



Maine Pediatrics

September 2025 | Newsletter Highlights

- **President's Message**
- **Trauma-Informed Care Series:**
Registration is closing!
- **School Health Summit:** Early bird registration is open!
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THANK YOU TO NEW AND RENEWING HEALTH ALLIES

 **Martin's Point**

 **NEURELIS**

 **ALEXION**

 **moderna**



Maine AAP President's Message Brian Youth, MD, FAAP

I am just over the halfway mark in my stint serving as your Maine AAP President, which made me want to reflect back on one of the goals that I set out last summer, which was to strengthen the sense of community in the Maine AAP. I wanted every pediatrician in the state to see the Maine AAP as THEIR community - a place to come for education, advocacy opportunities, support, and most of all, camaraderie, regardless of what organization they work for, or where they practice. I can't think of another time in my career (except maybe COVID!) where we've all needed that sense of community on a daily basis, as we navigate caring for children in challenging times. I thank each and every one of you for your advocacy of pediatric care whether this be in the exam rooms with your patients, in front of school personnel, or at our conferences with colleagues, for what you do every day to put children first. Sue Kressly, current National AAP President states something that really resonates with me, and that is that 'every day you show up is a better day for children.' Thank you for being part of our community.

Dr. Jen Jewell (Board Member), Dee Kerry (Maine AAP Executive Director) and I attended the AAP Annual Leadership Conference in early August where we were inspired by the discussions on **continued advocacy for Medicaid**, continued work on **combating mis and dis-information** in our communities, and how to

empower and engage teams among other wonderful topics. We also participated in the Resolution process where leadership votes to adopt proposed Resolutions including a vote on the **top 10 resolutions** that go directly to the National AAP Board to focus upon. I urge you to review these links that highlight how important our role as a pediatrician is in 2025.

As the nights become cooler and we feel a bit of that seasonal change that comes in early September, and as we appreciate another year of pre-K kids moving up to kindergarten, high school grads heading off to college or the workforce, and pause to reflect on our own trajectories, I thank you for the energy, passion, and true sense of community that you all bring to our Maine AAP family.

Registration is Closing!



TRAUMA-INFORMED CARE: A CALL FOR INTERDISCIPLINARY COLLABORATION

A SIX UNIT LEARNING COLLABORATIVE

Focused on collaboration and practical solutions, this six unit learning collaborative will provide actionable insights for strengthening family systems, improving care outcomes, and promoting long-term healing.

Open to mental health professionals, educators, healthcare providers, legal professionals and community leaders.

Each unit has a live webinar and an asynchronous webinar. Upon registering, each participant will receive two books:

- Coaching Families for Resilience - How Pediatricians Can Support Caregivers and Prevent Burnout (Planka)
- The Trauma Informed Pediatric Practice - A Resilience-Based Roadmap To Foster Early Relational Health (Gillespie)

and additional TIC/relational health resources.

Live Webinars are held on the following Tuesdays from 4 – 5PM:

September 16, 2025
October 21, 2025
November 18, 2025
December 16, 2025
January 20, 2026
February 10, 2026

**FOR ADDITIONAL
INFORMATION AND
PROGRAM DETAILS, VISIT
WWW.MAINEAAP.ORG**



You **MUST** be registered for the series to receive the links to the asynchronous and live webinars and to receive CME or Education Credits. Only the first 200 people to register will have access to the series. All sessions will be recorded and later uploaded to the website for viewing (without the option for credit).

LEARN MORE AND REGISTER
HERE

2025 School Health Summit Registration is Open!

SCHOOL HEALTH SUMMIT

6.5 CME & Education Credits Available

Open to school health advisors, athletic trainers, child health providers, social workers, mental health clinicians, school nurses, school based health center staff, and others involved in school health!

Saturday, Oct. 25, 2025
8:00am - 4:00pm

Augusta Civic Center

Visit [Maineaap.org](https://www.maineaap.org) for the agenda and registration details



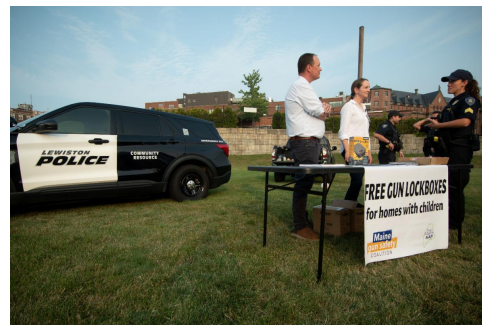
The Hanley Center for Health Leadership and Education designates this Live In-Person Activity for a maximum of 6.5 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Hanley Center for Health Leadership and Education and The Maine Chapter American Academy of Pediatrics. The Hanley Center for Health Leadership and Education is accredited by the Maine Medical Association Committee on Continuing Medical Education and Accreditation to provide continuing medical education for physicians.

To view the agenda and registration details, visit
<https://www.maineaap.org/education/2025-school-health-summit>

There is early bird pricing until October 1st, don't miss out!

Maine AAP Member Spotlight



Maine AAP Members Joe Anderson DO and Erin Van Wagenen, MD participated in the August 5th **'Lewiston Night Out' gun lock giveaway** - organized by the Lewiston Police Department in collaboration with the Maine Gun Safety Coalition. Dr. Anderson is our advocacy chair and a founder/leader in the Maine Providers for Gun Safety group organized after the October 2023 tragedy and both physicians work at CMMC in Lewiston. The event was very successful and

distributed over 150 lock boxes to families with firearms and children in the home.

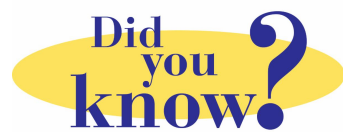
Photo Credit to **Michele Stapleton, Photojournalist, Brunswick**

Congratulations to Maine AAP Members for Receiving an AAP 2024 Special Achievement Award

Melissa Burch, MD, FAAP - For her dedicated advocacy including written and oral testimony, education and earned media promoting positive child health legislation with an emphasis on firearm safety and safe gun storage and her service to the Maine AAP as one of our CATCH facilitators.

Rosamund Davis, MD, FAAP - For the creation of a statewide coalition of Pediatric Emergency Care Coordinators and a website offering education and resources for PECC's, along with her work to improve pediatric services in rural ED's that don't have birthing centers, and her collaboration and promotion of EMS for Children hospital recognition.

Victoria Dalzell, MD, FAAP - For her hard work creating and executing a months-long learning collaborative, 'Diagnosing Autism in the Medical Home', which provided education and resources to 80+ pediatricians and her contributions to the Healthy Mental Development Committee's efforts to align and improve behavioral health services in Maine.



September is Safe Homes Awareness Month!

The State of Maine recognizes September as Safe Homes Awareness Month, an opportunity to bring attention to the importance of safe storage for firearms and prescription medications, along with other safe storage practices. Stay tuned for more information and resources from the Maine AAP this month, and [learn more here](#).

Did you know...

Supplemental Nutrition Program for Women, Infants, and Children (WIC) saves healthcare costs and savings could be increased if all eligible women were enrolled?



Every \$1 invested in WIC saves about \$2.48 in medical, educational, and productivity costs?

Children in WIC have higher immunization rates than children not on WIC and WIC screens for immunizations and lead tests and makes referrals?

WIC refers participants to food banks, has a Farmers Market Program, can help a family get special medical formula, and assists with MaineCare prior authorizations?

WIC families receive free nutrition education and language interpretation and translation in 22 languages is available?

WIC operates within all 8 public health regions at over 63 office sites and provided more than \$12 million in food benefits in 2024?

Gifts to Maine AAP directly benefit members and trainees by helping to support attendance at educational and legislative conferences!

Please consider making a gift donation today - [click here!](#)



Connect with Maine AAP on Social Media!

We recently joined BlueSky! Follow us there at [@maineaap.bsky.social](https://maineaap.bsky.social), in addition to on X, Facebook, LinkedIn, and Instagram where we continue to share pro-pediatric health messages, new clinical info and pertinent articles. <https://linktr.ee/maineaap>



In the News

The AAP has published their own evidence-based immunization schedule for infants, children and adolescents. You can find it in [RedBook Online](#), the AAP's clinical guidebook for infectious diseases prevention and treatment. To ensure it is easily accessible to all, it is also published at [AAP.org](#), as well as a parent-friendly version on [HealthyChildren.org](#). You can [read the message from AAP President Dr. Sue Kressly here](#).

Gather for Change: A Clinician Happy Hour with Purpose is a new clinical happy hour series in September and October. [Read the flyer for more information.](#)

Maine health providers, care teams, and community leaders are invited to ***Rooted Conversations: Strengthening Care Delivery Through Shared Dialogue*** - A World Cafe Workshop on Patient-centered Health Practice from 9:00AM-1:00PM on Friday, September 12 in Lewiston, Maine. [Learn more and register here.](#)

AAP Pediatric Mental Health Education Center Common Factors ECHO begins September 9th. All sessions are on Tuesdays from 4-5PM. [View the flyer and register here.](#)

Pediatrics The Official Journal of the AAP released a **Policy Statement** on *Recommendations for the Prevention of RSV Disease in Infants and Children.* [Read more.](#)

AFSP has released resource posters for primary care offices. You can view

and download them at the link below.

- **Mental health struggles are common. Talking to your pediatrician can help.**
- **Mental health struggles are common. There's a lot of power in talking it out.**

Upcoming Partner Programs

September 2nd | 3:30 - 4:30PM: Maine's Children and Youth with Special Health Care Needs Monthly Learning Series. [Learn more.](#)

September 3rd | 12:00-1:00PM: MPBHP Free Webinar Series - *Strengthening School-Primary Care Partnerships* with Dr. Alyssa Goodwin. [Learn more.](#)

September 8-10th: Northern New England Advocacy Collaborative Summit. [Learn more.](#)

September 9th | 8:00-9:00PM: Safe 2025 The Critical Shift from Federal to State Policies in Firearm Injury Prevention. [Learn more.](#)

September 11th | 3:00-4:00PM: MCD Global Health ECHO Series - From Risk to Resilience: *From Punishment to Positive Reinforcement*. [Learn more.](#)

September 16th | 12:00-1:00PM: PEH Grand Rounds Series Presents *PCBS: A Legacy Pollutant*. [Learn more.](#)

September 17th: Maine State Breastfeeding Annual Conference: "Empowering Infant Feeding: Early Support, Informed Care, and Collaborative Solutions" at the Augusta Civic Center. [Learn more and register here.](#)

September 18th | 3:30-4:30PM: Lactation Mythbusters: Mastitis, Milk Fistula, and More Webinar. [Learn more.](#)

September 18th | 12:00-1:00PM: RMOMS Maternal Mental Health Webinar Series begins and will be on the 3rd Thursday of the month. [Register for the series.](#)

September 18th | 12:00-1:00PM: Join the MIP Annual Respiratory Season Educational Lunch and Learn Webinar. [Learn more.](#)

September 25th | 3:00-4:00PM: MCD Global Health ECHO Series - From Risk to Resilience: *From Talking to Listening*. [Learn more.](#)

September 25th | 7:30-8:30AM: MPBHP Webinar: Reducing Suicide Risk: Counseling on Access to Lethal Means. [Register here.](#)

October 1st | 12:00-1:00PM: MPBHP Free Webinar Series - *Maine's Model for Adolescent Substance Use* with Dr. Deborah Hagler. [Learn more.](#)

October 2nd | 12:00-1:00PM: Maine State Breastfeeding Coalition Educational Webinar: *Functional Oral Evaluation of the Dyad*. [Learn more and register here.](#)

October 10th: 2025 Maine Youth Thriving Summit at Wolfe's Neck Center in Freeport, Maine. [Learn more and register here.](#)

October 23rd | 7:30-8:30AM: MPBHP Webinar: Navigating the Gut-Brain Axis presented by Dr. Noah Hoffman. [Register here.](#)

October 27th | 7:30AM-4:30PM: Maine Public Health Association 2025 Annual Conference - Connections Build Health: Sparking Conversations, Strengthening Communities. [Learn more and register here.](#)

October 30th: Save the date for the 2025 CDC Nurture ME Conference at the Augusta Civic Center.

2025-2026 Training Season Schedule for the Center for Tobacco Independence. [Learn more.](#)

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