



Healthy Foster Care America

MAY IS NATIONAL FOSTER CARE MONTH!

National Foster Care Month provides an opportunity for everyone to advocate on behalf of children and teens in foster care.

Participate

- ♥ Contact mcrane@aap.org to find out how you can get involved in your state foster care efforts
- ♥ Help develop resources for children in foster care. (Contact rjarrett@aap.org to learn how.)
- ♥ Join the AAP Council on Foster Care, Adoption, and Kinship Care. (www.aap.org/sections/adoption)
- ♥ Subscribe to the Healthy Foster Care America Listserv to receive the latest information about the health issues and needs of children and teens in foster care. (www2.aap.org/fostercare/contact_hfca.html)
- ♥ Contact the child welfare department in your county to learn how children in foster care receive medical care, and offer to accept children from foster care into your practice.



Learn

- ♥ Read *Fostering Health: Health Care for Children and Adolescents in Foster Care, 2nd edition*, the AAP guide to health care for children in foster care. (www.aap.org/fostercare)
- ♥ Read *Helping Foster and Adoptive Families Cope with Trauma*. (www.aap.org/traumaguide)

Utilize

- ♥ Use the tools from the Healthy Foster Care America Web site (www.aap.org/fostercare) to guide your preventive care, and to communicate with foster parents, caseworkers, attorneys, and judges.
- ♥ Use the Health Information Form on the back side of this flyer on its own or in conjunction with pages 2 and 3. (Download the full form at www2.aap.org/fostercare/PDFs/HFCA_Health_Form.pdf)



The **Healthy Foster Care America** Web site was developed as a place where professionals, families, and partner organizations can find the latest tools, resources, facts, and figures on the health and well-being of children and teens in foster care.

Access

- ♥ **Expert Information** Find the latest information about the health issues and needs of children and teens in foster care. This section includes fact sheets, policy statements, publications, and links to Web sites related to the physical, dental/oral, mental, behavioral, developmental, and educational health issues and needs of children and teens in foster care.
- ♥ **Downloadable Chapters** Get direct access to every chapter of *Fostering Health: Health Care for Children and Adolescents in Foster Care, 2nd edition*.
- ♥ **Customizable Forms** Adapt forms that you can use to best meet the needs of your patients.
- ♥ **A Special Place for Children and Families** Find information and resources specific to children and teens in foster care, parents (foster and birth), and kin.
- ♥ **What's New** Learn about the latest resources on the health and well-being of children and teens in foster care, including educational opportunities, and the newest resources on our Web site.
- ♥ **Resource Library** – Search the Resource Library for a wealth of resources related to the health and well-being of children and teens in foster care.

American Academy of Pediatrics

DEDICATED TO THE HEALTH OF ALL CHILDREN™



www.aap.org/fostercare



Place at the front of chart chart

CHILD'S NAME: _____

Date of birth: _____ Date into FC: _____ Number of placements: _____

Caseworker name: _____

Foster parent(s) name(s): _____

Office phone: _____

Fax: _____

Address: _____

Cell phone: _____

E-mail: _____

Home phone: _____

Cell phone: _____

PLACEMENT GOAL:
☐ Reunification
 ☐ Adoption
 ☐ Guardianship
 ☐ Kinship care
 ☐ Independent living
HEALTH HISTORY

Chronic health diagnoses: _____

Medications for chronic conditions: _____

Acute issues: _____

Allergies: _____

Immunization records obtained: ☐ Up-to-date ☐ Not up-to-date ☐ No records**HEALTH SUPERVISION**Please note the following should take place **every visit**:

- **Every month for the first 6 months of age**
- **Every 3 months from 6 months to 2 years of age**
- **Twice a year after 2 years of age**

For All Children and Teens

- Physical health and growth
- Plot growth, BMI (HC until age 3)
- Chronic medical needs
- Hearing/vision
- Dental
- Nutrition
- Immunizations
- Relationship issues (foster family, birth family, etc)
- Adjustment to placement, visitations, etc
- Developmental/school needs/functioning
- Normalizing activities
- Foster parent support
- Permanency plan
- Foster parent needs
- Services (eg, Medicaid/SSI, mental health, early intervention, special education/IEP)
- Summary for caseworker
- School adaptation and function
- Monitor for child abuse/neglect
- Behavioral/emotional issues that may have arisen

