTQ+ Resource page!

Wednesday, August 16th - 12:10PM to 12:55PM

[Overview of Best Practices for Building Welcoming & Affirming Medical Practices for LGBTQ+ Youth](#)

Wednesday, August 16th - 7:00PM to 8:00PM

[Cancer Screenings & LGBTQ+ Youth: What Providers Need to Know](#)

Member Profile/Interview: Mary Tedesco Schneck, PhD, PNP and the COPE Project

The Maine AAP's summer intern, Kendra Jiang, Bates College, interviewed Dr. Tedesco Schneck on her work and involvement with the COPE Project.

'How did you get involved with the COPE Project?'

"I heard a talk by the founder and was so interested, I did what all academics do – I did a literature review! I found many articles about COPE being used in other states. The information on its methods was all online, so I could see what it was all about. I approached the chapter ED, saying it'd be nice to get a grant to train primary care providers in Maine. We applied and after we got the grant, we trained ten providers across Maine." [Read more...](#)

Advocacy/Legislation

Gun Safety Advocacy Event in DC - Thursday, October 19th

Planning to attend NCE in DC this October? March Fourth, a non-partisan organization aiming to federally ban assault weapons, is planning a lobbying event in DC where physicians meet with Senators and Representatives to discuss gun safety legislation that can save lives. This is a great advocacy opportunity for anyone already coming to NCE! [Learn more](#) OR [RSVP here](#)

New Digital AAP Advocacy Guide

The Academy's new digital advocacy guide provides AAP members with information, tools, and resources to be effective child health advocates. The guide offers an in-depth look at different advocacy skills, from choosing an issue and crafting an effective advocacy message to communicating with lawmakers and using the media to amplify efforts. This resource is designed for advocates at all levels, with interactive tools and practical guidance. Visit the full guide at aap.org/AdvocacyGuide (AAP login required).

LD 231, “An Act to Support the Maine Pediatric and Behavioral Health Partnership Program” has been signed into law!!! Congratulations and thank you to all who worked on this initiative!

Wondering how a particular bill did in the Maine Legislature this session? Check out the [Maine AAP bill tracker](#).

The Maine AAP is grateful to our community of volunteers and supporters.

Donations to the chapter are tax deductible and help fund the important work we do on behalf of children and families.

Your gift will help us ensure that Maine kids receive the best quality

In the News

In follow up to the release of the [School-Based Services \(SBS\) Comprehensive Guide to Medicaid Services and Administrative Claiming](#) in May 2023, CMS launched the [SBS Technical Assistance \(TA\) Center](#). This center will continue to be developed in conjunction with the Department of Education (ED). It will support Medicaid, local education and school-based entities seeking to expand their capacity for providing Medicaid

of care, and their doctors have access to up-to-date resources and guidelines.

Please consider making a gift today - [click here](#).

SBS; reduce administrative burden and support entities in obtaining payment and ensure interdepartmental coordination with DHHS regarding Medicaid SBS.



Between 30-50% of adolescents and young adults consume energy drinks. The average amount of caffeine in an energy drink is around 80mg per 8.4 fl oz per serving and most cans will contain at least 2 servings. The AAP recommends that teenagers between the ages of 13-18 should have no more than 100 mg of caffeine per day. Energy drink consumption has been associated with many health problems, including conditions associated with the heart, nervous system, and stomach. Some believe cardiovascular side effects from energy drinks might be related to the drinks' effects on endothelial, or blood vessel, function. [Read more.](#)

The McKinney-Vento Act defines homeless children as "individuals who lack a fixed, regular, and adequate nighttime residence." Minors can consent to their own medical care if they are eligible as unaccompanied homeless youth. For more information, visit the [McKinney-Vento in Maine](#) page.

Upcoming Maine AAP Programs

TREAT ME Learning Collaborative - Block Nine Asynchronous material is now available. **Deepa Camenga, MD, MHS**, addresses "Party Drugs and Inhalents: A Primer." Dr. Deepa Camenga is an Associate Professor of Emergency Medicine, Pediatrics and Public Health (Chronic Disease Epidemiology) at the Yale Schools of Medicine & Public Health. As a physician-scientist board certified in pediatrics and addiction medicine, Dr. Camenga's research focuses on the etiology, prevention, and treatment of tobacco and substance use disorders in adolescents and young adults. [Click here to visit the collaborative website.](#)

The next session is our **Live Webinar Session, August 17 from 12PM-1PM**. [Click here for more information.](#)

August 16, 2023 - 12Noon - OUT Maine: Overview of Best Practices for Building Welcoming & Affirming Medical Practices for LGBTQ+ Youth. [Learn more.](#)

August 16, 2023 - 7PM - 8PM - OUT Maine: Cancer Screenings & LGBTQ+ Youth: What Providers Need to Know. [Learn more.](#)

Upcoming Partner Programs

August 3, 2023 - 12PM - 1PM - MSBC Educational Webinar: Understanding Feeding Challenges in Infants. [Learn more here.](#)

August 10, 2023 - 2PM - 3PM - AAP Webinar - Connecting Families to Tobacco Cessation Resources: A Pediatrician's Journey to Establishing Institutional Electronic Referrals. [Learn more.](#)

August 22, 2023 - 8AM - 12PM - Maine General Medical Center - Pediatric Behavioral Health Symposium. [Learn more.](#)

September 6th, 13th, and 20th - 12PM - 1PM. Pediatric Psychiatry in the Primary Care Setting ECHO: Suicide Prevention in Healthcare 3-Session Series in September. [Learn more.](#)

September 21-22, 2023 - Let's Go! National Obesity Conference. Virtual Event. [Learn more.](#)

September 22, 2023 - 11AM - 1PM - Shriners Children's Boston - The Abraham Thall & Sadye Stone Thall Virtual Education Symposium: Pediatric Reconstruction, Reintegration and Resiliency. [Learn more here.](#)

September 28-29, 2023 - MAPP Fall Symposium: Advances in Understanding Trauma: Translating Neuroscience to Therapy. [Learn more.](#)

October 25-26, 2023 - MPCA Annual Conference - Samoset Resort, Rockport, ME. [Learn more here.](#)

November 3-7, 2023 - Seattle, WA - The 2023 AAMC Learn, Serve and Lead Conference. [Learn more.](#)

Connect with us on Social Media!

The power to spread good messages, share new clinical info or pertinent articles is exponential when using social media platforms such as Twitter, Facebook, LinkedIn and Instagram. <https://linktr.ee/maineaap>

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