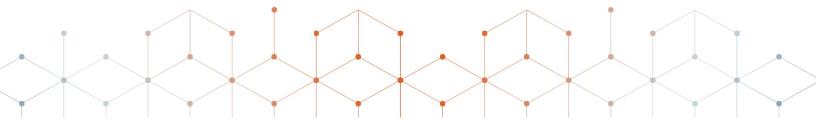
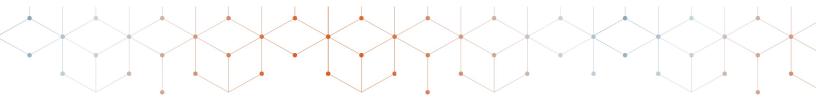
Maine's Vaccine Law: What Pediatricians Need To Know

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Objectives

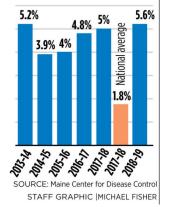
- Understand Maine's New Vaccine Law and Its Implications
- Learn what vaccines are and are not covered by the law
- Discuss "Proof of Immunity"
- Medical Exemptions
- Catch Up Immunizations
- Q&A

Religious & Philosophical Then & Now

- Prior to 2021, parents could simply state a philosophical or religious exemption.
 - 48% of kindergartens had vaccine rates below community immunity.
 - Outbreaks of pertussis, chickenpox, mumps and measles
- Maine joined WV, MI, CA in removing these exemptions.
 - NY, CT joined after measles outbreaks in their states.
 - VT banned just philosophical, and saw its religious rates increase by the number of philosophical in previous year.
- Medical exemptions only in Maine starting 9/2021.

Vaccine opt-out

Percentage of Maine kindergartners whose parents opted them out of vaccines for philosophic or religious reasons.



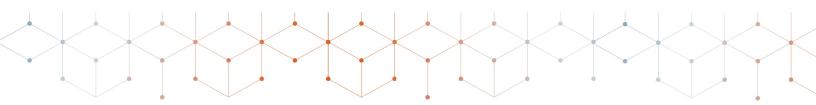
Maine's Vaccine Law

- Previous law allowed religious or philosophical immunization exemptions
 - elementary and secondary schools (private and public)
 - postsecondary schools
 - employees of nursery schools
 - · health care facilities
- New Law removes those exemptions.
 - Department of Education (DOE) and the Department of Health and Human Services to <u>remove any immunization</u> exemptions based on religious or philosophical beliefs from their rules.

- Requires the DOE to adopt rules allowing a student who:
 - · Is covered by an individualized education plan
 - and has elected a philosophical or religious exemption from immunization requirements to
 - continue to attend school under the existing exemption as long as
 - an appropriate medical professional provides a statement that the medical professional has provided information on the risks and benefits associated with the choice to immunize.

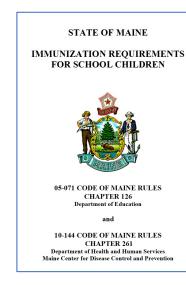
Law Details

- Student Education protected by:
 - Free and Appropriate Public Education (FAPE)
 - Individuals with Disabilities Education Act (IDEA)
- IEPs ensure a child with a disability attending an elementary or secondary educational institution receives specialized instruction and related services.
- A student who qualifies for IEP services does so under IDEA.
- Bills like PL154 may preclude children who receive special education from enrolling in public school, and has been argued (unsuccessfully) in some states as denying their right to FAPE in the least restrictive environment, a potential violation of the IDEA.



Immunization Requirements

- Remove from rules <u>any immunization exemptions based on</u> religious or philosophical beliefs.
 - Rules for the Licensing of Child Care Facilities (OCFS Rule)
 - Family Childcare Provider Licensing Rule (OCFS Rule)
 - Rules for the Licensing of Nursery Schools (OCFS Rule)
 - Immunization Requirements for School Children (DOE and Maine CDC Joint Rule)
 - Rules and Regulations Post-secondary School Immunizations Required (Maine CDC Rule)
 - Requirements for Healthcare Workers (Maine CDC Rule)



What Vaccines?

- Vaccine requirements are different depending on institution.
 - Schools
 - Child Care
 - College/University
 - Health Care settings



What Vaccines Are Needed for





Kindergarten

- •5 **DTaP** (4 DTaF birthday)
- •4 Polio (if 4th d given on or afte

Note 1 Varicella

- -Approximately 25% breakthrough -Less severe disease -But also contagious... an additional ac -2007 ACIP Recommended 2 doses
 - 1MR 'aricella

Grade

dap

leningococcal conjugate (MCV4)

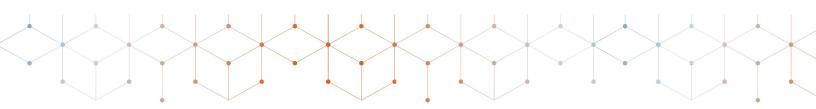
Grade

ningococcal conjugate (MCV4) (only one se is required if 1st dose is given on or er 16th birthday)

What Vaccines? Childcare

Vaccine	DTaP	Hib	Polio	MMR	Varicella	Hepatitis B	PVC13	Hepatitis A	Rotavirus*
At 2 months	1 st	1 st	1 st			1 st	**1 st		1 st
At 4 months	2 nd	2 nd	2 nd			2 nd	2 nd		2 nd
At 6 months	3 rd	3 rd	(2)				3 rd		*3 rd
By 15 months	(3)	(3)	(2)	1 st	1 st	3 rd	4 th	1 st	
At 18 months	4 th		3 rd	(1)	(1)	(3)		2 nd	
By 36 months	(4)		(3)	(1)	(1)			(1)	
By 48 months	(4)		(3)	(1)	(1)			(1)	
At age 5	5 th		4 th	2 nd	(1)				
Kindergarten entry									

https://www.maine.gov/dhhs/mecdc/infectious-disease/immunization/documents/Daycare-Immunization-standards-revised.pdf



What Vaccines? Postsecondary

- 2 MMR after first birthday
- 1 Td or Tdap given within the last 10 years

Summary on Maine AAP

Maine's Vaccine Quick Sheet						
Vaccine	Kindergarten	7th grade	12th grade	Post HS	Childcare	
DTAP	x	x		x	x	
IPV	x				x	
MMR	x			x	x	
VZV	x				x	
Meningococcal		x	x			
HiB					x	
PCV13					x	
Hep A					x	
Hep B					x	

https://www.maineaap.org



What Vaccines NOT included for K-12 Schools?

- Hepatitis A
- Hepatitis B
- Pneumococcal
- Human Papilloma Virus (HPV)
- · H. Flu B (HiB)
- Rotavirus
- Influenza
- · COVID-19

Certification or Proof of Immunity

- Certificate of Immunization
 - Physician, nurse, public health official, or school health provider who has administered the immunizing agent(s) to the student.
 - The certificate shall specify the immunizing agent, and the date(s) on which it was administered.
- Proof of Immunity = Laboratory evidence demonstrating immunity.

Why 1 dose isn't

- · Not enough immunity generated.
 - For some vaccines (primarily inactivated vaccily maximum immunity, 2nd dose required for comgood example.
 - This is especially true for live vaccines (e.g. MMR)
- Immunity Wanes.
 - For some vaccines immunity wears off & 'boosters' are needed. Tdap is a good example.
- New Variants Require New Vaccine
 - Flu and COVID-19

What other vaccines are live?
-MMR
-VZV (and Zostavax)
-Influenza internasal
-Yellow Fever
-Rotavirus

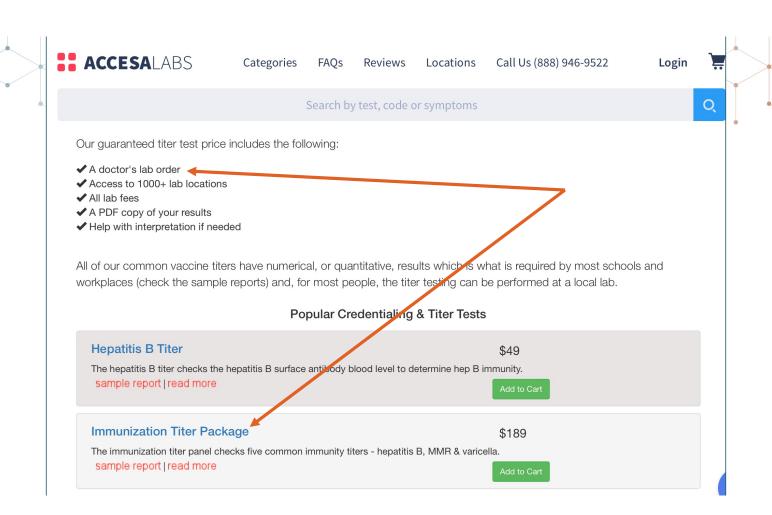
e is a

Proof of Immunity

- Just because there are antibodies present doesn't mean a person is immune or will stay immune.
- Vaccine dosage is based on evidence:
 - If a shot could be given as a one time shot and generate adequate immunity, it would have been approved that way.
- Not all testing laboratories are of equal validity.



"Private medical laboratories can perform the blood titer test and measure the level of antibodies and provide you with a report that you can submit with the request for an exemption if the antibody titers are high enough according to accepted standards. A blood titer test that measures antibody levels can cost \$55 or more, depending on the disease."



Medical Exemptions Then & Now

THEN

 Medical contraindications were listed in State Rules

NOW

- DO, MD, NP, PA
- "in their professional judgment, immunization against one or more of the diseases may be medically inadvisable.

B. Medical Exemptions

The following are medical contraindications for which medical exemptions may be certified by a physician for immunizations required by 20-A M.R.S. §§ 6352-6359:

Pertussis vaccine: 1) fever greater than or equal to 40.5 C (105 F); collapse or shock-like state (hypotonic-hyporesponsive episode), or persistent, inconsolable crying lasting three or more hours within 48 hours of receiving a prior dose of the pertussis vaccine; 2) seizures occurring within three days of receiving a prior dose of pertussis vaccine; 3) encephalopathy within seven days of administration of a previous dose of pertussis vaccine; or 4) anaphylactic reaction to pertussis vaccine or a vaccine constituent.

Diphtheria or tetanus toxoids: 1) anaphylactic reaction to diphtheria or tetanus toxoids or a toxoid constituent

Measles or mumps vaccine: 1) pregnancy; 2) known altered immunodeficiency (hematologic and solid tumors; congenital immunodeficiency; and long-term immunosuppressive therapy); 3) anaphylactic reactions to egg ingestion or to neomycin; 4) anaphylactic reaction to measles or mumps vaccine or a vaccine constituent.

Rubella vaccine: 1) pregnancy; 2) known altered immunodeficiency (hematologic and solid tumors: congenital immunodeficiency; and long-term immunosuppressive therapy); 3) anaphylactic reactions to neomycin; 4) anaphylactic reaction to rubella vaccine or a vaccine constituent.

Live polio vaccine: 1) known altered immunodeficiency (hematologic and solid tumors; congenital immunodeficiency; long-term immunosuppressive therapy); other immunodeficient condition; 2) immunodeficient household contact; 3) anaphylactic reaction to polio vaccine or a vaccine constituent.

Inactivated polio vaccine: 1) anaphylactic reactions to neomycin or streptomycin; 2) anaphylactic reaction to polio vaccine or a vaccine constituent.

Varicella: 1) pregnancy; 2) immunosuppression; 3) anaphylactic reaction to a vaccine component; 4) recent recipient of antibody-containing blood product.

Quadrivalent meningococcal conjugate vaccine: 1) pregnancy; or 2) anaphylactic reaction to meningococcal vaccine or a vaccine constituent



Contraindications

- Conditions in a recipient that increases the risk for serious adverse reaction to vaccinations
- Majority of contraindications are temporary, vaccinations often can be administered later when the condition no longer exists.

Examples

- Severely immunocompromises persons should generally not receive live vaccines.
- Live attenuated virus vaccines, because of a theoretical risk to the fetus, should generally not be given to pregnant women.
- Persons who experienced encephalopathy within seven days after administration of a previous dose of pertussis containing vaccine (not attributable to other identifiable causes) should not receive additional doses of the vaccine that contains pertussis.
- Severe combined immunodeficiency disease (SCID) and a history of intussusception are both contraindications to run a virus vaccines.

Medical Exemptions: Precautions https://www.cdc.gov/vaccines/hcp/acip-recs/general-recs/contraindications.html

Precautions

- Conditions that might increase the risk for serious adverse reaction, my caused diagnostic confusion, or might compromise the ability of the vaccine to produce immunity.
- Vaccine might be indicated even in the presence of a precaution if the benefit outweighs the risk.

Examples

- Moderate or severe acute illness with or without a fever.

 THE SAFETY AND EFFICACY OF VACCINATION IN MILD ILLNESSES HAS BEEN ESTABLISHED.
- Administering measles vaccine to a person with passive immunity to measles from a blood transfusion administered up to seven months prior.
- Current, recent or upcoming anesthesia/surgery/hospitalization is not necessarily a contraindication to vaccination.
- A personal or family history of seizures is a precaution for MMR vaccination.

STUDY FINDING INCREASED RISK OF FEBRILE SEIZURES IN CHILDREN 12-23 MONTHS WHO RECEIVED MMRV COMPARED WITH MMR AND VARICELLA SEPARATELY.

Conditions incorrectly perceived as Precaution or Contraindication

https://www.cdc.gov/vaccines/hcp/acip-recs/general-

recs/contraindications.html

All Vaccines

- · Mild acute illness with or without fever
- Current antimicrobial therapy
- Preterm birth
- Recent exposure to infectious disease
- Receiving allergen immunotherapy
- History of penicillin allergy
- History of Guillane-Barre Syndrome
 UNLESS <6WEEKS AFTER INFLUENZA VACCINE

Flu

· Non-severe allergy to latex or egg

MMR

- Positive TB skin test
- Breast-feeding
- Immunodeficient family member in the household
- Asymptomatic or mildly symptomatic HIV infection

DTaP

- Fever after a prior vaccination
- Seizure less than three days after previous DTP/DTaP dose
- Family history of seizures or SIDS
- Stable neurologic condition (e.g. cerebral palsy, well-controlled seizures, developmental delay)

Medical Exemption Forms

Capp	Maine M Associa	REQUEST FOR MEDICAL EXEMPTION Ose or aspiring or as	ase be sure to check Table 2 below to
Vaccine	P Contraindica Exemption Len	Attestation I am a physician (M.D. or D.O) licensed to practice medicine in a jurisdiction of nurse (N.P./P.A) licensed in a jurisdiction of the United States.	·
□ DTaP, Tdap	Temporary through: Permanent	By signing below, I affirm that I have reviewed the current ACIP Contraindication stated contraindication(s)/precaution(s) is enumerated by the ACIP and consists vaccination practices. I understand that I might be required to submit supporting any misrepresentation will result in referral to the appropriate licensing board and Healthcare Provider Name (please print):	ent with established national standards for g medical documentation. I understand that nd/or regulatory agency. Specialty: State of Licensure: State: Zip:
Inactivated polio virus vaccine (IPV)	Temporary through:	Contraindications Severe allergic reaction (e.g., anaphylaxis) after a previous dose or to a vaccine component	https://www.maineaap.org/assets/docs/lv AAP-School-Med-Exempt-Form-v3- 20210511.pdf

IEP Exemption Process

- Student with IEP on September 1, 2021
- Must obtain statement of counseling from
 - DO, MD, PA, NP
 - Staying provider made parent or guardian aware of the risks and benefits associated with the choice to immunize.
- Resources to Assist Providers
 - Refusal To Vaccinate Form provided by the AAP as documentation of counseling.
 - https://www.aap.org/en-

us/documents/immunization_refusaltovaccinate.pdf

- Maine DOE Immunization Exemption Form
 - https://www.maine.gov/doe/sites/maine.gov.doe/files/inlinefiles/Immunization%20Exemption%20IEP%20%281%29.pdf

	Immunization Exemption	For
nt Nama:		

In accordance with MRS 20-A \$6355, a student covered by an Individualized Education Plan on September 1, 2021 who elected a philosophical or religious exemption from immunization requirements on or before September 1, 2021 pursuant to the law in effect prior to that date may continue to attend school under that student's existing exemption as long as:

A. The parent or guardian of the student provides a statement from a licensed physician, nurse practitioner or physician assistant that the physician, nurse practitioner or physician assistant has consulted with that parent or guardian and has made that parent or guardian aware of the risks and benefits associated with the choice to immunize; or

B. If the student is 18 years of age or older, the student provides a statement from a licensed physician, nurse practitione

I/we have elected to have a philosophical or religious exemption from immunization requirements for this person prior to Sept 1, 2021 and are continuing to do so as this person has an individualized education program (IEP) in place

This exemption is for the following immunizations:

- All required immunizations
 The following specific immunizations:

 O Diphtheria, Tetanus, Pertussis
 O Polio
 O Measles/Mumps/Rubella

I understand that I must provide a statement from a healthcare provider as listed above to accompany this form and must do this annually. The Special Education Director of this person's school district will certify that an IEP is currently in place on or before September 1, 2021.

I understand that in the case of an outbreak of a specific disease, for which my child is not protected, my child may be kept out of school and school activities as advised by the Maine Centers for Disease Control and Prevention. The length of kept out of school and school activities a survised of what cell cells of Disease Control and reversions. The length of time my child will be kept out may vary depending on the disease and the length of the outbreak. I also understand that if my child is kept out of school, the school is not required to provide off-site classes or tutoring. The child's educational needs may be met by making arrangements for the delivery of school assignments, correction of papers, and similar activities which can be accomplished at home. Any child who is unable to take examinations during this period shall be afforded the opportunity to make up the examinations, similar to arrangements made for children who have other excused

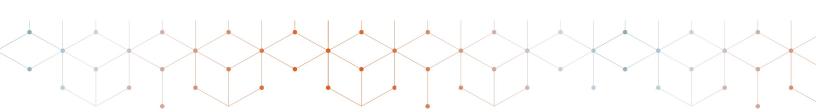
Printed Name and Signature Relationship to student FOR SCHOOL USE ONLY

☐ Statement from healthcare provider received

 \square I,______, a school administrative unit representative for Special Education, certify that an IEP is in place for the student listed above on or before September 1, 2021 which makes them eligible to maintain the philosophical or religious exemption for immunization requirements.

Communication with Schools

- COVID-19 has strengthened communication pathways between school health staff and providers.
- Providers will need to be in contact with schools about temporary or permanent medical exemptions for students.
- MeAAP is working closely with DOE to ensure appropriate lines of communications.



Catch Up Schedules

- Divided into 4mo-6years and 7-19 years
- Some vaccines are 'aged out of'
 - i.e. Rotavirus, HiB, Pneumococcal
- Some vaccines have different number of doses at older ages

Recommended Catch-up immunization Schedule for Children and Adolescents Who Start Late or Who Are More than 1 month Behind, United States, 2021
The table below moderate than 1 month Behind, United States, 2021
The table below moderate than 1 month Behind, United States, 2021

States and the state of the

Catch Up Schedules

K-12

- 5 DTaP (4 DTaP if 4th is given on or after 4th birthday)
- 4 Polio (if 4th dose given before 4th birthday, an additional age appropriate IPV should be given on or after the 4th birthday)
- 2 MMR
- 1 Varicella

Total Catchup Time: 13 months

Children age 4 months through 6 years						
Vaccine	Minimum Age for	Minimum Interval Between Doses				
111(00)	Dose 1	Dose 1 to Dose 2	Dose 2 to Dose 3		Dose 3 to Dose 4	Dose 4 to Dose 5
Diphtheria, tetanus, and acellular pertussis	6 weeks	4 weeks	4 weeks		6 months	6 months

Catch Up Schedules

K-12

- 5 DTaP (4 DTaP if 4th is given on or after 4th birthday)
- 4 Polio (if 4th dose given before 4th birthday, an additional age appropriate IPV should be given on or after the 4th birthday)
- 2 MMR
- 1 Varicella

Total Catchup Time: <3yr 4mo = 8 month: >4yr = 7 months

Children age 4 months through 6 years						
Vaccine	Minimum Age for		Minimum Interval Between Doses			
Dose 1	Dose 1	Dose 1 to Dose 2	Dose 2 to Dose 3	Dose 3 to Dose 4	Dose 4 to Dose 5	
Inactivated poliovirus	6 weeks	4 weeks	4 weeks if current age is <4 years. 6 months (as final dose) if current age is 4 years or older	6 months (minimum age 4 years		

Catch Up Schedules

K-12

- 5 DTaP (4 DTaP if 4th is given on or after 4th birthday)
- 4 Polio (if 4th dose given before 4th birthday, an additional age appropriate IPV should be given after the 4th birthday)
- 2 MMR
- 1 Varicella-

Total Catchup Time: 0 months Total Catchup Time:



Catch Up Schedule 7-18 years

			Children and adolescents age 7 through 18 years	
Meningococcal ACWY	Not applicable (N/A)	8 weeks		
Tetanus, diphtheria; tetanus, diphtheria, and acellular pertussis	7 years	4 weeks	4 weeks if first dose of DTaP/DT was administered before the 1 st birthday. 6 months (as final dose) if first dose of DTaP/DT or Tdap/Td was administered at or after the 1 st birthday.	6 months if first dose of DTaP/ DT was administered before the 1st birthday.
Human papillomavirus	9 years	Routine dosing intervals are recommended.		
Hepatitis A	N/A	6 months		
Hepatitis B	N/A	4 weeks	8 weeks and at least 16 weeks after first dose.	
Inactivated poliovirus	N/A	4 weeks	6 months A fourth dose is not necessary if the third dose was administered at age 4 years or older and at least 6 months after the previous dose.	A fourth dose of IPV is indicated if all previous doses were administered at 44 years or if the third dose was administered <6 months after the second dose.
Measles, mumps, rubella	N/A	4 weeks		
Varicella	N/A	3 months if younger than age 13 years. 4 weeks if age 13 years or older.		

TDAP HELP!

https://www.cdc.gov/vaccine s/schedules/downloads/child /job-aids/tdap-1.pdf

IF current age is	AND # of previous doses of DTaP, DT, Td, or Tdap is	AND	AND	AND	THEN	Next dose due
	Unknown or 0	→	\rightarrow	→	Give Dose 1 (Tdap) today	Give Dose 2 (Td or Tdap) at least 4 weeks after Dose 1
		Dose 1 was given before 12 months of age	\rightarrow	→	Give Dose 2 (Tdap) today	Give Dose 3 (Td or Tdap) at least 4 weeks after Dose 2
			It has been at least 4 weeks	Dose 1 was Tdap	Give Dose 2 (Td or Tdap) today	Give Dose 3 (Td or Tdap)
	1	Dose 1 was given at 12 months of age or older	since Dose 1	Dose 1 was not Tdap	Give Dose 2 (Tdap) today	at least 6 calendar months after Dose 2
			It has not been 4 weeks since Dose 1	Dose 1 was Tdap	No. 10 Test	Give Dose 2 (Td or Tdap) at least 4 weeks after Dose 1
				Dose 1 was not Tdap	No dose today	Give Dose 2 (Tdap) at least 4 weeks after Dose 1
		Dose 1 was given before 12 months of age Dose 1 was given at 12 months of age or older	It has been at least 4 weeks since Dose 2	Dose 2 was Tdap ¹	Give Dose 3 (Td or Tdap) today Give Dose 3 (Tdap) today	Give Dose 4 (Td or Tdap) at least 6 calendar months after Dose 3
7 through 9 years ¹				No dose was Tdap		
			It has not been 4 weeks since Dose 2	Dose 2 was Tdap	No describedos	Give Dose 3 (Td or Tdap) at least 4 weeks after Dose 2
				No dose was Tdap	No dose today	Give Dose 3 (Tdap) at least 4 weeks after Dose 2
	2		It has been at least 6 calendar months since Dose 2	Any dose was Tdap ¹	Give Dose 3 (Td or Tdap) today	Give Tdap at
				No dose was Tdap	Give Dose 3 (Tdap) today	11–12 years of age ¹²
			It has not been 6 calendar	Any dose was Tdap ¹	No dose today	Give Dose 3 (Td or Tdap) at least 6 calendar months after Dose 2 ¹
			months since Dose 2	No dose was Tdap	No dose today	Give Dose 3 (Tdap) at least 6 calendar months after Dose 2



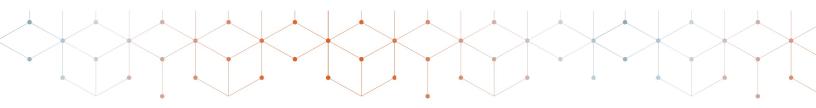
True or False

Naturopaths can give medical exemptions.

The law does not apply to private schools.

False. Under Maine's vaccine laws, only licensed medical providers who hold an MD/DO, NP or PA can write medical exemptions.

False. The law applies to all institutions that previously allowed attendance with philosophical or religious exemptions, including private schools.



True or False?

HPV is a requirement for school entry.

A patient of mine with a current IEP for the 2021 school year from 2019 can be exempt from vaccines for any reason as long as I provide a statement that I counseled them.

True. MD/DO, NP/PAs may be asked by parents to provide a counseling note for a patient of yours that had an IEP previously.

False, Students are not required to be protected against Hepatitis A, Hepatitis B, Human Papilloma Virus (HPV), Haemophilus Influenza B (HiB), Rotavirus, Tuberculosis (TB) Influenza (Flu), or COVID-19 though these immunizations are recommended by the CDC.

True or False?

Titers will be an acceptable alternative to vaccination as a proof of immunity.

My patients need a medical exemption from an MD/DO, NP/PA or they will not be allowed to attend in person school.

True. Physicians are urged to reach out to all patients who will not meet their vaccine requirements for the school and get them caught up immediately. The availability and blackout period of the COVID-19 vaccine will further complicate getting students up-to-date.

True* Laboratory results or medical records demonstrating immunity will be considered acceptable evidence of meeting the immunity requirement.

Question

"For kids over 7 years of age – do they just need to be caught up per CDC guidelines for required vaccines? For instance, entering K they need 4 IPV. If they start after they are 7 however, they only need 3 IPV's to be compliant with CDC/ACIP?"

 Vaccination should be up-to-date for age based on CDC/ACIP guidelines.

Question

My patient got her first COVID-19 vaccine 1 week before she was to start a catchup schedule for kindergarten. Can I still start the catchup schedule?

- Yes.
- AAP approved coadministration of COVID Vaccine and other vaccines.
 - https://pediatrics.aappublications.org/content/pediatrics/early/2021/ 05/11/peds.2021-052336.full.pdf

Question

My patient is a 7th grader and has no vaccines. Do I need to vaccinate them for kindergarten and 7th grade vaccines or just 7th grade vaccines (Tdap & MCV)

 Children need to be up-to-date on vaccines required for their grade/age as well as up-to-date on previously required vaccines.

