

MAINE PEDIATRICS

November 2022



The Board and Staff of
the Maine AAP wish you
and your family a
beautiful Thanksgiving
holiday!

PRESIDENT'S MESSAGE - Laura Blaisdell, MD, MPH, FAAP

Happy November! In a month where we intentionally give thanks, there is much to be grateful for. This fall found our patients attending in-person school, returning to some semblance of normal, which was critically necessary for many. We too, as providers for children, are finding our schedules moving back to pre-pandemic normal. The MAAP continues its good work advocating for early childhood interventions, access to care for mental and oral health and substance abuse and nascent work on gun safety for all Maine's children (amongst a myriad of other important topics).

While we acknowledge there is much to be done to better the lives of our patients and children - there is time this month to pause, take stock and give thanks for all that has been accomplished and acknowledge the foundational effort of people who came before us.

We offer tremendous thanks for the life of a great pillar of our pediatric community, Dr. Jan Pelletier, who reached her journey's end on October 23rd. Our pediatric community is indebted to her; so many of us were touched by her humor, humanity and ever-present encouragement. As we mourn, we pledge to carry on her great work- endeavoring to keep spark in all we do, in her honor.

May you have a wonderful Thanksgiving- whether with family or caring for patients, may you have a moment to reflect and find gratitude. ~ LLB



Janice Pelletier, MD
Fearless Leader
Beloved Colleague
Champion for Children

[Read Obituary](#)

treat ME

MMA Center for Quality Improvement / Maine Chapter, AAP

Educational Offerings - Maine AAP

TREAT ME (Treatment Recovery Education Advocacy for Teens with SUD in ME) Learning Collaborative has launched - Registration is open!

[VISIT THE WEBSITE](#)

Special Achievement Awardee/Member Spotlight

Dr. Amy Buczkowski, a pediatric specialist At Barbara Bush Children's Hospital and member of the Maine AAP Board of Directors, has been awarded the Special Achievement Award for her work in bringing the Maine AAP's social media presence to a new level and improving communications.



When asked to share what she enjoys about her work with the social media platforms, Dr. Buczkowski stated, **"Working with the Maine AAP on its social media platforms has been super fun! It is a new way to engage with the Chapter membership and promote issues that we care about as a Chapter."**

Click the link below to read the full interview with Dr. Amy Buczkowski regarding her ongoing work to improve communications, the Maine AAP's social media presence and her experience as a member of the AAP.

[READ THE INTERVIEW](#)



Let's Talk about Obesity Care Podcast

Launched last fall, this series of podcasts from Let's Go! focuses on thought-provoking and informative conversations to support medical providers interested in obesity prevention and treatment. Dr. Carrie Gordon is the podcast host and has spoken with several experts on topics including anti-obesity medications in primary care, food insecurity and its connection to health, physical activity and physical literacy, and more.

[LISTEN HERE](#)



Pediatric Psychiatry in the Primary Care Setting ECHO Learning Series - Dec 2022- Feb 2023

Using the ECHO model, participants present a real (anonymized) case to the specialists--and each other--for discussion and recommendations. Participants learn from one another, as knowledge is tested and refined through a local lens. With an "all teach, all learn" approach, the knowledge-sharing model brings together specialists from multiple focus areas for a robust, holistic approach. This continuous loop of learning, mentoring and peer support is what makes ECHO unique, with a long-lasting impact.

[REGISTER HERE](#)

Media Influences on Physical, Mental and Social Health

December 14, 2022 7:30-8:30 am via Zoom

The potential links between young people's media use and their health and well-being came to the forefront during the covid-19 pandemic. Actionable recommendations will be provided for clinicians to help them address the digital wellbeing of their patients.

[REGISTER HERE](#)

National Health Center Training & Technical Assistance Partners 2022-2023 Learning Collaborative Applicant Interviews are Starting!

The Collaboratives will include a series of videoconference learning sessions and coaching sessions with 10-12 primary care teams from across the country, quality improvement training, ongoing mentoring for coaches in your organization, technical assistance, and access to web-based tools.

[LEARN MORE AND APPLY HERE](#)

ME SUD Learning Community Program - 2022

November 10 - 4:00PM to 5:30PM - [Diagnosis and Treatment of ADHD in Adults with Substance Use Disorder: Applying Evidence to a Common Clinical Quandary](#)

November 16, 2022 - April 19, 2023 (Third Wednesdays of the month), 12:00PM to 1:00PM - [Adolescent & Young Adult ECHO: Expand Access to MOUD/SUD Treatment](#)



To request technical assistance or view a complete listing of ME SUD Learning Community Programs visit [here](#).



Adolescent & Young Adult Health Webinar Series - 12 Noon

- November 17, 2022 - [SOGI \(Sexual Orientation & Gender Identity\)](#) presented by Brandy Brown & Brock Libby
- December 15, 2022 - [Putting it All Together: the Adolescent & Young Adult Well Visit](#) presented by Jon Fanburg & Brock Libby
- January 19, 2023 - [Helping Parents of AYAs](#) presented by Kathryn Best

[MORE INFORMATION](#)

MaineHealth Center for Tobacco Independence

Tobacco Treatment Training and Education Offerings

Advice and assistance from a healthcare professional remains a powerful tool for helping tobacco users quit and these patients should be offered assistance at each healthcare visit.

The MaineHealth Center for Tobacco Independence provides a variety of tobacco treatment trainings and education programs for providers and health professionals. Learn more about current opportunities at CTIMaine.org/Education.

Download the [Treating Tobacco Together: Training Offerings Schedule](#) | View [Upcoming Webinar Opportunities](#) | Sign-Up for the [CTI newsletter](#) list to get the latest training information. CTI provides education and training on evidence-based tobacco treatment to healthcare, behavioral and public health professionals in Maine on behalf of the Maine Center for Disease Control, Department of Health and Human Services.

Benefits of WIC to Share with Patients

WIC is open to anyone living in Maine, including migrants working in Maine. Applicants can be any of the following:



- Women and birthing parents who are pregnant, breastfeeding, chest feeding, or had a baby in the last six months.
- Infants and children up to the age of five, including adopted and foster children.
- Non-birthing parents or guardians may apply for their children.

Services include Healthy Foods, Nutrition Education, Breastfeeding/Chest feeding Supports and referrals to other services. WIC improves Health Outcomes in families by early identification and referral for suspected hypertension, reduction in low birth weight and premature labor. Babies born to a mother using WIC are 33% less likely to die in 1st year of life.

[VISIT THE WEBSITE](#)

Maine CDC Issues New Lead Guidelines

Click the link below to learn provider information regarding childhood lead poisoning!

[FOR MORE INFORMATION](#)

American Academy
of Pediatrics



DEDICATED TO THE HEALTH OF ALL CHILDREN™

New Tobacco Control Advocacy Toolkit

Pediatricians serve as trusted messengers and advocates in conversations regarding regulation of tobacco products.

Check out the new, comprehensive [New Tobacco Control Advocacy Toolkit](#) from the AAP, with resources for advocates working on key issues around pediatric tobacco use and exposure. Each section includes a brief overview of the issue area, advocacy resources, advocacy opportunities and, where applicable, parent-facing resources.

Other AAP Resources

- [Fall 2022 AAP Advocacy Report](#) - Summary of recent federal and state advocacy activities.
- Refresh Infection Prevention and Control Measures with PediaLink course, [“Infection Prevention and Control for Pediatric Clinics.”](#) Additional resources can be found in the [CDC online toolkit](#).
- [New Children with Medical Complexity Page](#) on AAP.org - Information on care improvement initiatives and practical clinical resources.
- Conversations About Care Podcast: [A Conversation on Eliminating Race-based Medicine](#) - Listen to the latest podcast episode from the AAP Institute for Healthy Childhood Weight [“Going Beyond Race: A Conversation on Eliminating Race-based Medicine.”](#)

New Bright Futures Resources

Clinical Implementation Tip Sheets & Resource List

The Bright Futures National Center published 4 new clinical implementation tip sheets and updated the [Bright Futures/AAP resource list](#). The new tip sheets offer practical advice to help you integrate the Bright Futures approach, tools, and resources into your daily practice.

- [Practical Tips for Promoting Relational Health](#)
- [Promoting Healthy Development of Sexuality and Gender Identity](#)
- [Promoting Physical Activity](#)
- [Promoting Safety and Injury Prevention](#)

Bright Futures Family Pocket Guide, 3rd Edition

The [Bright Futures Family Pocket Guide: Raising Healthy Infants, Children, and Adolescents](#),

3rd Edition, was written by families, for families, to share important health promotion information and activities in a family-friendly, accessible way. The guide can be downloaded in both [English](#) and [Spanish](#).



Angel Flight East, a Philadelphia based nonprofit, is dedicated to flying patients to treatment centers for free. The 400+ volunteer pilots donate their time, talent, and all associated costs of the flight.

Angel Flight East covers 14 states, Virginia, to Ohio, to Maine. For locations outside of our territory, there are other organizations that do the same work. These organizations partner daily to help patients travel a little farther. Please contact Maddy for more information: mbeck@angelflighteast.org.

Maine AAP is a 501(c)(3) charitable organization - donations are 100% tax-deductible.

You can also donate to the Maine Chapter by shopping on AMAZON! By selecting the Maine AAP, each time you make a purchase on Amazon, the chapter will get a small donation. This is a no-hassle way for you to help our Chapter and children's health efforts in Maine! Simply click the link below to sign up - Thank you!



<http://smile.amazon.com/ch/20-4901024>



RAFFLE/GIVE AWAY FOR NOVEMBER!!

Winner gets a choice between a Maine AAP fleece vest or a 50% off coupon for a Maine AAP program of their choice in 2023! **ENTER**

AAP Member Benefits

- New [online leadership courses](#) developed with American Association of Physician Leadership
- Access to the COVID-19 supply store -discounted pricing via the [AAP Amazon Business Account](#)
- Regular [updates and information](#) to support you during the COVID-19 pandemic
- State-specific information and resources on [your chapter's website](#); (If you're not a member of your chapter, please consider [joining today](#))
- Access to the [AAP Volunteer Network](#) (found at collaborate.aap.org) to find an engagement opportunity that fits your schedule and skillset

Connect with us on Social Media!!

The power to spread good messages, share new clinical info or pertinent articles is exponential when using social media platforms such as Twitter, Facebook, LinkedIn and Instagram.



<https://linktr.ee/maineaap>

[Unsubscribe dee.kerry@maineaap.org](mailto:dee.kerry@maineaap.org)

[Update Profile](#) | [Constant Contact Data Notice](#)

Sent by dee.kerry@maineaap.org in collaboration
with



Try email marketing for free today!