



Maine Pediatrics

October 2026 | Newsletter Highlights

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Maine AAP President's Message Anne Coates, MD, FAAP, FCCP, ATSF

Hello!

This nor'easter may have put a damper on our 9/27 Farmington Mixer and Diaper Fundraiser for the Farmington WIC Office (please be on the lookout for a rescheduled date!); it hasn't diminished the incredible work of Maine pediatricians.

Our legacy and commitment to advocacy was on full display at the recent Northern New England Advocacy Conference earlier this month (huge shout out to **Dr. Amy Buczkowski** for her leadership and organization of this tremendous annual conference for the pediatric residents of Maine Medical Center, Dartmouth and UVM) as our residents and faculty highlighted the excellent work they are all doing to deliver the most comprehensive care possible to Maine children and families. It was inspiring to witness the cross pollination amongst the three programs and help develop potential areas for collaboration. The Maine Chapter has long been closely involved in this fantastic conference and is a proud sponsor.

Equally inspiring is the outstanding work and dedication of our 2025 Maine Chapter Special Achievement Awardees, **Drs. Laura Faherty, Kristine Pleacher** and **Jeff Stone** related to the Maine Immunization Coalition, gun safety and prevention and oral health respectively. Congratulations!

As we all continue to do what we do best as pediatricians which includes educating, counseling and sharing the science behind our recommendations with our patients, families and communities, one of the most powerful tools we have at our disposal is **voting**.

Elected leaders at all levels of government shape policies that impact the health of children, families and our communities.

Election Day is **November 3**; join the AAP in getting out the vote and making sure you have a plan to cast your ballot!

Lastly, our chapter has a strong tradition of fostering the next generation of pediatricians. True to that mission, the Career/Leadership/Engagement Committee

will host a mixer at the UNE medical school campus in Portland on October 19th, 2026 from 5-7pm. Whether you are a student, resident, faculty or UNE alum, please come to celebrate this event. It is a great way to encourage future pediatricians!

In gratitude and solidarity,

Annie



Maine Immunization Coalition Strategic Planning Implementation Underway!

MIC's statewide steering committee, comprised of ten organizations, has been hard at work on their strategic plan to enhance vaccine confidence, unite vaccine messaging and partner alignment in health and public health across the state, and ensure strong vaccine requirements to prevent the spread of infectious diseases.



Check out our new website and be on the lookout for an announcement of a statewide meeting of all vaccine promotion partners in Maine this winter!

[Visit our New Website](#)



Advancing Youth Well-Being - Nov 7th Conference Featured Speaker: Alex Keuroghlian, MD, MSc, MPH

Today's children and adolescents are growing up in an era of unprecedented pressure - navigating social media, climate anxiety, identity-based violence, substance use, and mental health crises, often without the support systems they need. Meanwhile, pediatricians, family physicians, and child and adolescent psychiatrists are being asked to recognize and respond to increasingly complex presentations across both physical and mental health.

Join us on Saturday November 7th at the Augusta Civic Center for an amazing speaker and topic line up including Dr. Keuroghlian's talk, *Youth Violence, Bullying, and LGBTQ+ Youth Mental Health!* The conference offers 6.5 CME. Check out the full line up of topics and speakers and register:

Learn More and Register



ADVANCING YOUTH WELL-BEING THROUGH PARTNERSHIP: A COLLABORATIVE APPROACH TO MENTAL HEALTH

This conference brings together leading national experts and Maine clinicians for a full day of education, dialogue, and practical tools - designed specifically for the collaboration between primary care and psychiatric providers that today's youth urgently need.

NOV. 7, 2026

8:30AM-4PM

**AUGUSTA
CIVIC
CENTER**



**REGISTER
TODAY**

AT
MAINEAAP.ORG



MAINE ACADEMY OF
FAMILY PHYSICIANS

*Maine Council of Child and
Adolescent Psychiatry*



**WEDNESDAY
NOVEMBER 18TH
AT 5PM**



**REGISTER HERE
TO ATTEND VIA
ZOOM**



FOSTERING SYSTEMS CHANGE:



ORAL SIGNS OF ABUSE AND NEGLECT

This webinar is designed for pediatric healthcare professionals who care for children involved in Maine's child welfare system. Participants will build the knowledge and confidence needed to identify oral signs of abuse and neglect, understand Maine's abuse and neglect support processes, and navigate questions about suspected abuse and neglect using available resources.

Speakers:

**Nicholas
Miles, MD, MSc**
Child Abuse
Pediatrician



**Angela Stout,
DMD, MPH**
Pediatric
Dentist

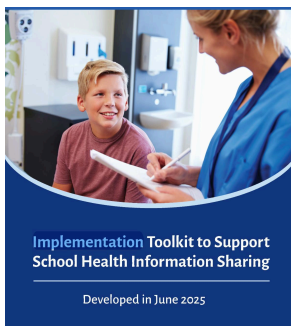


1 CME CREDIT

The Hanley Center for Health Leadership and Education designates this Live Activity for a maximum of 1 AMA PRA Category 1 Credit™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Hanley Center for Health Leadership and Education and The Maine Chapter American Academy of Pediatrics. The Hanley Center for Health Leadership and Education is accredited by the Maine Medical Association Committee on Continuing Medical Education and Accreditation to provide continuing medical education for physicians.

[Register Here](#)



Did you Know?

The American Academy of Pediatrics (AAP) and the National Association of School Nurses (NASN) have developed the *Implementation Toolkit to Support School Health Information Sharing*. Maine AAP Board Member, Dr. Alyssa Goodwin, was an author and subject matter expert in the development of this toolkit!

In The News

John Hopkins Bloomberg School of Public Health, Center for Gun Violence Solutions just released the ***Extreme Risk Protection Orders (ERPO): Implementation Guide for Clinicians***.

Maine DHHS put out a press release, ***Maine CDC Shares Respiratory Virus Season Reminders***. Read more for the Maine CDC's recommendations to protect yourself and others.

Study Finds 17% Of Children Prescribed A GLP-1 Wind Up Diagnosed With A Nutritional Deficiency. A recent study found that 17% of "children prescribed a GLP-1 medication wind up diagnosed with a nutritional deficiency" within one year of beginning treatment.

Upcoming MaineCare Cuts Will Hit Rural Maine Hardest. According to the Maine Center for Economic Policy, 29,000 Mainers could lose MaineCare coverage starting in January as a result of H.R. 1.

Survey Shows Parents' Lack of Awareness about E-Bikes. Concern is growing that e-bikes pose a hazard to the safety of both pedestrians and the children riding them, very few parents truly understand the dangers.

WORRIED ABOUT A PATIENT? AN ADOLESCENT IN YOUR NEIGHBORHOOD or COMMUNITY?

TREAT ME Now offers rapid response assessments for youth aged 13 - 19 who are struggling with mental health challenges and substance use.

TREAT ME Now offers a low barrier rapid assessment system to evaluate youth 13-19 Struggling with substance use/misuse/substances in appropriate care settings. In addition to primary care or hospital based services, this model could include counseling, case management or residential placement and additional services as needed. Referral to the TREAT ME Now system can come from a variety of sources:



Schools



Emergency
Departments



Youth
Justice



Self/
Family



Primary
Care



Youth
Organizations

The 'HUB' - A Team Approach to Care

The rapid evaluation team operates as the 'HUB' to provide a rapid intake, expert assessment, and recommend/offer patient-centered low barrier care.

- Rapid response: connection **within 24 hours** via phone or virtual platform.
- Plan initiated **within 72 hours** or sooner.
- Primary care office is alerted, if not the referral source, and offered support.
- Guidance to appropriate ED, if needed.
- Treatment protocols that include wrap around care will be provided.



(207) 893-0386

www.day-one.org/online-referral



Maine AAP relies on donations from members and friends to enable us to continue growing and providing advocacy, education and child health project collaboration throughout Maine! Please consider making a donation today!

[Donate Here](#)

Upcoming Partner Programs

October 1st: MPHA Annual Conference - *Nourish to Flourish: Cultivating Healthy Communities for Today and the Future* at the Augusta Civic Center. [Register Here.](#)

October 2nd | 11:30 - 12:30PM: The Maternal, Fetal, and Infant Mortality Review Panel. [Register here.](#)

October 2nd-4th: Maine Medicine Educational Summit, MMA's 173rd Annual Session at the Harborside Hotel in Bar Harbor. [Register here.](#)

October 5th | 10:00 - 11:00AM: Federal Changes to MaineCare Webinar - Child & Family Well-Being Webinar Series. [Learn more.](#)

October 7th | 12:00 - 1:00PM: MPBHP's Pediatric Psychiatry ECHO - *Reaching Youth: Substance Use Prevention and Treatment.* [Register here.](#)

October 22nd | 7:30 - 8:30AM: MPHPB Monthly Morning Webinar *Art and Youth Mental Health.* [Register here.](#)

October 27th | 9:00AM - 3:00PM: MaineCare Provider Conference *Stronger Together: Navigating Change Through Collaboration.* [Register here.](#)

October 27th | 7:30 - 8:30AM: MPBHP Webinar: Art and Youth Mental Health with Dr. Saffron Homayoun and Dr. Megan Fisher. [Learn more and register.](#)

November 5th: Maine CDC's 2026 Nurture ME Conference - *Power of Perspective: Dismantling Stigma and Bias to Strengthen and Support Families* in Bangor, Maine. [Register here.](#)



**Connect with Maine
AAP on Social Media!**

Follow us on X, Facebook,
LinkedIn, and Instagram, and
BlueSky where we continue to
share pro-pediatric health
messages, new clinical info and
pertinent articles.

<https://linktr.ee/maineaap>

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