



# 2025-2026 Training Season Schedule



## Essential Skills Training - 1 Day Virtual Training with Pre-Work

**September 18, 2025**

**December 10, 2025**

**March 17, 2026**

**April 30, 2026**

In this training you will learn about tobacco prevalence, products and burden, e-cigarettes and vaping, motivational interviewing, how to integrate brief, evidence-based tobacco treatment interventions into current practice, tobacco treatment medications and relapse prevention and recovery.

Participation in the Treating Tobacco Together: Essential Skills Training is a required component for the [Tobacco Treatment Specialist Certification](#) 3-Step Training Pathway.

## Intensive Skills Training - Virtual Training with Pre-Work

**September 23 & 25, 2025 (recorded sessions on September 24)**

**January 27 & 29, 2026 (recorded sessions on January 28)**

This skills-focused training will build on knowledge gained in the [Treating Tobacco Together: Essential Skills Training](#). Participants will build on common counseling skills used in intensive tobacco treatment such as motivational interviewing and cognitive behavioral therapy, explore the value of a comprehensive tobacco use assessment, learn to develop effective treatment plans, discuss considerations for medication management and review relapse prevention strategies.

Participation in the Treating Tobacco Together: Intensive Skills Training is a required component for the [Tobacco Treatment Specialist Certification](#) 3-Step Training Pathway.



# 2025-2026 Training Season Schedule

## Tobacco Treatment Specialist Program

**November 18-21, 2025**

**March 3-6, 2026**

This program provides education on evidence-based research ranging from tobacco treatment medications, population-based issues and targeted tobacco treatment intervention skills. The MaineHealth Center for Tobacco Independence Tobacco Treatment Specialist (TTS) Program offers evidence-based education available in a versatile and fun format.

Participants will gain competence in treating patients with tobacco use disorder and learn how to address tobacco use within organizations. Upon completion, participants receive a training certificate, which is the initial step toward obtaining the [Tobacco Treatment Specialist Certification](#).



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