Opioid Educational Outreach Workshop

The Maine Chapter of the AAP is pleased to announce it will host a workshop on Saturday, Sept 8th, as part of the MMA Annual Session, on Opioid Prescribing. This program is offered at no charge to MAAP and/or MMA MEMBERS as a member benefit. This workshop will fulfill Maine Licensure requirements for Opioid CME as required by Chapter 488 law effective 2017 for all disciplines.

Please join us for an engaging 3 hour workshop which will include “blitz” didactics, multi-media components, case-based studies, and small group discussions. This newly designed CME program was created by practicing physicians and designed to change practice behaviors using a patient centered perspective. This session will be specifically geared to meet the needs of pediatricians and will also have a component on stimulant medication prescribing. This will fulfill Maine Licensure requirements by Chapter 488 law effective in 2017.

1. “How did we get here?” the genesis of overprescribing of opioids & subsequent CDC Guidelines
   a. Opioid crisis in America/CDC guidelines
   b. Drug Affected Babies – Treatment for Mothers
2. Opioid Basics
   a. Calculate morphine milligram equivalents
   b. Discuss tapering strategies for pregnant/nursing mothers and adolescents
3. Transforming primary care/outpatient care practices regarding chronic opioid prescribing
   a. Emphasis on stimulant medications and parallels between benzos and opioids
   b. Discuss integration strategies for behavioral health and chronic pain management
4. Harm reduction: diagnosis & treatment of opioid use disorder including MAT, naloxone prescribing, risks of co-prescribing benzos
   a. Appropriately diagnose opioid use disorder
   b. Understand requirements and benefits of buphrenorphine prescribing
   c. Anticipate prescribing naloxone for all patients and families at risk
5. Enhancing provider communication skills, building patient/family centered care models & incorporating patient education into practice (including Choosing Wisely)
   a. Assess Adverse Childhood Event scores & impact on Trauma-Informed care
   a. Evidence-based review of alternative treatments for acute & chronic pain
   b. Discuss comprehensive acute pain management plans & reduce surgical overprescribing
7. Legal Update on ME Chapter 488 (Opioid Prescribing Law by MMA legal staff)
   a. Review elements of 488 that apply to all prescribers
   b. Understand rule-making process and implications for record keeping

This workshop is provided by MICIS, the Maine Independent Clinical Information Service. MICIS has been providing evidence-based prescribing CME throughout Maine since 2008. In 2017, MICIS will be focusing exclusively on OPIOID education required by Maine Law, Chapter 488. MICIS is a program of the Maine Medical Association, funded by Maine DHHS.

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