



Maine Pediatrics

October 2024 | Newsletter Highlights

- **President's Message:** Maine AAP attends the Northern New England Advocacy Collaborative (NNEAC)
- **Announcement!** Operation Access: Diagnosing Autism in the Medical Home
- **Maine AAP School Health Series:** Don't Miss the Immunization Presentation on October 1st by Dr. Laura Blaisdell
- **Connect with us on Social Media!**
- **'Did you Know?'** Governor Janet Mills Officially Recognizes October 4th as 10-4 Awareness Day
- **Upcoming Maine AAP Programs:** School Health Series, Fall Series, and TREAT ME
- **'In the News'** New training modules, resource guides, toolkits, and more!
- **Upcoming Partner Programs:** Check out the MANY beneficial and important programs coming in October!



A Message from Maine AAP's President Brian Youth, MD, FAAP

Can anyone guess where this picture is from? First 5 correct responses get ½ price discount to the upcoming **“Operation Access: Diagnosing Autism in the Medical Home”**- a hybrid in-person, virtual, and asynchronous opportunity coming up this winter (see below for more details)!



A highlight for the Maine AAP this past month was the 6th annual Northern New England Advocacy Collaborative (NNEAC)— a meeting that includes AAP leadership and the Pediatric Residency Programs from Maine, New Hampshire and Vermont. The role of hosts rotates between the three states - the program was held at Dartmouth this year. Pediatric Interns and Residents, along with Residency Leadership from each state, attended with the goal of **sharing their advocacy projects** and




focusing on the public health issue of gun violence. National AAP President Dr. Ben Hoffman and CEO Mark Del Monte also attended to share their updates and perspectives. **Next year the conference will be in September and Maine will once again be hosting this dynamic event!**

Committee Highlight: Did you know the Maine AAP has a new committee called *Environmental Health and Climate Change*? This committee is co-chaired by Drs. Erin Flynn from Maine General and Abby Fleisch from Maine Medical Center. Let us know if you are interested in joining this committee!

I hope to see you at the Lewiston area 'Mixer' on Tuesday night, October 1st. Enjoy the fall colors this month!

Announcement!

Operation Access: Diagnosing Autism in the Medical Home







Operation Access: Diagnosing Autism in the Medical Home

This longitudinal collaborative learning experience, designed for primary care providers, is structured to teach updated diagnostic strategies for recognizing, evaluating, and diagnosing autism in early childhood in the primary care medical home and promoting more timely access for early intervention services.

Sessions will be a combination of in-person, virtual webinars, and some asynchronous learning and will include education on use of the ASD-PEDS as a diagnostic tool.

Speakers Include:

Dr. Victoria Dalzell
Dr. Ellen Popenoe
Dr. Brian Youth
Dr. Carol Hubbard

Stay tuned for more details and registration information!

Visit the Website for More Information**ADD REGISTRATION
LINK TO FLYER FOR WEBSITE FIRST

We invite Pediatricians, School Health Advisors, School Nurses, Social Workers, Guidance Counselors, and anyone interested in the health of school-age children to join us!



Maine AAP School Health Series

In Partnership with the
Maine Department of Education

The First Tuesday
of Every Month
3:30pm - 4:30pm

7 CME Credits Available

REGISTER AT:

<https://www.surveymonkey.com/r/SchoolHealthSeries>



October 1

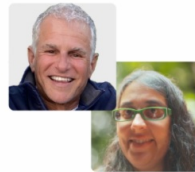
2024 Maine Schools & Vaccines: What School Nurses & Providers Need to Know



LAURA BLAISDELL,
MD, MPH, FAAP

November 5

Understanding School Absences as a Risk Factor



BRIAN YOUTH, MD, FAAP
& JESSICA ANDERSON

December 3

School Nursing in the Provision of Services to Students with Disabilities



ERIN FRAZIER

January 7

Keep Calm and Coregulate: A Trauma-Informed Response to Behaviors



GRETCHEN PIANKA,
MD, MPH, FAAP

February 4

Emotional Dysregulation in the School Setting



KASEY MOSS,
DO, MPH

March 4

Confidentiality for Minors



JONATHAN FANBURG,
MD, MPH, FAAP

April 1

Youth Suicide Prevention



ALYSSA GOODWIN,
MD, FAAP &
SHAMERA SIMPSON

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Hanley Center for Health Leadership and Education, the Maine Chapter American Academy of Pediatrics, and the Maine Department of Education. The Hanley Center for Health Leadership and Education is accredited by the Maine Medical Association Committee on Continuing Medical Education and Accreditation to provide continuing medical education for physicians.

The Hanley Center for Health Leadership and Education designates this regularly scheduled series for a maximum of 7 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

[Register Here](#)



Connect with the Maine AAP on Social Media!

Join us in using the power of social media to spread good messages, share new clinical info or pertinent articles on platforms such as Twitter/X, Facebook, LinkedIn, and Instagram. <https://linktr.ee/maineaap>

Gifts to Maine AAP directly impact the health and well-being of children in Maine.

Please consider making a gift today - [click here](#)








Governor Janet Mills Officially Recognizes October 4th as 10-4 Awareness Day!

TEN-4-FACEsp



Bruising Clinical Decision Rule for Children < 4 Years of Age

When is bruising concerning for abuse in children < 4 years of age?
If bruising in any of the three components (Regions, Infants, Patterns) is present without a reasonable explanation, strongly consider evaluating for child abuse and/or consulting with an expert in child abuse.

<p>TEN Torso Ears Neck</p>  <p>FACES Frenulum Angle of Jaw Cheeks (fleshy part) Eyelids Subconjunctivae</p> <p>REGIONS</p>	<p>4 months and younger</p>  <p>Any bruise, anywhere</p> <p>INFANTS</p>	<p>Patterned bruising</p>  <p>Bruises in specific patterns like slap, grab or loop marks</p> <p>PATTERNS</p>
--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	------------------------------------------------------------------------------------------------------------------------------------------------------------------------	---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

See the signs Unexplained bruises in these areas most often result from physical assault. TEN-4-FACEsp is not to diagnose abuse but to function as a screening tool to improve the recognition of potentially abused children with bruising who require further evaluation.

TEN-4-FACEsp was developed and validated by Dr. Mary Clyde Pierce and colleagues. It is published and available for FREE download at: lariechildrens.org/ten-4-faceps.



© Ann & Robert H. Lurie Children's Hospital of Chicago

Medical professionals use TEN-4-FACEsp as a screening tool to determine when bruising on a child under 4 years old is likely caused by abuse.

In her letter of support on September 20th, Gov. Mills wrote: "In 2022, there were more than 1000 substantiated cases of child physical abuse in Maine, with a majority of these victims being younger than 4 years of age." The high rate of abuse in Maine was a catalyst to the Governor signing this proclamation.

Maine AAP works closely with the Maine Children's Trust to educate providers and others providing care and services to children to improve screening and reporting.

Upcoming Maine AAP Programs

October 1, 2024 | 3:30-4:30PM: Maine AAP School Health Series in Partnership with the Maine Department of Education. The first session is *2024 Maine Schools & Vaccines: What School Nurses & Providers Need to Know* by Dr. Laura Blaisdell. Be sure the [register!](#) Download the flyer [here](#).

October 2, 2024 | 7:00-8:00PM: Maine AAP Fall Series: Asthma Action Plans & SMART by Dr. Annie Coates. [Learn more](#).

October 9, 2024 | 7:00-8:00PM: Maine AAP Fall Series: Perinatal Hepatitis C, HIV, and Congenital Syphilis in Maine by Helen Price-Wharff, MPH, FNP. [Learn more](#).

October 16, 2024 | 7:00-8:00PM: Maine AAP Fall Series: Bumps to the Brain - 2024 Updates on Concussion Management by Dr. Michele Labotz. [Learn more](#).

October 23, 2024 | 7:00-8:00PM: Maine AAP Fall Series: Telehealth - What Clinicians Need to Know by Dr. Valerie O'Hara & Danielle Louder. [Learn more](#).

Download the full Fall Series flyer [here](#).

The Maine AAP & Maine Medical Association's Center for Quality Improvement Offer Ongoing Substance Use Treatment Education. View our [TREAT ME Learning Series](#), broken down into 12 Units, now available on the Maine Medical Association's Center for Quality Improvement [website](#).



In the News

AAP News Release: CPT + ICD-10-CM + NDC = Proper Coding for Flu Vaccines. [Read the full article.](#)

The AAP has a [Congenital Heart Defects \(CHD\) Awareness Toolkit](#) which features resources on ensuring that people with CHDs get the specialized care they need to stay healthy across their lifespan.

The AAP released a new [Resource Guide for Pediatricians: School Phone Policies](#) which contains tips for pediatricians when thinking about phone policies.

New "Ask the Pediatrician" Episode from [healthychildren.org](#) was released titled "Anxiety, Nutrition, Perfectionism & More." Find it [here](#).

OUT Maine has finalized the clinical and nonclinical [online training modules](#) for healthcare providers. Their interactive trainings are inclusivity-focus and trauma-informed, and are offered by experienced, informed members of the LGBTQ+ community.

Webinar Series on Eating Disorders: A Series of [three webinars from the Institute for Healthy Childhood Weight](#) will help explain the current prevalence and incidence of eating disorders, identify populations that are underdiagnosed, and introduce developmental and medical risks associated with eating disorders. The free videos also describe best practices, screening approaches, risk factor and unique medical complications of eating disorders.

Upcoming Partner Programs

October 1st | 12:00-5:00PM: Partnerships in Pediatrics Conference at MaineGeneral in Augusta. [View the flyer.](#)

October 2nd: Maine Public Health Association 2024 Annual Meeting: Innovations in Public Health. Visit the [event page](#).

October 4th | 11:30AM-12:30PM: Governor Mills Opioid Response Webinar Series - Best Practices in Supporting Youth and Families in Recovery by Jordana Willers. [Register here.](#)

October 9th | 12:00-1:00PM: ME SUD Learning Community Adolescent & Young Adult ECHO - Adolescent Specific Care & Addressing SUD Prevention and Treatment. [Register here.](#)

October 9th | 7:00-9:00PM: National Broadcast: Importance of Screening for Type 1 Diabetes. [Register here.](#)

October 10th | 7:30-8:30AM: Andy Cook Seminar on Pediatric Dysregulation at the Mid Coast Center for Community Health and Wellness in Brunswick. [Learn more & register here.](#)

October 15, 2024 | 12:00-5:00PM: Partnerships in Pediatrics Conference at MaineHealth MMC in Biddeford. [Learn more.](#)

October 18, 2024: Maine Nutrition Council Conference. [Learn more](#)

October 23-24, 2024: Maine Primary Care Association 2024 Annual Conference "Maine's FQHCs: Employers, Providers, and Partners of Choice" at the Samoset Resort in Rockport, Maine. [Register here.](#)

October 30th & 31st: Annual Nurture ME Conference at the Augusta Civic Center. [Register here.](#)

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!