

TREAT ME NOW RESOURCES

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Resource Locator

The Maine AAP has a resource locator tool that breaks down resources for providers and families of adolescents with a substance use disorder by county.

<https://www.maineaap.org/substance-use-disorder>

General Overview

Video

Addiction 101 - <https://www.youtube.com/watch?v=ySn20YJB2KQ>

Opioid Use Disorder - <https://www.youtube.com/watch?v=zOAZ5XylA1w>

Substance Use Presenting as/or Exacerbating Physical or Mental Illness in Teenagers -
<https://www.youtube.com/watch?v=BMjR9bQSkIQ>

Substance Use and Substance Use Disorders in Youth - https://www.youtube.com/watch?v=N_Mptt9ieRM

Resources for Providers

Best Practices for Addressing Adolescent Opioid Use - <https://www.maineaap.org/assets/docs/Best-Practices-for-Addressing-Adolescent-Opioid-Use.pdf>

Medication-Assisted Treatment of Adolescents with Opioid Use Disorders -
<https://www.maineaap.org/assets/docs/Medication-Assisted-Treatment-of-Adolescents-With-Opioid-Use-Disorders.pdf>

Search and Rescue Essentials - <https://www.maineaap.org/assets/docs/Search-and-Rescue-Essentials.pdf>

Investing in Adolescent and Young Adult Health Booklet -
https://www.treatme.info/assets/docs/Adolescent_Health_Investing_in_Adolescent_and_Young_Adult_Health_Booklet.pdf

Characteristics of Medicaid-Enrolled Adolescents with Unhealthy Opioid or Other Substance Use -
<https://www.treatme.info/assets/docs/Characteristics-of-medicaid-enrolled-adolescents-with-unhealthy-opioid-or-other-substance-use.pdf>

Access Maine - <https://www.accessmaine.org/>

211 Maine - <https://211maine.org/>

My Maine Connection - https://www.mymaineconnection.gov/benefits/s/?language=en_US

Regional Care Teams - <https://placemattersmaine.org/regional-care-teams/>

Find Treatment - <https://findtreatment.gov/locator>

Options - <https://knowyouroptions.me/>

Eyes Open for ME - <https://eyesopenforme.org/>

Maine Access Points - <https://www.maineaccesspoints.org/>

Resources for Families

Reducing Overdose Risk - <https://www.maineaap.org/assets/docs/Reducing-Overdose-Risk.pdf>

Opioids Fact Sheet - <https://www.maineaap.org/assets/docs/Opioids-Fact-Sheet.pdf>

The Facts About Fentanyl - <https://www.maineaap.org/assets/docs/The-Facts-About-Fentanyl.pdf>

Reducing the Risks of Fentanyl in the US - <https://nida.nih.gov/videos/reducing-risks-fentanyl-in-us>

What is Fentanyl - <https://nida.nih.gov/research-topics/trends-statistics/infographics/what-fentanyl>

Substance Type

Nicotine

Video

Nicotine Use Disorder - <https://www.youtube.com/watch?v=9t1PtvsRmUI>

Resources for Providers

E-cigarette Use Among Youth and Young Adults - <https://www.maineaap.org/assets/docs/E-cigarette-Use-Best-Practices-and-Considerations-for-Health-Care-Professionals.pdf>

E-cigarettes and Similar Devices - <https://www.maineaap.org/assets/docs/E-cigarettes-and-Similar-Devices.pdf>

Nicotine Replacement Therapy and Adolescent Patients: Information for Pediatricians - <https://www.maineaap.org/assets/docs/Nicotine-Replacement-Therapy-and-Adolescent-Patients-Information-for-Pediatricians.pdf>

Tobacco Use: Considerations for Clinicians - <https://www.aap.org/en/patient-care/tobacco-control-and-prevention/youth-tobacco-cessation/tobacco-use-considerations-for-clinicians/>

Health Care Professionals: Educate Your Young Patients About the Risks of E-cigarettes - <https://www.maineaap.org/assets/docs/Health-Care-Professionals-Educate-Your-Young-Patients-About-the-Risks-of-E-cigarettes.pdf>

Supporting Youth Who Are Addicted to Nicotine - <https://www.maineaap.org/assets/docs/Supporting-Youth-Who-Are-Addicted-to-Nicotine.pdf>

Tobacco Use Disorders - <https://www.maineaap.org/assets/docs/Tobacco-Use-Disorders.pdf>

Resources for Families

E-cigarette Use Among Youth and Young Adults - <https://www.maineaap.org/assets/docs/E-cigarette-Use-Best-Practices-and-Considerations-for-Health-Care-Professionals.pdf>

E-cigarettes and Similar Devices - <https://www.maineaap.org/assets/docs/E-cigarettes-and-Similar-Devices.pdf>

Alcohol

Video

Alcohol Use and Alcohol Use Disorder in Adolescents & Young Adults -
<https://www.youtube.com/watch?v=abh6zzUbzVo>

Resources for Providers

Prediction of Alcohol Withdrawal Severity Scale - <https://www.mdcalc.com/calc/10102/prediction-alcohol-withdrawal-severity-scale#why-use>

Alcohol Use by Youth - <https://www.maineaap.org/assets/docs/Alcohol-Use-by-Youth.pdf>

Medication for the Treatment of Alcohol Use Disorder: A Brief Guide -
<https://www.maineaap.org/assets/docs/Medication-for-the-Treatment-of-Alcohol-Use-Disorder-A-Brief-Guide.pdf>

Resources for Families

Alcohol Fact Sheet - <https://www.maineaap.org/assets/docs/Alcohol-Fact-Sheet.pdf>

Inhalants and Party Drugs

Video

Party Drugs & Inhalants - <https://www.youtube.com/watch?v=EglzM24RYQ>

Resources for Providers

Inhalant Drug Facts - <https://www.maineaap.org/assets/docs/Inhalants-Drug-Facts.pdf>

Clinical Research Article: Self-reported PTSD is Associated with Increased Use of MDMA in Adolescents with Substance Use Disorders - <https://www.maineaap.org/assets/docs/CLINIC1.PDF>

Understanding Adolescent Inhalant Use - <https://www.maineaap.org/assets/docs/Understanding-Adolescent-Inhalant-Use.pdf>

Resources for Families

Inhalants Drug Facts - <https://www.maineaap.org/assets/docs/Inhalant-Drug-Facts.pdf>

Inhalants: What You Need to Know - <https://www.maineaap.org/assets/docs/Inhalants-What-You-Need-to-Know.pdf>

Cannabis

Video

Adolescents and Cannabis Use - <https://www.youtube.com/watch?v=KCMC8YX7WuI>

Resources for Providers

Association of Cannabis Use During Adolescent with Neurodevelopment -

<https://www.maineaap.org/assets/docs/Association-of-Cannabis-Use-During-Adolescent-with-Neurodevelopment.pdf>

Marijuana and the Pediatric Population - <https://www.maineaap.org/assets/docs/Marijuana-and-the-Pediatric-Population.pdf>

The Impact of Marijuana Use and the Developing Brain - <https://www.maineaap.org/assets/docs/The-Impact-of-Marijuana-Use-and-the-Developing-Brain.pdf>

Resources for Families

Cannabis (Marijuana) Drug Facts - <https://www.maineaap.org/assets/docs/Cannabis-Marijuana-Drug-Facts.pdf>

Stimulants

Video

Stimulants: What Do I Need to Know and What Do I Do? -

<https://www.youtube.com/watch?v=E0vcXZvuTY4>

Resources for Providers

Prescription Stimulant Misuse and Preventing Among Youth and Young Adults -

<https://www.maineaap.org/assets/docs/Prescription-Stimulant-Misuse-Among-Youth-and-Young-Adults.pdf>

Prescription CNS Depressants Drug Facts - <https://www.maineaap.org/assets/docs/Prescription-CNS-Depressants-Drug-Facts.pdf>

Resources for Families

Depressants Fact Sheet - <https://www.maineaap.org/assets/docs/Depressants-Fact-Sheet.pdf>

Stimulants Fact Sheet - <https://www.maineaap.org/assets/docs/Stimulants-Fact-Sheet.pdf>

Prescription CNS Depressants Drug Facts - https://www.maineaap.org/assets/docs/Prescription-CNS-Depressants-Drug-Facts_2024-05-20-183120_ffra.pdf

Multiple Substances

Video

Use of Multiple Substances During Adolescence -
<https://www.youtube.com/watch?v=IDVbT2GaGV0&t=1s>

Resources for Providers

Other Drugs - <https://www.maineaap.org/assets/docs/Other-Drugs.pdf>

CDC Podcast on Polysubstance Use - <https://www.cdc.gov/stopoverdose/polysubstance-use/podcast/CDC-Podcast-The-Risks-and-Consequences-of-Polysubstance-Use.mp3>

Using Alcohol and Marijuana Together Exacerbates Negative Consequences in Young Adults -
<https://www.maineaap.org/assets/docs/Using-Alcohol-and-Marijuana-Together-Exacerbates-Negative-Consequences-in-Young-Adults.pdf>

Resources for Families

Polysubstance Use Facts - <https://www.maineaap.org/assets/docs/Polysubstance-Use-Facts.pdf>

Confidentiality

Video

Confidentiality for Adolescent Treatment in Maine -
<https://www.youtube.com/watch?v=SzU2XiKac24&t=6s>

Confidentiality for Adolescents Seeking SUD Treatment –
<https://www.youtube.com/watch?v=dALTlyJ8efw>

Resources for Providers

The 21st Century Cures Act & Adolescent Confidentiality - <https://www.treatme.info/assets/docs/The-21st-Century-Cures-Act-Adolescent-Confidentiality.pdf>

Protecting Confidentiality under Health Care Reform - https://www.treatme.info/assets/docs/Protecting-confidentiality-EOB-Policy-Brief_FINAL.pdf

Confidentiality Protections in Billing for Adolescent Health Care -
<https://www.treatme.info/assets/docs/Confidentiality-and-billing-in-adolescent-Health-care.pdf>

This content was provided by the TreatME Learning Collaborative that took place from October 2022 to November 2023. More information on TreatME can be found at www.treatme.info

Resources for Families

Minors' Rights; A Guide to Confidential Health Care in Maine -

https://www.treatme.info/assets/resources/Minors-Rights_-A-guide-to-confidential-health-care-in-Maine.pdf

Equity and Inclusion

Video

Working with Youth Who Use Substances – <https://www.youtube.com/watch?v=hYrPsh8QcRU>

Resources for Providers

Lesbian, Gay, Bisexual, Transgender, Queer, and Intersex (LGBTQI+): SAMHSA Programs and Initiatives -
<https://www.samhsa.gov/behavioral-health-equity/lgbtqi>

A Pediatrician's Guide to an LGBTQ+ Friendly Practice - <https://www.aap.org/en/patient-care/lgbtq-health-and-wellness/a-pediatricians-guide-to-an-lgbtq-friendly-practice/>

Building Health Equity and Inclusion - <https://attcnetwork.org/equity/>

Substance Use and SUDs in LGBTQ+ Populations - <https://nida.nih.gov/research-topics/substance-use-suds-in-lgbtq-populations>

Words Matter: Preferred Language for Talking About Addiction - <https://nida.nih.gov/research-topics/addiction-science/words-matter-preferred-language-talking-about-addiction>

Addition Nursing Competencies: A Comprehensive Toolkit for the Addictions Nurse -
https://journals.lww.com/jonajournal/fulltext/2021/09000/addiction_nursing_competencies_a_comprehensive.4.aspx

Building Health Equity and Inclusion - <https://attcnetwork.org/equity/>

Systemic Racism and Substance Use Disorders - <https://www.maineaap.org/assets/docs/Systemic-Racism-and-Substance-Use-Disorders.pdf>

Resources for Families

Pronouns Matter - <https://pronouns.org/>

Words Matter: Preferred Language for Talking About Addiction - <https://nida.nih.gov/research-topics/addiction-science/words-matter-preferred-language-talking-about-addiction>

Stigma Free Me - <https://www.nami.org/Get-Involved/Pledge-to-Be-StigmaFree/StigmaFree-Me/Stigma-Free-Quiz-Results>

Social Determinants of Health

Video

Social Considerations (Housing, School, Work, Juvenile Justice Involvement) -
<https://www.youtube.com/watch?v=iCJB0TD-h4>

Resources for Providers

- Substance Use Among Youth Experiencing Homelessness -
<https://www.maineaap.org/assets/docs/Substance-Use-Among-Youth-Experiencing-Homelessness.pdf>
- Social Determinants of Health - <https://health.gov/healthypeople/objectives-and-data/browse-objectives#social-determinants-of-health>
- Review of Evidence for Health-Related Social Needs Interventions -
<https://www.commonwealthfund.org/sites/default/files/2019-07/ROI-EVIDENCE-REVIEW-FINAL-VERSION.pdf>
- World Health Organization: Social Determinants of Health - https://www.who.int/health-topics/social-determinants-of-health#tab=tab_1
- Healthy People 2023: Social Determinants of Health - <https://health.gov/healthypeople/priority-areas/social-determinants-health>
- Addressing Social Determinants of Health: Examples of Successful Evidence-Based Strategies and Current Federal Efforts -
<https://www.aspe.hhs.gov/sites/default/files/documents/e2b650cd64cf84aae8ff0fae7474af82/SDOH-Evidence-Review.pdf>
- Screening Children for Social Determinants of Health: A Systematic Review -
<https://publications.aap.org/pediatrics/article/144/4/e20191622/38457/Screening-Children-for-Social-Determinants-of?autologincheck=redirected>
- Boston Medical Center: Thrive Screening Tool - <https://sirenetwork.ucsf.edu/tools-resources/resources/boston-medical-center-thrive-screening-tool>
- The Health Leads Screening Tool - <https://healthleadsusa.org/news-resources/the-health-leads-screening-toolkit/>
- Find Help - <https://www.findhelp.org/>
- Non-Emergency Transportation - <https://www.maine.gov/dhhs/oms/member-resources/transportation>
- McKinney-Vento Education in Maine -
<https://www.maine.gov/doe/schools/safeschools/counseling/highmobility/homelessed>
- Youth Peer Support Statewide Network (YPSSN) - <https://www.mainehealth.org/maine-behavioral-healthcare/care-and-services/counseling-and-therapy-services/peer-support/youth-peer-support-statewide-network>

A Handbook for Youth by Youth in Foster Care by Youth Leadership Advisory Team (YLAT) -

https://c0813ee5-b9d5-416c-a232-bb13f6f6a54b.filesusr.com/ugd/367d17_c246229a3fe143059f2cc23f72b74022.pdf

High School and Beyond: A Guide to Transition -

<https://www.maine.gov/dhhs/sites/maine.gov.dhhs/files/documents/ocfs/cbhs/documents>Youth%20Transition%20Booklet%202019.pdf>

Resources for Families

Maine Care Assistance - <https://www.maine.gov/dhhs/ofi/programs-services/health-care-assistance>

Guide to Katie Beckett Application Process - <https://www.maine.gov/dhhs/ocfs/support-for-families/childrens-behavioral-health/katie-beckett-option>

Barriers to Treatment / How to Engage Youth In Treatment

Video

Addressing Barriers to Adolescents Seeking Substance Use Treatment -

<https://www.youtube.com/watch?v=FpPkiuB7VnU>

Working with Youth Who Use Substances – <https://www.youtube.com/watch?v=hYrPsh8QcRU>

Resources for Providers

Why Interventions to Influence Adolescent Behavior Often Fail but Could Succeed -

<https://www.treatme.info/assets/docs/Why-Interventions-to-Influence-Adolescent-Behavior-Often-Fail-but-Could-Succeed.pdf>

Improving Substance Use Prevention, Assessment, and Treatment Financing to Enhance Equity and Improve Outcomes Among Children, Adolescents, and Young Adults -

<https://www.treatme.info/assets/docs/Improving-Substance-Use-Prevention-Assessment-and-Treatment-Financing-to-Enhance-Equity-and-Improve-Outcomes-Among-Children-Adolescents-and-Young-Adults.pdf>

Building and Promoting Resilience

Video

Promoting Positive Adaptations to Adverse Circumstances – https://www.youtube.com/watch?v=ytqN_nQvio

Resources for Providers

Adolescent Health Highlight: Positive Mental Health: Resilience -
<https://www.maineaap.org/assets/docs/Adolescent-Health-Higlight-Positive-Mental-Health-Resilience.pdf>

Blum Center Program: Fostering and Preventing Depression, Stress and Suicide in Youth -
<https://www.youtube.com/watch?v=ybXoqs1772E>

Botvin Life Skills Training Program - <https://www.lifeskillstraining.com/program-structure/>

Building Resilience in Children and Teens: Giving Kids Roots and Wings -
<https://www.amazon.com/Building-Resilience-Children-Teens-Giving/dp/1581105517>

CDC Promising Practices: The Aban Aya Youth Project (AAYP) -
<https://cdc.thehcn.net/promisepractice/index/view?pid=3457>

A Community-Based Systems Learning Approach to Understanding Youth Violence in Boston -
<https://pubmed.ncbi.nlm.nih.gov/21441670/>

Developing Norms for the California Resilience Youth Development Module: Internal Assets and School Resources Subscales - <https://files.eric.ed.gov/fulltext/EJ878359.pdf>

Familias Unidas: Blueprints for Healthy Youth Development -
<https://www.blueprintsprograms.org/familias-unidas/>

Fathers and Sons: Prevention Research Collaborative - <https://prc.sph.umich.edu/projects/fathers-and-sons/>

Maine Resilience Building Network - <https://maineresilience.org/>

Multidimensional Family Prevention for At-Risk Adolescents -
[https://static1.squarespace.com/static/60469dc5522a05284a1176f8/t/60a82c56a76f4b34a4ff497a/1621634142357/Hogue et al 2002 Multidimensional Family Prevention for At-Risk Adolescents .pdf](https://static1.squarespace.com/static/60469dc5522a05284a1176f8/t/60a82c56a76f4b34a4ff497a/1621634142357/Hogue%20et%20al%202002%20Multidimensional%20Family%20Prevention%20for%20At-Risk%20Adolescents.pdf)

Positive Youth Development - <https://youth.gov/youth-topics/positive-youth-development>

Preparing for the Drug Free Years - <https://www.ojp.gov/pdffiles1/173408.pdf>

QUT Resourceful Adolescent Program - <https://www.rap.qut.edu.au/programs>

Resilience and Youth Development Module: Lee Kum Sheung Center for Health and Happiness -
<https://www.hsph.harvard.edu/health-happiness/resilience-and-youth-development-module/>

RULER: Evidence Based Approach to Social and Emotional Learning (SEL) Developed at the Yale Center for Emotional Intelligence - <https://hundred.org/en/innovations/ruler>

Suicide, Overdose, and Adverse Childhood Experiences Prevention Capacity Assessment Tool (SPACECAT) - <https://my.astho.org/spacecat/home>

Strengthening Families Program by Karol Kumpfer - <https://strengtheningfamiliesprogram.org/>

What is a Planning Model? An Introduction to PRECEDE-PROCEED -
<https://onlinelibrary.wiley.com/doi/full/10.1111/j.1752-7325.2011.00235.x>

What is YES? (Youth Empowerment Solutions) - <https://yes.sph.umich.edu/about-us/what-is-yes/>

Resources for Families

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Adolescent Health Highlight: Positive Mental Health; Resilience -
<https://www.maineaap.org/assets/docs/Adolescent-Health-Highlight-Positive-Mental-Health-Resilience.pdf>

Center for Parent and Teen Communication - <https://parentandteen.com/>

Fathers and Sons: Prevention Research Collaborative - <https://prc.sph.umich.edu/projects/fathers-and-sons/>

Positive Youth Development: The Administration for Children and Families -
<https://www.acf.hhs.gov/fysb/positive-youth-development>

Botvin Life Skills - <https://www.lifeskillstraining.com/program-structure/>

QUT Resourceful Adolescent Program - <https://www.rap.qut.edu.au/programs>

Resilience for Teens: 10 Tips to Build Skills on Bouncing Back from Rough Times -
<https://www.apa.org/topics/resilience/bounce-teens>

Resilience Helps to Prevent Youth Substance Use - <https://www.maineaap.org/assets/docs/Resilience-Helps-to-Prevent-Youth-Substance-Use.pdf>

Strengthening Families Program - <https://strengtheningfamiliesprogram.org/>

Screening Tools

Video

Introduction to Adolescent and Adult SBIRT for Busy Primary Care Settings -
<https://www.youtube.com/watch?v=tufHJn71VAM>

Referral to Treatment: Overcoming Common Barriers - <https://www.youtube.com/watch?v=ZYJ2RM-LKVE>

Substance Use Presenting as/or Exacerbating Physical or Mental Illness in Teenagers -
<https://www.youtube.com/watch?v=BMjR9bQSkIQ>

Evidence-Based Psychotherapies for Adolescents with Co-Occurring Substance Use and Mental Health Disorders - <https://www.youtube.com/watch?v=3z9zjad4trg>

Resources for Providers

Adolescent SBIRT Toolkit for Providers - <https://www.maineaap.org/assets/docs/Adolescent-SBIRT-Toolkit-for-Providers.pdf>

Substance Use Screening, Brief Intervention, and Referral to Treatment -
https://www.maineaap.org/assets/docs/Substance-Use-Screening_Brief-Intervention_Referral-to-Treatment.pdf

Health Education & Training Institute - <https://www.hetimaine.org/>

The HEADS-ED - <https://www.maineaap.org/assets/docs/The-HEADS-ED.pdf>

YSBIRT - <https://www.thenationalcouncil.org/program/ysbirt/>

Identification / Diagnosis of Adolescent SUD

Video

Substance Use Presenting as/or Exacerbating Physical or Mental Illness in Teenagers -
<https://www.youtube.com/watch?v=BMjR9bQSkIQ>

Resources for Providers

AMA: Substance Use Disorder - <https://www.maineaap.org/assets/docs/AMA-Substance-Use-Disorder.pdf>

ASAM Continuum of Care - <https://www.maineaap.org/assets/docs/ASAM-Continuum-of-Care.png>

ASAM Criteria Levels of Care - <https://www.maineaap.org/assets/docs/ASAM-Criteria-Levels-of-Care.pdf>

Identifying Optimal Level of Care Placement Decisions for Adolescent Substance Use Treatment -
<https://www.maineaap.org/assets/docs/Identifying-Optimal-Level-of-Care-Placement-Decisions-for-Adolescent-Substance-Use-Treatment.pdf>

Principles of Adolescent Substance Use Disorder Treatment: A Research-Based Guide -
<https://www.maineaap.org/assets/docs/Principles-of-Adolscent-Substance-Use-Disorder-Treatment-A-Research-Based-Guide.pdf>

Resources for Families

Principles of Adolescent Substance Use Disorder Treatment: A Research-Based Guide -
<https://www.maineaap.org/assets/docs/Principles-of-Adolscent-Substance-Use-Disorder-Treatment-A-Research-Based-Guide.pdf>

Testing

Video

Urine Drug Testing in Adolescents - <https://www.youtube.com/watch?v=Gg9Oh9MfsdM>

Resources for Providers

Adolescent Drug Testing Policies in Schools - <https://www.maineaap.org/assets/docs/Adolescent-Drug-Testing-Policies-in-Schools.pdf>

Caring for Patients During the COVID-19 Pandemic: Adjusting Drug Testing Protocols -
https://www.maineaap.org/assets/docs/Caring-for-Patients-During-the-COVID19-Pandemic_Adjusting-Drug-Testing-Protocols.pdf

Adolescent Drug Testing Policies in Schools - <https://www.maineaap.org/assets/docs/Adolescent-Drug-Testing-Policies-in-School-2.pdf>

Public Policy Statement on Drug Testing as a Component of Addiction Treatment and Monitoring Programs and in other Clinical Settings - <https://www.maineaap.org/assets/docs/Public-Policy-Statement-on-Drug-Testing-as-a-Component-of-Addiction-Treatment.pdf>

Toxicology Screening - <https://www.maineaap.org/assets/docs/Toxicology-Screening.pdf>

SUD and Co-Occurring Mental Illness

Video

Adolescent OUD/SUD & Co-Occurring Mental Illness -
<https://www.youtube.com/watch?v=oe2NhIRDpY4&t=4s>

Resources for Providers

5 Co-Occurring Medical and Psychiatric Conditions - <https://www.maineaap.org/assets/docs/5-Co-Occurring-Medical-and-Psychiatric-Conditions.pdf>

Evaluation and Management of Children and Adolescents With Acute Mental Health or Behavioral Problems. Part 1: Common Clinical Challenges of Patients With Mental Health and/or Behavioral Emergencies - <https://www.maineaap.org/assets/docs/Evaluation-and-Management-of-Children-and-Adolescents-with-Acute-Mental-Health-or-Behavioral-Problems.pdf>

Dual Diagnosis: Serious Mental Illness and Co-Occurring Substance Use Disorders -
https://www.maineaap.org/assets/docs/Dual-Diagnosis_Serious-Mental-Illness-and-Co-Occurring-Substance-Use-Disorders.pdf

Traumatic Events and Substance Use Disorders in Adolescents -
<https://www.maineaap.org/assets/docs/Traumatic-Events-and-Substance-Use-Disorders-in-Adolescents.pdf>

Knowledge Center - <https://www.naadac.org/knowledge-center>

The HEADS-ED - https://www.maineaap.org/assets/docs/The-HEADS-ED_2024-05-20-192555_idsx.pdf

Child and Adolescent Mental and Behavioral Health Principles -

Resources for Families

Common Comorbidities with Substance Use Disorders Research Report -
<https://www.maineaap.org/assets/docs/Common-Comorbidities-with-Substance-Use-Disorders-Research-Report.pdf>

SUD and Co-Occurring Medical Illness

Video

Adolescent Substance Use Disorders and Co-Occurring Medical Illness -
<https://www.youtube.com/watch?v=KtWgdIY8LCU&t=7s>

Resources for Providers

The Risk of Substance Use Among Adolescents and Adults with Eating Disorders -
<https://www.maineaap.org/assets/docs/The-Risk-of-Substance-Use-Among-Adolescents-and-Adults-with-Eating-Disorders.pdf>

Nutritional Status and Eating Habits of People Who Use Drugs and/or are Undergoing Treatment for Recovery: A Narrative Review - <https://www.maineaap.org/assets/docs/Nutritional-Status-and-Eating-Habits-of-People-Who-Use-Drugs-and-or-are-Undergoing-Treatment-for-Recovery.pdf>

Resources for Families

Pre-Exposure Prophylaxis - <https://www.hiv.gov/hiv-basics/hiv-prevention/using-hiv-medication-to-reduce-risk/pre-exposure-prophylaxis>

Ready, Set, PrEP - <https://readysetprep.hiv.gov/>

Common Comorbidities with Substance Use Disorders Research Report -
https://www.maineaap.org/assets/docs/Common-Comorbidities-with-Substance-Use-Disorders-Research-Report_2024-05-20-194025_bqvm.pdf

Working With Families Impacted by Substance Use

Video

Working with Families Impacted by Substance Use - <https://www.youtube.com/watch?v=m0Fs9KU-1Ik>

Resources for Providers

Family-based Treatments for Adolescent Substance Use - <https://www.maineaap.org/assets/docs/Family-based-Treatments-for-Adolescent-Substance-Use.pdf>

Becoming our Young People's Case Managers: Caregivers' Experiences, Needs, and Ideas for Improving Opioid Use Treatments for Young People Using Opioids -
<https://www.maineaap.org/assets/docs/BECOMI1.PDF>

Resources for Families

Emergency Response for Opioid Overdose - <https://www.maineaap.org/assets/docs/Emergency-Response-for-Opioid-Overdose.pdf>

Select Resources for Families Dealing with Active Substance Use -
<https://www.maineaap.org/assets/docs/Select-Resources-for-Families-Dealing-with-Active-Substance-Use.pdf>

This content was provided by the TreatME Learning Collaborative that took place from October 2022 to November 2023. More information on TreatME can be found at www.treatme.info

Worried About your Child's Exposure to Drugs and Alcohol? - <https://www.cadenceonline.com/>

Helping a Loved One Dealing with Mental and/or Substance Use Disorders -

https://www.maineaap.org/assets/docs/Helping-a-Loved-One-Dealing-with-Mental-and_or-Substance-Use-Disorders.pdf

Supporting a Loved One Dealing with Mental and/or Substance Use Disorders: Starting the Conversation -

https://www.maineaap.org/assets/docs/Supporting-A-Loved-One-Dealing-with-Mental-and_or-Substance-Use-Disorders_Startling-the-Conversation.pdf

Prevention Works. Treatment is Effective. People Can and Do Recover. - <https://drugfree.org/>

Evidence-Based Psychotherapies

Video

Evidence-Based Psychotherapies for Adolescents with Co-Occurring Substance Use and Mental Health Disorders - <https://www.youtube.com/watch?v=3z9zjad4trg>

Resources for Providers

Adolescent Substance Use Disorder Treatment: An Update on Evidence-Based Strategies -

https://www.maineaap.org/assets/docs/Adolescent-Substance-Use-Disorder-Treatment_-An-Update-on-Evidence-Based-Strategies.pdf

Adolescent Substance Use Disorder Best Practice Guide -

<https://www.maineaap.org/assets/docs/Adolescent-Substance-Use-Disorder-Best-Practice-Guide.pdf>

Recorded OBAT TTA Trainings - <https://www.addictiontraining.org/resources/?category=8>

U.S. Department of Health and Human Services Resources and Publications 2013-2016 -

<https://www.maineaap.org/assets/docs/US-Department-of-Health-and-Human-Services-Resources-and-Publications.pdf>

Interventions for Substance Use Disorders in Adolescents: A Systematic Review -

https://www.maineaap.org/assets/docs/Interventions-for-Substance-Use-Disorders-in-Adolescents_A-Systematic-Review.pdf

Practice Parameter for the Assessment and Treatment of Children and Adolescents with Substance Use Disorders - <https://www.maineaap.org/assets/docs/Practice-Parameter-for-the-Assessment-and-Treatment-of-Children-and-Adolescents-with-SUD.pdf>

Principles of Adolescent Substance Use Disorder Treatment: A Research-Based Guide -

https://www.maineaap.org/assets/docs/Principles-of-Adolescent-Substance-Use-Disorder-Treatment_A-Research-Based-Guide.pdf

Buprenorphine Treatment

Resources for Providers

This content was provided by the TreatME Learning Collaborative that took place from October 2022 to November 2023. More information on TreatME can be found at www.treatme.info

A Guide for Patients Beginning Buprenorphine Treatment - <https://www.maineaap.org/assets/docs/A-Guide-for-Patients-Beginning-Buprenorphine-Treatment.pdf>

Prescribing Suboxone in the Outpatient Setting - <https://www.maineaap.org/assets/docs/Prescribing-Suboxone-in-the-Outpatient-Setting.pdf>

Buprenorphine/ Buprenorphine-Naloxone in Medication Assisted Treatment of Substance Use Disorder Protocol - https://www.maineaap.org/assets/docs/Buprenorphine_Buprenorphine-Naloxone-in-Medication-Assisted-Treatment-of-Substance-Use-Disorder-Protocol.pdf

Clinical Pearls of Buprenorphine Treatment - <https://www.maineaap.org/assets/docs/Clinical-Pearls-of-Buprenorphine-Treatment.pdf>

Medication-Assisted Treatment of Adolescents With Opioid Use Disorders - https://www.maineaap.org/assets/docs/Medication_Assisted-Treatment-of-Adolescents-with-Opioid-Use-Disorders.pdf

Injectable Buprenorphine Resources - <https://www.addictiontraining.org/resources/?category=11>

SAMHSA Buprenorphine: Quick Start Guide - <https://www.maineaap.org/assets/docs/SAMHSA-Buprenorphine-Quick-Start-Guide.pdf>

Agreement for Treatment with Buprenorphine - https://view.officeapps.live.com/op/view.aspx?src=https%3A%2F%2Fwww.maineaap.org%2Fassets%2Fdocs%2FSuboxone-Contract-for-Teens_Agreement-to-Treatment-with-Buprenorphine.docx&wdOrigin=BROWSELINK

Resources for Families

A Guide for Patients Beginning Buprenorphine Treatment - <https://www.maineaap.org/assets/docs/A-Guide-for-Patients-Beginning-Buprenorphine-Treatment.pdf>

Managing Treatment

Video

Getting Started: Readyng Your Office for MAT - <https://www.youtube.com/watch?v=MBWhnpxtOfI>

Resources for Providers

The ASAM National Practice Guideline: For the Treatment of Opioid Use Disorder - https://www.maineaap.org/assets/docs/ASAM-National-Practice-Guideline_For-the-Treatment-of-Opioid-Use-Disorder.pdf

The ASAM Standards of Care for the Addiction Specialist Physician - <https://www.maineaap.org/assets/docs/ASAM-Standards-of-Care-for-the-Addiction-Specialist-Physician.pdf>

Speaking the Same Language: A Toolkit for Strengthening Patient-Centered Addiction Care in the United States - https://www.maineaap.org/assets/docs/Speaking-the-Same-Language_-A-Toolkit-for-Strengthening-Patient-Centered-Addiction-Care.pdf

The ASAM National Practice Guideline for the Use of Medications in the Treatment of Addiction Involving Opioid Use - <https://www.maineaap.org/assets/docs/ASAM-National-Practice-Guideline-for-the-Use-of-Medications-in-the-Treatment-of-Addiction-Involving-Opioid-Use.pdf>

Sustainability in Your Primary Care Office

Video

Sustainability in your Primary Care Office - <https://www.youtube.com/watch?v=5aiCXXZua1w>

Resources for Providers

AMA Substance Use Disorder - https://www.maineaap.org/assets/docs/AMA-Substance-Use-Disorder_2024-05-20-195445_suuv.pdf

Assessing and Improving Organizational Readiness to Implement Substance Use Disorder Treatment in Primary Care: Findings From the SUMMIT Study - <https://www.maineaap.org/assets/docs/Assessing-and-Improving-Organizational-Readiness-to-Implement-SUD-Treatment-in-Primary-Care.pdf>

Clinical Pathway for Medication for Addiction Treatment -
<https://www.maineaap.org/assets/docs/Clinical-Pathway-for-Medication-for-Addiction-Treatment.pdf>

Initial Screening Note Template - <https://www.maineaap.org/assets/docs/Initial-Screening-Note-Template.pdf>

Oral Health, Mental Health and Substance Use Treatment: A Framework for Increased Coordination and Integration - https://www.maineaap.org/assets/docs/Oral-Health-Mental-Health-and-Substance-Use-Treatment_A-Framework-for-Increased-Coordination-and-Integration.pdf

OBAT Nurse Intake Form - <https://www.maineaap.org/assets/docs/OBAT-Nurse-Intake-Form.pdf>

Resources for Families

Substance Use Disorder Treatment Providers in Maine - <https://www.maine.gov/dhhs/obh/support-services/substance-use-disorder-services/treatment-services>

SUD Recovery Supports in Maine - <https://www.maine.gov/dhhs/obh/support-services/substance-use-disorder-services/recovery-supports>

Substance Use Disorder Recovery Supports - <https://www.freerehabcenters.org/state/maine>

Emergency Room Care for Adolescent Substance Use

Video

This content was provided by the TreatME Learning Collaborative that took place from October 2022 to November 2023. More information on TreatME can be found at www.treatme.info

Emergency Care for Adolescent Substance Use: Part 1 - <https://www.youtube.com/watch?v=SJcUj-hid3Q>

Emergency Care for Adolescent Substance Use: Part 2 -

<https://www.youtube.com/watch?v=omoFtMa8z9E>

Resources for Providers

Approach to the Adolescent with Substance Use in the Acute Setting -

<https://www.maineaap.org/assets/docs/Approach-to-the-Adolescent-With-Substance-Use-in-the-Acute-Setting.pdf>

Opioid Intoxication in Children and Adolescents - <https://www.uptodate.com/contents/opioid-intoxication-in-children-and-adolescents>

Neuropsychiatric Sequelae in Adolescents with Acute Synthetic Cannabinoid Toxicity -

<https://www.maineaap.org/assets/docs/Neuropsychiatric-Sequelae-in-Adolescents-With-Acute-Synthetic-Cannabinoid-Toxicity.pdf>

Prescription Opioid Exposures Among Children and Adolescents in the United States: 2000-2015 -

<https://www.maineaap.org/assets/docs/Prescription-Opioid-Exposures-Among-Children-and-Adolescents.pdf>

Toxicomes: Event Medicine - https://www.maineaap.org/assets/docs/Toxicomes_Event-Medicine.pdf

Distributing Low Barrier Naloxone in Emergency Departments Webinar -

<https://www.youtube.com/watch?v=HVGivhIWYro>

Digital/Online Resources

Video

Supporting Adolescents and Families with Remote Digital Resources -

<https://www.youtube.com/watch?v=9dVzGgJiY08>

Resources for Providers

Prescription Drug Monitoring Programs (PDMPs) - <https://www.maineaap.org/assets/docs/Prescription-Drug-Monitoring-Programs-PDMPs.pdf>

Online/Digital Recovery Support Resources - <https://www.recoveryanswers.org/assets/Digital-Recovery-Support-Infographic.png>

Technology-Assisted Care for Substance Use Disorders - <https://sudtech.org/>

Using Science to Inform the Development, Evaluation, and Implementation of Novel Digital Health Tools for Substance Use, Mental Health and Other Health Conditions - <https://www.c4tbh.org/>

Educating & Supporting Inquisitive Youth in Recovery (ESQYIR) - <https://www.c4tbh.org/program-review/educating-supporting-inquisitive-youth-in-recovery-esqyir/>

SAMHSA “Talk. They Hear You” App - <https://www.samhsa.gov/talk-they-hear-you/mobile-application>

ASAM eLearning; SUD - <https://elearning.asam.org/>

Technology-based Interventions for Preventing and Treating Substance Use Among Youth -
<https://www.maineaap.org/assets/docs/Technology-Based-Interventions-for-Preventing-and-Treating-Substance-Use-Among-Youth.pdf>

Resources for Families

Online/Digital Recovery Support Resources - <https://www.recoveryanswers.org/assets/Digital-Recovery-Support-Infographic.png>

SMART Recovery Family & Friends - <https://smartrecovery.org/family>

SAMHSA “Talk. They Hear You” App - <https://www.samhsa.gov/talk-they-hear-you/mobile-application>

Worried About Your Child’s Exposure to Drugs and Alcohol? Parent CRAFT Can Help -
<https://www.cadenceonline.com/>

Recovery

Video

Supporting Youth in or Seeking Recovery - <https://www.youtube.com/watch?v=5bw1Tbjsa0Y>

Youth and Recovery: Supporting the Multiple Pathways - <https://www.youtube.com/watch?v=Xp43apQ3-e4>

Resources for Providers

Integrating Behavioral Health into a School Based Health Center -
<https://www.maineaap.org/assets/docs/Integrating-Behavioral-Health-into-a-School-Based-Health-Center.pdf>

Integrating Substance Use Treatment into Adolescent Health Care -
<https://www.maineaap.org/assets/docs/Integrating-Substance-Use-Treatment-into-Adolescent-Health-Care.pdf>

Recovery High Schools: Effects of Schools Supporting Recovery from Substance Use Disorders -
https://www.maineaap.org/assets/docs/Recovery-High-Schools_Effects-of-Schools-Supporting-Recovery-from-SUDs.pdf

Role of the School Nurse in Providing School Health Services -
<https://www.maineaap.org/assets/docs/Role-of-the-School-Nurse-in-Providing-School-Health-Services.pdf>

Tobacco-Free School District - <https://www.maineaap.org/assets/docs/Tobacco-Free-School-District.pdf>

Recovery Supports for Young People with Opioid Use Disorders -
<https://www.maineaap.org/assets/docs/Recovery-Supports-for-Young-People-with-Opioid-Use-Disorders.pdf>

Bringing Recovery Supports to Scale: Supervision of Peer Workers -
https://www.maineaap.org/assets/docs/Bringing-Recovery-Supports-to-Scale_Supervision-of-Peer-Workers.pdf

SAMHSA Core Competencies for Peer Workers in Behavioral Health Services -
<https://www.maineaap.org/assets/docs/SAMHSA-Core-Competencies-for-Peer-Workers-in-Behavioral-Health-Services.pdf>

NAADAC Knowledge Center - <https://www.naadac.org/knowledge-center>

Working With Adolescents: Practice Tips and Resource Guide -
https://www.maineaap.org/assets/docs/Working-with-Adolescents_Practice-Tips-and-Resource-Guide.pdf

Mapping Recovery: A Qualitative Node Map Approach to Understanding Factors Proximal to Relapse Among Adolescents in a Recovery High School - https://www.maineaap.org/assets/docs/Mapping-Recovery_A-Qualitative-Node-Map-Approach-to-Understanding-Factors-Proximal-to-Relapse.pdf

Relapse Prevention - <https://www.maineaap.org/assets/docs/Relapse-Prevention.pdf>

Resources for Families

NAADAC Knowledge Center - <https://www.naadac.org/knowledge-center>

Peer Recovery Center of Excellence - <https://peerrecoverynow.org/>

Teens in Early Recovery: Ten Common Triggers for Relapse -
https://www.maineaap.org/assets/docs/Teens-in-Early-Recovery_Ten-Common-Triggers-for-Relapse.pdf

Harm Reduction

Video

Understanding and Supporting Harm Reduction - <https://www.youtube.com/watch?v=6sm8qbctrQE>

Resources for Providers

Principles of Harm Reduction for Young People Who Use Drugs -
<https://www.maineaap.org/assets/docs/Principles-of-Harm-Reduction-for-Young-People-Who-Use-Drugs.pdf>

First Responders Can Safely Administer Naloxone During the Covid-19 Pandemic -
<https://www.maineaap.org/assets/docs/First-Responders-Can-Safely-Administer-Naloxone-During-the-Covid19-Pandemic.pdf>

Developing Harm Reduction in the Context of Youth Substance Use -
<https://www.maineaap.org/assets/docs/Developing-Harm-Reduction-in-the-Context-of-Youth-Substance-Use.pdf>

National Community-based Naloxone Finder -
<https://www.google.com/maps/d/viewer?mid=1R4YEVrWzXD7zq2ZpyWVV7PEWYumijq6L&hl=en&ll=2.535993077015328%2C-112.5098242999999&z=1>

SSP Locations: NASEN Directory - <https://nasen.org/>

Syringe Service Program Laws - <https://lawatlas.org/datasets/syringe-services-programs-laws>

National Harm Reduction Coalition - <https://harmreduction.org/>

Resources for Families

National Community-based Naloxone Finder -

<https://www.google.com/maps/d/viewer?mid=1R4YEVrWzXD7zq2ZpyWVV7PEWYumijq6L&hl=en&ll=2.535993077015328%2C-112.5098242999999&z=1>

SSP Locations: NASEN Directory - <https://nasen.org/>

Harm Reduction: Naloxone via Mail and More - <https://nextdistro.org/maine>