



# Maine Pediatrics

## June 2026 | Newsletter Highlights

- President's Message - last message by Dr. Brian Youth
- June is Gun Violence Awareness Month
- Member Spotlight: Dr. Rosie Davis
- Transforming Pediatric Care June Series - NEW!
- Trauma-Informed Care Series - asynchronous with CME credit
- Did you Know?
- Upcoming Maine AAP Programs
- In the News
- Partner Programs
- Social Media



### Maine AAP President's Message Brian Youth, MD, FAAP

It has been an honor—and truly a highlight of my career—to serve as President of the Maine AAP these past two years. I've deeply valued the chance to work alongside so many of you who share our Chapter's vision: to be the leading authority, advocate, and voice for the health of Maine's children and for pediatrics.

In that time, we've grown our administrative team from 2 to 5, launched new committees focused on healthy mental development and environmental health/climate change, expanded committee participation to include students, residents, and families, and increased membership to over 300. For all of this, I'm incredibly grateful.

As we welcome another Maine summer—longer days, more bike rides, more time outdoors—I wanted to share my Top 10 highlights from these past two years:

**10:** Time spent with like-minded colleagues committed to improving the lives of Maine kids.

**9:** Learning from Dee—budgeting, creative grant work, and how to build partnerships to get things done. Thank you Dee for your leadership, passion, and for keeping us rowing in the right direction.

**8:** Connecting with members across the state at mixers (thank you Career Guidance & Leadership Committee), Spring Conferences, the School Health Summit, and numerous virtual educational sessions (thank you Education Committee). Supporting each other through challenging times invigorates all of us.

**7:** Walking the basement halls of the Capitol in D.C. with Adrienne Carmack, meeting with legislators and using our voices to advocate for Maine children.

**6:** Sharing our pride for Maine AAP when we were recognized nationally for our work on Medicaid advocacy, firearm protection, and transgender rights—we may be small, but together we are mighty.

**5:** Bridging gaps across our healthcare systems. Kids don't care where we work, and neither do we. Collaboration in our community always come first.

**4:** Co-leading Operation Access: Diagnosing Autism in the Medical Home with Dr. Victoria Dalzell—now with 62 trained providers statewide improving timely access to services and easing bottlenecks for specialty care.

**3:** Expanding provider training in recognizing and treating SUDs (thank you TREAT ME program).

**2:** Watching pediatricians raise their voices through op-eds and letters across Maine media—advocating for what kids need and standing firm on what they don't.

**1:** Above all, what I've treasured most these last 2 years is our collective shared purpose. Whether in person or on Zoom, in small conversations and large meetings, we show up for kids, support each other, and do what's right—no matter the challenge. I am deeply grateful for our collective commitment to Maine children.

As I step aside, I am excited to pass the baton to our next President, Annie Coates, who brings fresh energy, insight, and dedication to this work. Annie will be joined by Joe Anderson as our next Vice President. Joe has expertly led our advocacy efforts over the last few years. I have full confidence in their leadership and in this community to continue building on the strong foundation that is the Maine AAP.

I'll leave you with a quote that resonates for me: *"The true value of a leader is not measured by the work they do. A leader's true value is measured by the work they inspire others to do."* I hope I've inspired some of you, even just a small bit, these last few years. Thank you for your trust, your time, your advocacy, and your unwavering commitment to Maine's children and each other.

To paraphrase national AAP President Andy Racine, *"I hope you consider deepening your engagement in AAP. Take this email as a challenge to invite three colleagues to join you in becoming AAP members today. However you choose to engage, the AAP will be there as your essential partner. Now, more than ever, we need every AAP member to join us to advocate for kids."*

# EverOrange

A Rally & Community Event  
for Gun Violence Awareness  
Saturday | June 6, 2026 | 10:30 AM

June is **Gun Violence Awareness Month**.

Join us as we honor those whose lives have been stolen by guns, learn what each of us can do to help prevent gun violence in our communities, and work toward a future free of gun violence.

Event Speakers will include:

Shenna Bellows

Nirav Shah

Arthur Barnard

Mattie Daughtry

and more.

**Free Handgun  
Lock Boxes!**

**Free Pizza!**

**Location: Brunswick Town Mall**

Sponsored By | With Partners



## Member Spotlight:

Maine AAP Board Member and Disaster Preparedness Champion  
Rosie Davis, MD



Across Maine and in high-needs communities around the world, healthcare leaders are working to strengthen the ability of hospitals and emergency departments to safely manage births - including high-risk deliveries and newborn emergencies. The need is urgent. Nationwide, more than one in four pediatric deaths in emergency departments are estimated to be preventable through universal high emergency department pediatric readiness. In Maine, the challenge

is intensified as nearly half of the state's emergency departments no longer have on-site labor and delivery units, leaving already strained teams to prepare for unexpected births and neonatal emergencies.

Efforts like neonatal resuscitation education, pediatric readiness initiatives, and maternal health safety programs are helping bridge gaps by ensuring healthcare workers have the skills, resources, and confidence needed to respond when every seconds matters.

This work extends far beyond Maine. Pediatricians like **Dr. Rosie Davis** (Ped Hospitalist - MaineGeneral) have traveled internationally to teach the Neonatal Resuscitation Program in high-needs areas like the Philippines (picture on left - May 2026), sharing lifesaving skills with local healthcare workers (picture from our March conference's NRP session) and helping strengthen systems of care for vulnerable mothers and infants worldwide.

Thank you, Dr. Davis for your continued passion and enthusiasm for this work and thanks to EMS-C and MaineHealth for your partnership!

## TRANSFORMING PEDIATRIC CARE THROUGH TRAUMA-INFORMED PRACTICE AND PARTNERSHIPS

### WEBINAR SERIES - JUNE 2026

#### 3 CME CREDITS AVAILABLE

**Focused on collaboration and practical solutions, this series will provide actionable insights for strengthening family systems, improving care outcomes, and promoting long-term healing.**

**Trauma Informed Suicide Prevention in Pediatric Practice**  
Tuesday, June 9 - 12-1pm  
Speaker: Alyssa Goodwin, MD

**Concerning Behavior is the Canary in the Coal Mine**  
Tuesday, June 16 - 12-1pm  
Speaker: Ross Greene, PhD

**Providing Truly Trauma Informed Care: Beyond Theory**  
Tuesday, June 23 - 12-1pm  
Speaker: Gretchen Pianka, MD

REGISTER BY SCANNING  
THE QR CODE OR  
VISITING MAINEAAP.ORG



ALYSSA GOODWIN, MD



ROSS GREENE, Ph.D



GRETCHEN PIANKA, MD



The Health Resources and Services Administration (HRSA), Department of Health and Human Services (HHS) provided financial support for this TIC learning series through the Early Childhood Comprehensive Systems Grant. The contents are those of the author. They may not reflect the policies of HRSA, HHS, or the U.S. Government.

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Hanley Center for Health Leadership and Education and The Maine Chapter American Academy of Pediatrics. The Hanley Center for Health Leadership and Education is accredited by the Maine Medical Association Committee on Continuing Medical Education and Accreditation to provide continuing medical education for physicians.

The Hanley Center for Health Leadership and Education designates this Live Activity for a maximum of 3 *AMA PRA Category 1 Credits™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Register Here



## **TRAUMA-INFORMED CARE: A CALL FOR INTERDISCIPLINARY COLLABORATION**

**12 CME CREDITS AVAILABLE AT NO COST!**

If you were unable to participate in the **Trauma-Informed Care Series** that concluded in February, you now have the opportunity to complete all sessions for CME and educational credit. [Visit the website](#) to explore the speaker and presentation lineup, along with access to all available session recordings. This program is free and open to all!

### **Did you Know?**

**...Maine's Universal Immunization Program Expansion will now include adults 19-64 years!** The Maine Immunization Program reported "Starting July 1, 2026, Maine's Universal Immunization Program will expand vaccine access to adults 19-64 years, including those who are underinsured, uninsured, or enrolled in MaineCare. A universal immunization program will provide many benefits to both healthcare providers and patients. [Read more.](#)

---

...Maine AAP's Foster Care Committee is expanding their scope and have a new name... ***Fostering Resilience and Strengthening Families!***

Please help us by taking a few minutes to complete an important survey. We want to know how to better serve primary care providers who are caring for youth in foster care! Completing this survey can help get you needed information to treat these youth and save you time on potentially complicated patients!

[https://www.surveymonkey.com/r/PCPFosterCare\\_May26](https://www.surveymonkey.com/r/PCPFosterCare_May26)

---



...Thanks to additional funding from the Office of Children with Special Healthcare Needs, the Maine Parent Federation has been able to provide sensory and safety items to families at no cost. Items valued over \$50 require a request form to be completed by a provider on behalf of the family. See the available items below. [Read more.](#)

---

...The Office of Child and Family Services runs a series to help families called the Child & Family Well-being Webinar Series (formerly known as the Prevention Webinar Series) to continue the conversation about how we can all build supportive communities and keep children safe by keeping families strong. [Learn more and register.](#)

## Asynchronous Webinar Series

In partnership with the Maine Department of Education, the Maine AAP is continuing to offer an asynchronous webinar series at no cost.

[More information and registration details are available here.](#)



# School Health Webinar Series



A free asynchronous webinar series released monthly from December 2025 – April 2026.  
All sessions will remain live until 2028!

**5 CME CREDITS AVAILABLE**

**The Digital Dilemma, Supporting Mental Health in an AI-Driven World**  
Nick Pinkerton, Psy.D.

**Tuberculosis 101**  
Matthew Cohen, BSN, RN, NE-BC & Deepesh Duwadi, MS

**Supporting Self-Management in Diabetes\***  
Amanda Millay, RN

**Autism Spectrum Disorders: Challenges, Strengths, & Strategies in the Educational Setting**  
Victoria Dalzell, MD & Tracy Libby, LCSW

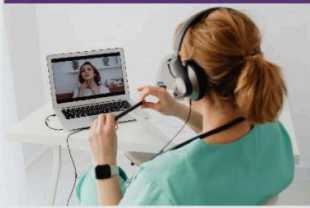
**School Vaccine Requirements in Maine**  
Laura Faherty, MD, MPH, MS & Laura Blaisdell, MD, MPH

**\*This webinar is more relevant to school nurses**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Hanley Center for Health Leadership and Education and [Maine Chapter American Academy of Pediatrics. The Hanley Center for Health Leadership and Education is accredited by the Maine Medical Association Committee on Continuing Medical Education and Accreditation to provide continuing medical education for physicians.  
The Hanley Center for Health Leadership and Education designates this enduring material for a maximum of 5 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

---

## Mental Health & Substance Use Office Hours



CHILD, ADOLESCENT & YOUNG ADULT  
MENTAL HEALTH & SUBSTANCE USE

# OFFICE HOURS

**2<sup>ND</sup> AND 4<sup>TH</sup> WEDNESDAY OF THE MONTH - 12 - 1PM**

Maine AAP, in partnership with the Maine Pediatric and Behavioral Health Partnership, is offering twice a month virtual 'Office Hours' for pediatricians, family medicine physicians, and other child health providers.

There is a child and adolescent psychiatrist on each call. Please join us for this informal drop-in session to ask non patient specific questions about treating youth with behavioral or mental health challenges, substance misuse, and those with developmental needs. We hope to see you soon. Register once and get the link to join any 2<sup>nd</sup> or 4<sup>th</sup> Wednesday at noon.

### Provider Attendee Testimonials

*"I find the office hours sessions a great opportunity for small and big questions. It has been a great way to learn about resources for myself and for patients. It's helpful hearing discussion from questions posed by other primary care providers as well."*

-Dr. Katherine O'Keefe, Central Maine Medical Center

*The office hours are a great way to connect with colleagues, get real time advice on complicated patients and learn from each other. The way medicine should be! Sometimes I just pop in even when I don't have a specific question, and I always learn from the discussion.*

-Dr. Lara Walsh, MaineGeneral

*MPBHP office hours have been a helpful opportunity to ask questions and hear what other providers are asking about. This dedicated time for group discussion has been beneficial as we share so many challenges supporting our complex patients. I really value the opportunity to connect with so many amazing Child and Adolescent Psychiatrists, and Developmental Pediatricians across the state.*

Dr. Alyssa Goodwin, Stellar Pediatrics



Maine Pediatric  
& Behavioral Health  
Partnership



MAINE ACADEMY OF  
FAMILY PHYSICIANS

**REGISTER HERE**

**Drop-In Office Hours** are held on the second and fourth Wednesday of each month at noon, in coordination with the MPBHP/Maine DHHS's Office of Behavioral Health. Pediatricians, family medicine physicians, and other youth-treating medical professionals may join to ask non-patient-specific questions about mental and behavioral health conditions, challenges, and medication management.

[Register here to receive a link](#)

to join one or more of the drop-in Office Hours sessions!

### Neurelis Presentation - June 9, 2026 at 6:00PM

Join this Neurelis presentation - open to all, but customized for school nurses - on VALTOCO. VALTOCO (diazepam nasal spray) is indicated for the acute treatment of intermittent, stereotypic episodes of frequent seizure activity (ie. seizure clusters, acute repetitive seizures) that are distinct from a patient's usual seizure pattern in patients with epilepsy 2 years of age and older. [View the flyer and registration link.](#)

### In The News

**2026 Lyme and Other Tickborne Disease Information** - Dr. Isaac Benowitz, State Epidemiologist, recently shared updated information on Lyme disease and other tickborne illnesses in Maine, including current statistics, symptoms, prevention tips, and guidance on what to do after a tick bite. [Read the full report here.](#)

**Baby & ME Tobacco Free Program Training in June** - Join an upcoming free referral training. This will provide an overview of the program and how it supports

pregnant individuals in quitting tobacco while earning incentives for staying tobacco free. Learn more about the program and register [here](#).

**Call for Abstracts Now Open for the 2026 National Research Conference for the Prevention of Firearm-Related Harms.** Seeking symposium, workshop, oral, lighting science, and poster submissions on research encompassing all aspects of firearm-related harms, and from a wide array of disciplines, focus areas, and along the translational research spectrum. All submissions must be submitted by Sunday, June 21, 2026, at 11:59pm ET to be considered. [Submit Abstracts Here](#).

**The Maine Medical Association/Hanley Center Joint Committee on Quality & Equity is conducting a brief survey** to solicit feedback regarding current health equity practices in Maine. This short, five-question survey is intended for Maine physicians, healthcare professionals, and others working in medical environments. The goal is to help better understand current experiences, challenges, and opportunities related to health equity across the state. [View the MMA announcement and take the survey here](#).

**The Portland Press Herad recently published an article** by Riley Board and Joe Lawlor on unsafe radon levels in Maine schools. Maine AAP incoming President, Dr. Annie Coates, is featured in the article discussing the health concerns associated with radon exposure. "You have this colorless, tasteless and odorless gas, and it's ubiquitous," says Dr. Coates. [Read the full article here](#).

**PQC4ME has Implemented the Alliance on Innovation for Maternal Health (AIM) Patient safety Bundle QI Programs.** AIM is a national initiative to support best practices that make birth safer, improve maternal health outcomes, and save lives. [Read about it here](#).

**New AAP Toolkit: Food Allergies** - Food allergies can raise questions for families about introducing common allergens, recognizing symptoms, responding to anaphylaxis, and managing allergies at home, school, and in everyday life. A new AAP toolkit brings together shareable articles, videos, an emergency plan, podcasts, and social media graphics to support clear conversations with parents and caregivers. [Explore the toolkit](#) for resources that can be shared with families.

**Maine AAP relies on donations from members and friends to enable us to continue growing and providing advocacy, education and child health project collaboration throughout Maine! Please consider making a donation today!**

[Donate Here](#)

### Upcoming Partner Programs

**June 2nd | 4:00 - 8:30PM:** Partnerships in Pediatrics Conference at MH memorial Hospital, North Conway, New Hampshire. [Register here](#).

**June 2nd | 10:00 - 11:00AM:** OCFS and the Maine Children's Trust offer Mandated Reporting and Community Support for Families Initiative Webinar. [Learn more](#).

**June 2nd | 3:30 - 4:30PM:** MCDC Children and Youth with Special Health Care Needs Webinar Series: Social Security Benefits. [Register here](#).

**June 3rd | 9:00AM - 4:00PM:** Maine Children's Alliance Conference - Shifting Cultures & Context: Collective Action to Improve Community Outcomes. [Learn more and register here](#).

**June 3rd | 12:00 - 1:00PM:** MPBHP Pediatric Psychiatry in the Primary Care Setting ECHO - Describing: Considerations for Primary Care. [Learn more and register.](#)

**June 4th | 12:00-1:00PM:** Maine State Breastfeeding Coalition Education Webinar - Antidepressants in Lactation: Review of SSRIs and Zuranolone. [Learn more and register.](#)

**June 8th | 3:00 - 4:00PM:** MPBHP School-Based Behavioral Health ECHO: Success Stories. [Learn more and register.](#)

**June 12th | 12:00 - 1:00PM:** The ME SUD Learning Community is hosting a Young Adult ECHO: Supporting Affected Others. [Learn more.](#)

**June 23rd | 11:00AM - 12:00PM:** MCDC Webinar: Trends and Updates on Suicide and Self Harm in Maine. [Register here.](#)

**June 25th | 7:30 - 8:30AM:** MPBHP Monthly Morning Webinar: Creating Safe and Affirming Spaces for Youth. [Learn more and register.](#)

**June 26th | 8:00AM - 4:00PM:** 2026 PQC4ME Annual Conference: Stronger Together: Advancing Maternal & Perinatal Health Across Maine. [Learn more and register.](#)

**October 27th | 9:00AM - 3:00PM:** Mainecare Provider Conference - [Save the Date!](#)



**Connect with Maine  
AAP on Social Media!**

Follow us on X, Facebook,  
LinkedIn, and Instagram, and  
BlueSky where we continue to  
share pro-pediatric health  
messages, new clinical info and  
pertinent articles.

<https://linktr.ee/maineaap>

Maine AAP | 30 Association Drive Box 190 | Manchester, ME 04351 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!