

Comprehensive Health Exams for Youth Entering Foster Care - Historical Timeline

- 1958 - Edmund N. Ervin Pediatric Center (EEPC) was formed.
- 1983 - American Academy of Pediatrics Committee on Adoption reported that children in foster care were not likely to receive routine health care, immunizations, dental care, or hearing or vision screening.¹²
- 1988 - the Child Welfare League of America published guidelines for the care of children in foster care which included an initial screen for immediate health needs, a comprehensive assessment within one month of entering into foster care, and a developmental and mental health assessment for all children whether or not neglect is perceived as an issue in their previous home.⁶
- 1994 - AAP Committee on Early Childhood, Adoption, and Dependent Care recommended a comprehensive and coordinated treatment approach.¹²
- 1998 - the first program to provide CHAs in Maine, PREP, Pediatric Rapid Evaluation Program, was started at Edmund N. Ervin Pediatric Center by pediatrician, Stephen Meister, MD, and child psychologists, Glen Davis, PhD, and Mark Raines, PhD.
- 2007 - AAP CATCH Grant awarded to pediatrician Adrienne Carmack, MD, to assess the health care needs of children in Foster Care in the Bangor area.
- 2009 - Key Clinic was started by Adrienne Carmack, MD, at Penobscot Pediatrics in Bangor and PREP was started at Spurwink Center for Safe and Healthy Families in Portland
- 2012 – A [study by the Muskie School of Public Service](#) found that children who were given a comprehensive PREP (CHA) assessment between 2007 and 2009 were less likely to be placed in residential treatment programs (PNMIs) or to have general or psychiatric hospital stays and were less likely to be on prescription medications than their non-PREP peers. They were more likely to have seen a physician and to have received early interventions such as speech and occupational therapy. The cost associated with the care of children who had access to PREP assessments was also reduced.
- 2016 - Maine Chapter, American Academy of Pediatrics was the recipient of a national grant to improve the health care of children in foster care, and much of the work has been focused on establishing a plan to ensure that all children in foster care have a medical visit upon entering into DHHS custody.

--Maine AAP Foster Care Committee was established.
- 2019 - An Act to Ensure the Provision of Medical Assessments for Youth in Foster Care passed in Maine's 129th Legislative session
- July, 2024 - MaineCare Bundled Rate went into effect
- May, 2025 - MaineGeneral Health dissolved EEPC and closed PREP in Augusta