

# MAINE PEDIATRICS

January/February 2022



## PRESIDENT'S MESSAGE - Deborah Hagler, MD, MPH, FAAP

It's still frigid outside; there is much snow on the ground; there are rumblings about COVID vaccines for the youngest cohort of children; the days are getting longer; and the seed catalogs have started to arrive! Time marches on.

As of July, the Maine AAP Leadership is transitioning to welcome Dr. Laura Blaisdell as President, and Dr. Brian Youth has been nominated to the role of Vice President. Our current grants and QI projects are in full swing. Projects include a cohort of clinicians who did training to utilize CBT in the primary care setting to treat mild to moderate anxiety and depression, a group of four practices working on improving HPV vaccination rates, partnerships to improve access to oral health, and resources and education being developed to improve care for LGBTQ+ youth.

The legislature is considering key bills on oral health, banning flavored tobacco, reducing the use of restraints for incarcerated youth, improving early childhood education and social emotional learning, encouraging safe storage of medications and firearms in homes, improving mental health services for youth - and many others. We welcome your involvement in all advocacy efforts!

As we navigate the continuing twists and turns of the ongoing pandemic, we welcome your thoughts, ideas and suggestions for ways to work together as a pediatric provider community. We know so much goes into the secret sauce of keeping children healthy and creating space for them to thrive. Thank you so much for all you are doing!

Warmly,  
Deb Hagler



## Partnership for Children's Oral Health

### Partnership for Children's Oral Health

The Maine AAP is helping to lead the Health Integration Action Team of the [Partnership for Children's Oral Health](#). This group is exploring various models to build on the foundation of [From the First Tooth](#) and integrate preventive dental care more comprehensively in the primary care medical home. The science behind dental disease has advanced greatly in recent years, and we now have prevention and early intervention tools that can be used in the primary care setting to improve the health of many children who lack access to dental care. Together we can make a significant impact for children who may otherwise suffer from preventable dental disease. Please [answer 2 questions](#) to help us in this work!

### Consultation for Primary Care Providers



Maine Pediatric & Behavioral Health Partnership is Maine's Pediatric Mental Health Care Access (PMHCA) Program. This partnership provides timely training and support to child and adolescent primary care clinicians (PCCs) and other clinicians related to the detection, assessment, treatment, and referral of behavioral health conditions within their practice.

The support provided is part of a peer-to-peer, telehealth-based consultation model, where PCCs can connect with off-site child/adolescent behavioral health professionals by phone, video call, or email/web-based portals for consultation.

To learn more and become involved, contact Maine Pediatric & Behavioral Health Partnership at 1-833-MPBHP11 (1-833-672-4711) or visit [www.BHpartnersforME.org](http://www.BHpartnersforME.org).



## Telehealth Updates

Save the Date! Registration opens soon - *Telehealth in Practice* webinar: March 2, 4:30pm

- [Care Planning and Coordinating Transitions from Inpatient to Outpatient Settings](#): 11-year-old with Multisystem Inflammatory Syndrome in Children (MIS-C) as a result of COVID-19 infection.
- [Using Telehealth to Coordinate Care for Youth with Complex Needs Transitioning from Pediatric to Adult Care](#): 19-year-old young adult with autism spectrum disorder, intellectual disability, and attention-deficit/hyperactivity disorder.

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### The SAFEST Choice Learning Collaborative

The SAFEST Choice Learning Collaborative aims to reduce the incidence of prenatal alcohol exposure (PAE) and improve outcomes in children with suspected or diagnosed fetal alcohol spectrum disorders (FASDs). This program, a partnership between Boston Medical Center and [Proof Alliance](#) will use Extension for Community Healthcare Outcomes (ECHO®) virtual education to engage healthcare teams at community health centers (CHCs) in New England and the Upper Midwest in FASD education. Participation costs are completely covered by this program funded by the Health Resources and Services Administration (HRSA). [Click HERE for more information.](#)

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### AAP Chapter Quality Network (CQI) Enhancing Adolescent Health and Immunization Services

*Part I: Strategies to Improve Provider Communication with Adolescent Patients: Relationships and Rights*  
- Wednesday, February 23, 7:00 - 8:15pm

The AAP Chapter Quality Network is pleased to announce a 3-part webinar series to enhance adolescent healthcare and immunizations services. This webinar series will include teen speakers providing perspective on their experiences and recommendations for healthcare professionals.

Learning Objectives:

- Describe concerns, preferences, and realities of young people in health care settings
- Value diversity among teens and recognize the challenges and opportunities this poses in health care settings
- Explain ways to provide high-quality, youth-friendly health care services
- Develop confidence and skills to build positive relationships and communicate effectively with teens

[Register / More Info Here](#)

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### Let's Go!'s new podcast series: *Let's Talk about Obesity Care*

Listen at: [letstalkaboutobesitycare.podbean.com](http://letstalkaboutobesitycare.podbean.com)



Dr. Carrie Gordon will be hosting experts on a wide variety of topics on best practice for caring for children and adults who carry extra weight. Current topics include:

- o Testing the Waters with Anti-Obesity Medications in your Pediatric Primary Care Clinic
- o Food Insecurity and its Connection to Health and Care
- o Physical Activity and Physical Literacy: Putting Movement into Your Practice
- o Working with Patients with Selective Eating Challenges
- o Conversation with an Obesity Medicine Specialist
- o The Benefits of WIC for Your Patients

A new topic will be added monthly. Let's Go! is a program of The Barbara Bush Children's Hospital at Maine Medical Center.

## Pediatric Gastroenterology Project ECHO®

Come get real-time advice for your GI patients! The Peds GI ECHO program will meet each week and function like "office hours" with one of the GI docs to offer advice for your care of patients with gastrointestinal symptoms who might have to wait a long time to be seen. Participants are not required to come to every weekly session, though they certainly can. Provider participants will also be invited to complete a research survey.

**Who should register:** Providers and clinical staff who care for children

**When:** CME/MOC Part II Didactic Sessions | 12:00-1:00pm | 4th Wednesday of each month January 2022 thru June 2022 - held via ZOOM Additional office hours/case consultation each week: 1<sup>st</sup> Mondays 7:30am, 2<sup>nd</sup> Fridays 12pm, 3<sup>rd</sup> Tuesdays 7:30am

**Registration period:** Open during series. **Questions?** Email [Sam](#) or Dr. [Dr. Noah Hoffman](#)

[Register Here](#)

## 2022 Virtual AAP Advocacy Conference

American Academy of Pediatrics

DEDICATED TO THE HEALTH OF ALL CHILDREN™



Attend the AAP Virtual Advocacy Conference to join other pediatricians, pediatric subspecialists and pediatric trainees from across the country to advocate for children at such a pivotal time. The conference will take place **virtually on March 20 – 22, 2022.**

### Deadlines

- Early Bird Registration Closes – February 20, 2022
- Conference Registration Closes – March 6, 2022
- Cancellation Fee – There is a \$50 cancellation fee after March 6, 2022.

[Register Here](#)



## Equity Workshop Series by *Sultana Khan, MRBN Special Projects Director*

Anti-racism education builds resilience for everyone. Evidence shows that systemic injustice has a negative effect not only on the marginalized community members who are directly impacted, but every community member, regardless of identity. Studies support the idea that when communities take action to address racism, outcomes for every group improve. Two workshops are being offered by Sultana Khan, who believes equitable communities can only be developed through education, acknowledgement, and action, and tailors her approach to meet people wherever they are in their journey towards collective liberation. Attend one or both - whatever works for you. Cost: MRBN member: \$10 Non-member: \$20

**Bias and Brain Development - February 17, 2022 - 11:00am - 12:30pm**

[Click here to register](#)

This workshop will use Daniel Kahneman's theory of fast and slow thinking to explain how representation, societal structure, and brain development create a culture of biased thinking and behavior. Attendees will take the Harvard Implicit Bias Test prior to the training and will receive follow up materials to practice unlearning their own biases.

**Microaggressions: Reflecting on Harmful Language - February 24, 2022 - 11:00am - 12:30pm**

[Click here to register](#)

This workshop will expose and explain the subtle nature of microaggressions, which are defined as "daily verbal, behavioral, and environmental communications, whether intentional or unintentional, that transmit hostile, derogatory, or negative messages to a target person because they belong to a stigmatized

group."

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## Clinical Updates in Pediatrics: 2022 Winter Series

Critical Airway Management in Pediatrics  
Wednesday, March 2, 2022, 9:00 AM - 11:00 AM

Comfort Positions and Safe Sleep  
Wednesday, March 23, 2022, 9:00 AM - 11:00 AM

For more information, please contact Kelly Scrivener at [kscrivener@mmc.org](mailto:kscrivener@mmc.org).  
Thank you to Deb Johnson and Christine Schreiber for their leadership in planning this series!

[Register Here](#)

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## The Maine Tobacco Strategic Plan

The Maine Tobacco Strategic Plan 2020-2025 provides an overview of the advances made in the fight against tobacco in Maine *but much more work remains to be done* - as reflected in the report's six priority recommendations:

1. Fully fund the Maine Tobacco Prevention and Control Program
2. Create more equitable health outcomes
3. End the sale of all flavored tobacco products in Maine
4. Resolve the structural deficit in the Fund for Healthy Maine
5. Increase the price of cigarettes by \$2 a pack
6. Protect current policies

[View the report here](#)

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## AAP Section on Developmental/Behavioral Pediatrics Opportunities and Resources

**Webinar Series: Enhancing Adolescent Healthcare and Immunization Services**  
February 23 at 7:00pm [Register here](#)

The webinar series will focus on engaging teen educators to explore interventions that can assist pediatric providers with addressing the challenges of disseminating optimal immunization and healthcare services to adolescents. The first webinar has been approved for 1.25 CME/MOC2 credits. Please see [here](#) for webinar information.

**Registration Open for Mental Health Disorders Course**  
April 8-10, 2022 [Register here](#)

Registration is now open for the Diagnosis and Treatment of Common Pediatric Mental Health Disorders course on April 8-10, 2022, in Rosemont, Illinois. In-person or virtual attendance is available. This course is designed to enable participants to learn critical concepts in the recognition of pediatric mental health disorders and apply evidence-based strategies to manage patients' illnesses effectively and efficiently. Earn up to 19.5 AMA PRA Category 1 Credit and 10 MOC Part 2 points by successfully completing a reflective assessment. Save \$150 when you [register](#) by March 11.

Questions? Email Carolyn McCarty: [cmccarty@aap.org](mailto:cmccarty@aap.org) FMO: [SODBP Collaboration Site](#)

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## AAP MEMBER BENEFITS

- New [online leadership courses](#) developed in partnership with the American Association of Physician Leadership

- Access to the COVID-19 supply store with discounted pricing via the [AAP Amazon Business Account](#)
  - Regular [updates and information](#) to support you during the COVID-19 pandemic
  - State-specific information and resources on [your chapter's website](#); (If you're not a member of your chapter, please consider [joining today](#))
  - Access to the [AAP Volunteer Network](#) (found at [collaborate.aap.org](#)) to find an engagement opportunity that fits your schedule and skillset
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### Connect with us on Social Media!!

The power to spread good messages, share new clinical info or pertinent articles is exponential when using social media platforms such as Twitter, Facebook, LinkedIn and Instagram.

<https://linktr.ee/maineaap>