



Maine Pediatrics

June 2023 - Newsletter: Highlights

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President's Message

Laura Blaisdell, MD, MPH, FAAP

There is a lot of pomp and circumstance to be celebrated in June— for many graduates and for the Maine AAP! After a marathon spring of advocacy and excellent education at our spring conference— it is time to start thinking about turning on the hoses and tuning up the bikes.

Speaking of bikes, it's also time to tune up our summer safety anticipatory guidance. While we continue to guide parents on safe storage for household products, marijuana and alcohol, we must start to advocate for helmets and wrist guards alongside water safety and swimming lessons. What is your spiel on sunscreen? Remember that [HealthyChildren.org](https://www.healthychildren.org) has you covered with great graphics and parental handouts. May is officially [Lyme Disease Awareness Month](#)— but we know that the calls for engorged ticks will continue well into the next school year and beyond!

If you get a chance, listen to this week's [Peds on Call](#) featuring BBCH graduate Katie Lowe (and co-author of *You-ology: A Puberty Guide for Every Body*) speaking about why limiting gender-affirming care affects the health of all children.

As always, Maine AAP is here to support you and provide you with a professional home. Please reach out if we can be of assistance in any way.



SPOTLIGHT: Mission Trip to Turkey following the Earthquake *by Michele LaBotz, MD*

I would be embarrassed to admit how many times I have listened to the news and thought, “Somebody ought to ...” but lacked the time, energy, money, (insert your favorite excuse here), etc. to take action myself. That pattern changed for me on February 6, 2023. Seeing the devastation wrought by the 7.8 magnitude earthquake that hit Turkey and Syria was so compelling that I knew I had to do more than just write a check and say a prayer for those affected. [Read the story](#)

Advocacy/Legislation

Maine Legislature Update

With less than a month left of the legislative session, Maine AAP priority legislation is still making its way to the Governor’s desk. Pediatricians have been hard at work at public hearings and talking with their legislators. Our top priority bill this session... [Read More](#)

New Digital AAP Advocacy Guide

The Academy's new digital advocacy guide provides AAP members with information, tools, and resources to be effective child health advocates. The guide offers an in-depth look at different advocacy skills, from choosing an issue and crafting an effective advocacy message to communicating with lawmakers and using the media to amplify efforts. This resource is designed for advocates at all levels, with interactive tools and practical guidance. Visit the full guide at aap.org/AdvocacyGuide (AAP login required).

**Current Bill
Tracker**



In the News

Now Recruiting

AAP Pediatric Mental Health Care: Access and Capacity Building in Primary Care ECHO and AAP and AFSP Suicide Prevention Clinical

[Why Supporting the Maine AAP is Important to Me!](#)

(click above link to watch video)

Anne Coates, MD
Maine AAP Board of Directors

The Maine AAP is grateful to our community of volunteers and supporters.

Donations to the chapter are tax deductible and help fund the important work we do on behalf of children and families.

Your gift will help us ensure that Maine kids receive the best quality of care and their doctors have access to up-to-date resources and guidelines.

Please consider making a gift today - [click here](#).

ECHO - Cohort 2 - starting this summer. [Read more](#).

New Oral Health Patient Education

The Children's Oral Health Network of Maine unveiled their new oral health videos at our annual Maine AAP Spring Conference - they are featured on their website:

www.DentalStepsforME.org. This oral health video library contains one video correlating with each well-child visit from 2 months to age 5 as well as a prenatal/introduction to the library. They have [QR codes you can download](#) for patients to easily reach them.

US Department of Education Post: Notice of Proposed Rulemaking on Parental Consent - [Click here for the links](#).

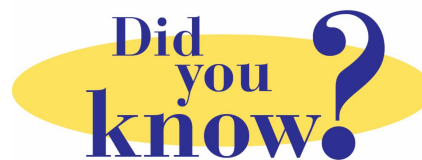
Mothers' Milk Bank Northeast-

Pasteurized Human Donor Milk Available to Support Breastfeeding Outcomes
[Learn More](#).

Save the Date! - September 21 & 22

12th Annual Let's Go! National Obesity Conference – (Virtual) Improving Your Patients' Health: Understanding the Underutilized Tool of Bariatric Surgery in Adolescents and Adults.

Treating ill and injured pediatric patients can be challenging, in part because medication dosing is weight-based and requires an accurate weight in kilograms for dosing calculations. Medication errors are common and can lead to patient harm. These errors can be reduced by weighing and recording a pediatric patient's weight in kilograms to prevent/minimize medication dosing errors.



Upcoming Maine AAP Programs

TREAT ME Learning Collaborative - Block Seven Asynchronous material is now available. **Leslie Green, LCSW** addresses "Bolstering Resilience." Leslie holds over twenty years' experience working with children and families, the past fourteen specifically focused on substance use in adolescence and young adulthood. In her current position, Leslie has provided counseling to teens and young adults, caregiver support, group facilitation, social work clinical direction, and group curriculum creation and implementation. She has an extensive background in presenting information pertaining to adolescent substance use and treatment to a variety of audiences. [Click here to visit the collaborative website](#).

The next session is our **Live In-Person Session, June 22 from 8AM-1PM** at Maple Hill Farm in Hallowell. [Click here to register and see the agenda!](#)

June Raffle Gift



by John J. Ratey, MD and Richard Manning

Enter the
Raffle

Upcoming Partner Programs

June 26, 2023 - 12:15-12:45PM - Adolescent & Young Adult Health Webinar Series
20 Minute Shorts (with 10 min Q/A) 4th Mondays. [Learn more here.](#)

June 28, 2023 - Maine Child Welfare Education Annual Conference - " Moving
Beyond Adverse Childhood Experiences." [Learn more here.](#)

November 3-7, 2023 - Seattle, WA - The 2023 AAMC Learn, Serve and Lead
Conference. [Learn more here.](#)

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The power to spread good messages, share new clinical info or pertinent
articles is exponential when using social media platforms such as Twitter,
Facebook, LinkedIn and Instagram. <https://linktr.ee/maineaap>

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