



# Maine Pediatrics

March 2024

## Newsletter: Highlights

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### President's Message from Laura Blaisdell, MD, MPH, FAAP

When I say March Madness, what do you think of? a) continuing to need to wear YakTraks despite crocuses appearing? b) trying to finally beat your in-laws in your family's basketball bracket? c) the Mad Fun that we are going to be bringing to the Samoset on March 22-24?

I hope it is *at least* the latter.

The Education Committee has put together a stellar lineup of topics to bring us together! MeAAP's other committees continue to operate on full throttle as we create new standards for school providers, establish our place at the Gun Violence table, give voice to the challenges and opportunities of Mainers in foster care, continue to support youth with substance abuse disorders and support our members as they go about the business of caring for Maine's children and adolescents. Where we will stop, no-one knows — but I go to bed each night smiling and 110% confident that Maine is a much better place because of what *you all did that day on behalf of our future*.

*And others appreciate us too.* I can't help but chuckle when I hear at the State House, "What would the pediatricians do?" or refrains in the same vein. Someday you will see a car with a bumper sticker that says "WWPD?"— you will know it is me and if you would like a sticker that says that. I will see you at the Samoset in a few weeks.

**Spotlight: Maine AAP Conference - March 22-24 - Rockport**  
Deadline to Register is Friday, March 15!

[Samoset Reservations Link](#) | [Register Now](#) | [View Agenda](#)



Maine AAP  
2024 Spring Conference  
March 22-24, Samoset Resort  
Rockport, Maine

## Educational Session Topics

Attend to learn about:

- Trauma Focused Care
- Tick-borne Diseases
- Antibiotic Resistance
- Firearm Safety & Education
- Pediatric Dentistry & Silver Diamine Fluoride
- Emergency Preparedness
- Advocacy Updates

## Featured Speakers



*Annie Andrews, MD*

Dr. Andrews is a pediatrician and a gun violence prevention researcher and community advocate working to reduce the frequency of pediatric firearm injuries. She is a Senior Advisor to Everytown for Gun Safety and Moms Demand Action, and the CEO and Founder of *Their Future. Our Vote*.

*Marc Auerbach, MD*

Dr. Auerbach is a Professor of Pediatrics and Emergency Medicine at Yale. He is the Director of Pediatric Simulation at the Yale Center for Medical Simulation and was the founding co-chair of INSPIRE, the world's largest simulation-based research network.



*Moira Szilagyi, MD, PhD*

Dr. Szilagyi is the Immediate Past President of the National AAP. She is a pediatrician, educator, and Professor of Pediatrics at UCLA, where she is Division Chief of Developmental/Behavioral Pediatrics and Peter Shapiro Term Chair for the Promotion of Developmental and Behavioral Health.

## Welcome Pizza Party on Friday Night

Bring your family/friends and join fellow members at the opening night pizza party!

## Kids' Recreation Room

Games, activities, and more! The recreation room will keep your younger children entertained throughout the conference!

## Yoga Class on Saturday Morning

## Discounted Room Block

## 2023 Highlights



### Resident Poster Session

Eleven posters were presented during the 2023 Conference in conjunction with a networking reception (pictured above - Micah Ludwig, MD) Applications for the 2024 poster session will open soon!

Advocate for children, Representative Lori Gramlich was awarded Legislator of the Year by the Maine AAP.



Resident of the Year, Danielle Doctor, MD, receiving her award from her mentor, Dr. Annie Coates

*"I feel better equipped to educate my patients and their families now. These topics come up frequently...I'm grateful to have this timely, evidence based knowledge."*  
- 2023 Conference Participant

Use this QR Code to register for the conference.



New Maine AAP Members will get a \$100 discount off of the annual conference fee! Visit the Maine AAP website to join!



## Advocacy/Legislation

**Take Action!** Maine AAP has launched a Take Action System to give timely updates, provide easy clickable steps to identify and communicate with your legislators, and read about bills on critical subjects pertaining to child health. [Check it out!](#)

**Residents/Students:** Join us for our first **Pediatric Trainee Legislative Advocacy Day at the Maine State House on March 7, 2024!** The event will feature legislative briefings, lunch with legislators, and optional afternoon hearings. Residents in Pediatrics, Med-Peds, and Family Medicine are welcome! [Register Now!](#)

**Legislation on Gun Safety and Mental Health - Critical bills have hearings this week.** Visit <https://www.mainegunsafety.org/> to learn which ones and how you can participate in this process!

## Project Firstline

Maine pediatric infectious disease specialist and MAAP



Chapter Champion for infectious disease and infection prevention, Amanda Goddard, has created a 15-minute video about environmental cleaning!

\*\*\*[VIEW THE RECORDING HERE](#)\*\*\*

Check out the following helpful resources, guides, and videos as well!

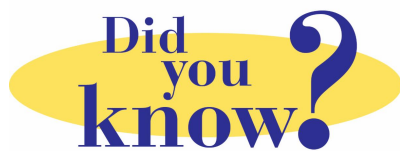
- [AAP Cleaning and Disinfecting Resources](#)
- [CDC Infection Prevention for Outpatient Settings](#)
- [CDC Project Firstline Common Reservoirs in the Healthcare Environment: Germs Live in the Environment](#)

Gifts to  
Maine AAP  
directly  
impact the  
health and  
well-being of  
children in  
Maine.

Please  
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making a gift  
today - [click  
here.](#)

## In the News

- **New Resources from the AAP - Trauma Informed Pediatric Care:** The AAP released a new video, *The Power of Relationships in Pediatric Care: Uncovering Trauma and Adversity*. [Learn more.](#)
- **Maine Parent Federation** recently updated their summer camp directory. It is available on their website, <https://www.mpf.org/publications-links/>. If you would like a printed copy, call 207-588-1933, or E-mail [parentconnect@mpf.org](mailto:parentconnect@mpf.org).
- In case you missed the "AAP Call to Action on Breastfeeding: Connect to Local Communities, Hospital Taskforces, & National Projects" webinar on January 31, find the recording [here](#).
- Join the American Cancer Society and National HPV Vaccination Roundtable for a 10-month free Rural HPV Vaccination Learning Community beginning in March. [Learn more.](#)
- Opportunity to join the AHRQ Safety Program for Telemedicine: Improving Antibiotic Use! [Read more.](#)



**March is SUDC Awareness Month.** SUDC is defined as the sudden and unexpected death of a child 12 months and older that remains unexplained after a thorough death investigation including an autopsy. The Centers for Disease Control and Prevention reveals that SUDC affects approximately 450 children between the ages of 1 and 18 each year. Due to the majority of these deaths occurring between the ages of 1 and 4, SUDC ranks as the **fifth** leading cause of death; yet it remains notably absent from our medical education curriculum. Sadly, the lack of awareness within the medical community means that families often find the SUDC Foundation independently, if at all. [Learn more.](#)

**Caring for the Caregivers: Building a Resilient Workforce and Organization.** This conference, sponsored by the Maine Hospital Association and Maine Medical Association, is intended for physicians, advance practice providers, nurses and care team leaders. Join us as we gather to identify best practices and new approaches that can be implemented to improve wellness and resilience, both at the individual and organizational levels. **When:** March 13, 2024, 9:00AM - 4:00PM. **Where:** Augusta Civic Center, 76 Community Drive, Augusta, ME 04330.

## Upcoming Maine AAP Programs

**Maine AAP 2024 Spring Conference: March 22-24, 2024, at the Samoset Resort.** Read more in the [brochure](#) and [register!](#)

**Save the Date! April 2, 2024 - 12PM Lunch & Learn with Jonathan Fanburg, MD and Deborah Hagler, MD, MPH: Treatment Strategies in Primary Care: Nicotine Replacement Therapy & NAC Treatment for Cannabis Use Disorder.** Register for this webinar!

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## Upcoming Partner Programs

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**March 14, 2024 - 12:00PM - 1:00PM: Monthly Adolescent/Young Adult ECHO: Expanding Services for OUD/SUD and Mental Health and Other Complexities Faculty.** [Learn more.](#)

**March 15, 2024 - 8:00AM - 3:30PM: ME SUD 2nd Annual Conference: Saving Lives: Working Together to Improve SUD and OUD Care & Outcomes.** [Learn more.](#)

**March 18, 2024 - 1:00PM - 3:00PM: The Maine CDC wants to learn about issues that are of most concern to families in Maine.** [Learn more.](#)

**March 19, 2024 - 12:00PM - 1:00PM: Free virtual Pediatric Environmental Health (PEH) Grand Rounds with Dr. Medina Jackson-Browne.** [Learn more.](#)

**March 20 & 21, 2024 - Virtual: Fourth Annual Hope Summit: The HOPE Transformation.** [Learn more.](#)

**The Maine State Breastfeeding Coalition's 'Connecting the Dots' networking meetings are every other month (Jan, March, May, Sept, Nov) in 2024.** [Learn more.](#)

**April 4, 2024 - 12:00PM - 1:00PM: Maine State Breastfeeding Coalition Offers a FREE Educational Webinar. Empowering Lactation Providers: Supporting Breastfeeding Through Disasters.** [Learn more.](#)

**April 25, 2024 - 7:00AM - 5:00PM: AWHONN Maine 2024 Conference "Hot Topics in OB and Newborn Care."** [Learn more.](#)

## Connect with us on Social Media!

The power to spread good messages, share new clinical info or pertinent articles is exponential when using social media platforms such as Twitter, Facebook, LinkedIn, and Instagram. <https://linktr.ee/maineaap>

[Update Profile](#) | [Constant Contact Data Notice](#)

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