



MAINE PEDIATRICS

May 2022

SPOTLIGHT: Maine AAP Spring Conference at the Samoset Resort

The excitement to return to an in-person gathering was palpable at our recent Maine AAP Spring Conference at the beautiful Samoset Resort, which attracted over 100 attendees, including members & residents, exhibitors, presenters, poster session participants, and students!

The conference provided many opportunities for continuing education, dissemination of scholarly and advocacy work, and networking. Saturday's sessions featured talks on innovations in treatment, diagnosis, and/or delivery of care for oral health, monoclonal antibodies and patients with cystic fibrosis, diabetes, muscular dystrophy, spinal muscular atrophy, and dermatological conditions.

Interactive learning sessions were held on Sunday, including a workshop with the Gettin' By game which allows participants to experience how decision making can be impacted by poverty and a Stop the Bleed workshop.

We are proud of our sessions highlighting resident and student involvement in the Maine AAP, including a networking/mentorship event and a scholarly poster session.

We enjoyed the ability to highlight the work of this year's chapter award recipients (Legislator of the Year Representative Patty Hymanson, MD and Child Advocate of the Year Dr. Nirav Shah), honor outgoing Maine AAP President Dr. Deb Hagler and her amazing work while passing the baton to Dr. Laura Blaisdell, and learn about all of the hard work of the Maine AAP subcommittees during our annual members meeting.

POSTER PRESENTATIONS



HANDS-ON INNOVATIONS EXHIBITOR SHOWCASE



INNOVATIONS IN ORAL HEALTH PANEL & STOP THE BLEED WORKSHOP



#BraveLikeME



Pediatric Vaccines for 6 Months - 5 Years Old: What to Expect

May 25th - 5:30-6:30pm

Join us for a discussion on making an informed decision about getting your young children vaccinated against COVID-19



Dr. Laura Blaisdell
Pediatrician
Incoming President, Maine AAP



Dr. Liz Marnik
Professor, Molecular Biology
Husson University



Caitlin Gilmet
Director, Maine Families for Vaccines



Jason Parent
Executive Director/CEO, ACAP
Moderator



[Register Here](#)

LGBTQ+ individuals face barriers to quality healthcare

these barriers have been exacerbated by the COVID-19 pandemic



The Trevor Project, 2020. "Breaking Barriers to Quality Mental Health Care for LGBTQ Youth."

Physicians can help knock down the barriers to healthcare access for LGBTQ+ individuals by providing a comfortable and inclusive environment for all patients. This includes using inclusive language and asking all patients about their sexual orientation and gender identity. In the field of Pediatrics, where mental health challenges are extremely prevalent and our patients are undergoing identity moratorium, it is important to be mindful of how we can best support children who may identify as members of the LGBTQ+ community.

Read more...by Emma Freeman, MS3 at Tufts University School of Medicine



Maine Pediatric
& Behavioral Health
Partnership

LGBTQIA+ Inclusion:
Becoming an Ally in Health Care
June 8, 2022 - 7:30-8:30am

A combined 101 and 201 virtual training for health care professionals looking to better support LGBTQ+ individuals accessing services. This training will provide an overview of terms and concepts and will focus on how to combat health care disparities for this population by increasing competencies for staff in the areas of LGBTQ+ representation and trans-affirming practices. The presenter is Chris McLaughlin, LCSW, Inspired Consulting Group, LLC

[Register Here](#)



Transitioning Adolescent Patients to Self-Management of Health Care Wednesday, June 22, 2022 - 7:00 - 8:15pm

Speakers: Patience White, MD, MA, FAAP, MACP, co-project director of GOT Transition; Erica Koepsel, MA- PATCH, Director of Youth Engagement and PATCH Teen Educators.

Learning Objectives: 1) Introduce the Six Core Elements of Health Care Transition™ 2) Discuss how pediatric providers can assess the health care transition readiness of teen patients 3) Present health care transition resources for use at practices managing pediatric patients.

This is the third webinar in the Enhancing Adolescent Health & Immunization Services (EAHIS) sponsored by CQN and provides 1.25 MOC2/CME.

[Register Here](#)

Student Intervention Reintegration Program (SIRP)

SIRP is a 12-hour educational program for youth who have experimented with alcohol and/or other drugs. The program provides skills and empowers youth to make informed decisions. Three components of the program— student, parent, and community engagement— work together to achieve attitude and behavior changes, resulting in lower risk choices.

SIRP has evolved to meet the public health needs by offering Virtual Classes for those impacted by COVID-19, rural isolation, lack of transportation, etc. and is available to ALL Maine youth 13-18 years old at no cost! The new referral system is easy to use and can be accessed anywhere the internet is available.

To learn more visit <https://sirpmaine.com/> or contact Holly Kiidli at hkiidli@adcareme.org

Medical Practitioners' Confidence and Perceptions of their Pediatric Deaf and Hard of Hearing Patients - Provider Survey

A team at the University of Maine has done preliminary research revealing potentially inadequate services for children who are Deaf and hard of hearing, primarily due to providers not being aware of available resources. The group obtained IRB approval to conduct a survey of pediatric providers to assess common knowledge in order to promote optimal services. The survey is conducted through Qualtrics and takes 10-15 minutes to complete. Responses are anonymous.

As a thank you for participation, participants are given the option to provide their email address which would enter them in a drawing for a \$50 Amazon gift card. Despite providing an email address, the responses remain anonymous due to the secure collection method.

[Take the Survey](#)

Maine AAP is a 501(c)(3) charitable organization - donations are 100% tax-deductible.

You can also donate to the Maine Chapter by shopping on AMAZON! By selecting the Maine AAP, each time you make a purchase on Amazon, the chapter will get a small donation. This is a no-hassle way for you to help our Chapter and children's health efforts in Maine!

Simply click the link below to sign up - Thank you!



AAP Member Benefits

- New [online leadership courses](#) developed with American Association of Physician Leadership
- Access to the COVID-19 supply store -discounted pricing via the [AAP Amazon Business Account](#)
- Regular [updates and information](#) to support you during the COVID-19 pandemic
- State-specific information and resources on [your chapter's website](#); (If you're not a member of your chapter, please consider [joining today](#))
- Access to the [AAP Volunteer Network](#) (found at [collaborate.aap.org](#)) to find an engagement opportunity that fits your schedule and skillset



Connect with us on Social Media!!

The power to spread good messages, share new clinical info or pertinent articles is exponential when using social media platforms such as Twitter, Facebook, LinkedIn and Instagram.

<https://linktr.ee/maineaap>