



MAINE PEDIATRICS Mid-Summer 2022



The Maine AAP is thrilled to welcome **Dr. Gita Rao**, Clinical Director of School Based Health Centers for Greater Portland Health, to our Board of Directors! Gita brings a wealth of expertise, connections and dedication to children's health in Maine and we are delighted to have her join our small but mighty group.

-Laura Blaisdell, MD, MPH
President



- Treatment
 - Recovery
 - Education
 - Advocacy for
 - Teens with SUD
 - In ME (Maine)
- Learning Collaborative

Curriculum Includes:

- Substance Use Disorders (Nicotine, Cannabis, Alcohol, Opioid, Stimulant)
- Poly-Substance Use
- Co-Occurring Mental and Medical Illnesses
- Evidence-Based Psychotherapies
- Addressing Barriers
- Recovery Supports/Harm Reduction in Youth
- Families and Youth SUD

24 hours of CME and MOC Credit!
Including Opioid CME Credit

October 2022
through
November 2023

No charge to attend for
Maine Clinicians!

Hybrid with asynchronous and
virtual/in-person participation

Faculty from Boston University, UCLA, Yale University and Boston Children's Hospital along with Maine based providers.

COMING SOON!!



New Perspectives: From Eating Disorders to Nutritional Health

The Maine Association of Psychiatric Physicians is putting on a conference on October 7th either in person or virtually. You can access more information about the program below and if interested, can register at the reduced fee for being a member of the Consultation Project. You can also go to MAPP's website www.mainepsych.org under events to register.



VAPING & SMOKING CESSATION

WEDNESDAY

AUGUST 24

12 NOON

THE QUICK AND DIRTY GUIDE FOR CLINICIANS

REGISTER AT WWW.MAINEAAP.ORG

SPEAKER: EMILY JACOBS, DO



Dr. Emily Jacobs was happy to return to Maine to help improve the health of the children in Franklin County. She currently works with newborns to young adults, and is especially interested in using Osteopathic Manipulative Medicine in her practice to help bring whole-body awareness to treating patients. She is currently the school physician for RSU 9, the Mt. Blue Regional School District.

Dr. Jacobs grew up in Greene, Maine and graduated from Middlebury College in Vermont. Following her undergraduate education, she worked for two years as a lab technician for Boston Children's Hospital. She then pursued medical school and graduated from Philadelphia College of Osteopathic Medicine, and completed her residency training in Pediatrics at Maine Medical Center in Portland. Since joining the Franklin Memorial Hospital Pediatric team in 2019, she has enjoyed working with a group of motivated and hardworking pediatricians and child health providers!

Do you have Challenges with Pediatric Vaccination?

Vaccine hesitancy is becoming an increasing challenge across the country. We are interested in learning from you about two vaccines that have faced a lot of resistance, COVID-19 and HPV vaccination. Our team at University of Massachusetts Chan Medical School is conducting a short online survey of pediatricians in primary care practice to learn more about your experiences with these two vaccines. We expect that this survey will take you about 10 minutes to complete. We plan to disseminate our data back to Maine Chapter AAP members to support you and your practice's efforts to boost vaccination rates.

As a thank you for your time spent taking this survey, we can offer you a \$10 e-gift card. Follow the link below to continue to the survey (Maine specific link).

<https://arcsapps.umassmed.edu/redcap/surveys/?s=YA8E33YYPY>

We appreciate your time and consideration! If you have any questions you can contact the study's Principal Investigator, Grace Ryan (grace.ryan1@umassmed.edu).

UMass Chan Study Team; Grace Ryan, PhD, Postdoctoral Fellow; Michelle Trivedi, MD, MPH, Pediatric Pulmonologist; and Lori Pbert, PhD, Professor, UMass Chan Medical School

The Impact of Language and Stigma on Adolescent Mental Health

August 10, 2022 7:30-8:30 am



Presenter: Kristel Thyrring, LSW, Youth Mental Health Programs Director, NAMI Maine; Continuing Education Credit is available.

Speaker: Kristel Thyrring, LSW (she/her) is NAMI Maine's Youth Programs Director. With a degree in Social Science, maintaining a license in social work, and a professional history in child welfare, Kristel is ready to discuss mental wellness, resources, and why we need to know and do more. Kristel has a passion for bettering the lives of Maine's young people and helping them successfully transition to adulthood.

REGISTER HERE

Individual Medical Emergencies Occurring at School

Revised policy by: [Rani S. Gereige, MD, MPH, FAAP](#); [Toni Gross, MD, MPH, FAAP](#); [Ebaa Jastaniah, MD, MPH, MBA, FAAP](#); [COUNCIL ON SCHOOL HEALTH AND COMMITTEE ON PEDIATRIC EMERGENCY MEDICINE](#)

Read the article here: <https://www.aap.org/en/patient-care/disasters-and-children/>

Community Covid-19 Pediatric Vaccine Clinic Support/Materials

If you are interested in hosting a Community Covid-19 Pediatric Vaccine Clinic, complete the online "application" process to alert the team you are interested. Support is available to help you set up the clinic. The link for this is <https://www.maine.gov/covid19/vaccines>

- Maine Community Action Partnership has created free materials (downloadable for printing) for parents and activity sheets for children. If you are doing vaccinations in your offices. To access these resources, visit www.mecap.org/brave To place an order for stickers/tattoos to distribute to kids getting vaccinated, place your order here: email vaxinbox@gmail.com. Please be sure to include 1) Contact information 2) Address to be shipped to, and 3) Number of stickers and/or temporary tattoos requested.

For any questions about these materials you can contact: Maureen Leary at mleary@mecap.org or Ryan Denbow at rdenbow@mecap.org

Student Intervention Reintegration Program (SIRP)

SIRP is a 12-hour educational program for youth who have experimented with alcohol and/or other drugs. The program provides skills and empowers youth to make informed decisions. Three components of the program – student, parent, and community engagement – work together to achieve attitude and behavior changes, resulting in lower risk choices.

SIRP has evolved to meet the public health needs by offering Virtual Classes for those impacted by COVID-19, rural isolation, lack of transportation, etc. and is available to ALL Maine youth 13-18 years old at no cost! The new referral system is easy to use and can be accessed anywhere the internet is available.

To learn more visit <https://sirpmaine.com/> or contact Holly Kiidli at hkiidli@adcareme.org



Maine AAP is a 501(c)(3) charitable organization - donations are 100% tax-deductible.

You can also donate to the Maine Chapter by shopping on AMAZON! By selecting the Maine AAP, each time you make a purchase on Amazon, the chapter will get a small donation. This is a no-hassle way for you to help our Chapter and children's health efforts in Maine!

Simply click the link below to sign up - Thank you!

<http://smile.amazon.com/ch/20-4901024>

AAP Member Benefits

- New [online leadership courses](#) developed with American Association of Physician Leadership
- Access to the COVID-19 supply store -discounted pricing via the [AAP Amazon Business Account](#)
- Regular [updates and information](#) to support you during the COVID-19 pandemic
- State-specific information and resources on [your chapter's website](#); (If you're not a member of your chapter, please consider [joining today](#))
- Access to the [AAP Volunteer Network](#) (found at collaborate.aap.org) to find an engagement opportunity that fits your schedule and skillset



Connect with us on Social Media!!

The power to spread good messages, share new clinical info or pertinent articles is exponential when using social media platforms such as Twitter, Facebook, LinkedIn and Instagram.

<https://linktr.ee/maineaap>