The Youth Peer
Support Statewide
Network



## YOUTH ADVISORY BOARD

## What is it?

A group of youth ages 14-26, with direct experiences navigating mental health and substance use challenges, the health systems surrounding them and/or other state systems that inform youth experience in Maine. This group will shape the groundwork and help build the Youth Peer Support Statewide Network. This includes deciding on the groups we should run, activities to do, and help creating language around our values and mission. All members of the board will be compensated for their participation and time.

The Youth Peer Support Statewide Network is a peer community reimaging youth and young adult mental health services in Maine by focusing on connection and self determination. Peers practice intentional peer support and also self identify with mental health and substance use challenges.

Reach out with questions and interest to Asher Havlin or Maggie Bouchard ahavlin@mainebehavioralhealthcare.org
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