

# MAINE PEDIATRICS

February/March

2021



## President's Message

Now, more than ever, it is critical to screen Maine's youth for lead poisoning! With children spending more time at home, often in a high risk environment, we are seeing an increase in cases of lead toxicity. The Maine AAP has been alerted by our State Toxicologist, Dr. Andrew Smith, of a National shortage of 2 of the key medications to treat elevated lead levels (above 45 micrograms/dl) - Succimer and calcium EDTA. It is imperative that we identify and remove youth in hazardous environments as promptly as possible! Please be sure to include screening and testing as per the [CDC protocols](#)!



The Maine AAP is working to address these shortages with our Congressional delegation and the National AAP. COVID continues to pull all of the oxygen out of the room but our youth continue to face ongoing challenges such as this.

Our spring educational series is beginning in a few weeks. We will also be offering information sessions for clinical providers on vaccination requirements to meet the new law for school entry. Be on the lookout for these announcements!

Thank you for all you are doing!  
Deb Hagler, MD, FAAP



## Campaign to Reduce Tobacco/Nicotine Use among Youth

Tobacco use among Maine youth is on the rise. Maine's high school smoking rates are higher than the national average and the second highest in the Northeast. Join the Maine AAP, along with partners from the Heart, Lung and Cancer Associations and other organizations across the state, on a campaign to provide education and introduce legislation.

**There are 3 actions that Maine lawmakers can take this year** to give youth and young adults a fair shot at a healthy and productive future, free from addiction, tobacco-related illness, and too often, early death:

1. **End the sale of all flavored tobacco products** so Maine kids will be far less likely to start using, and keep using tobacco, including cigarettes, e-cigarettes, cigars, and chewing tobacco.
2. **Significantly increase the price of all tobacco products**, which is one of the most effective policy tools for preventing youth initiation and incentivizing tobacco users to seek treatment.
3. **Fully fund Maine's tobacco prevention and treatment program** at U.S. CDC recommended level of \$15.9M/yr in ME

Visit <https://flavorshookkidsmaine.org/> to learn more! [Join the campaign here!](#)

## PROJECT FIRSTLINE - SAVE the DATE

Project Firstline is a comprehensive training program led by the CDC to prevent the spread of infectious diseases in U.S. health care settings. As the COVID-19 pandemic has revealed, gaps in infection prevention among frontline workers need to be addressed.



The Importance of Infection Control during a Pandemic and Beyond - Part 1 - Thurs, 3/25 and Part 2 - Thurs, 4/22. Speaker: Amanda Goddard, MD, Pediatric Infectious Disease Specialist, Maine Medical Partners Pediatric Specialty Care.

## Register for the 2021 Virtual AAP Advocacy Conference!

[Registration is open](#) for the virtual 2021 AAP Advocacy Conference - formerly named the Legislative Conference - which will take place April 11 - 13, 2021.

Participants will hear from distinguished guest speakers, which this year includes Stacey Abrams, attend advocacy skills-building workshops and learn about timely policy issues impacting children, families, and pediatricians. On the final day of the conference, participants will attend virtual meetings with their congressional offices and others from their state to discuss a timely child health issue.

To learn more and register, please visit [AAP.org/AdCon](http://AAP.org/AdCon). Early bird registration closes on February 28.



### Partnership for Children's Oral Health

### Oral Health Update

The Maine AAP partnered with the Partnership for Children's Oral Health and From the First Tooth on a webinar describing the effects the pandemic has had on oral health and how pediatricians can help reduce some of the negative impact. You can watch the recording here: <https://youtu.be/Zs0sILAd60U>. To learn more about [FITFT](#), [visit their website!](#)

We are helping to celebrate Children's Dental Health Month by partnering with PCOH on a series of social media posts highlighting the importance of integrating oral health screenings, fluoride varnish, and referrals to dentists into pediatric visits. Check out our Instagram and Facebook pages to see Drs. Hagler and Jewell featured!

Lastly, we are supporting a bill to greatly expand School Oral Health Programs, which would bring screenings and fluoride varnish to more children in Maine. Stay tuned for updates on how you can support this important bill to improve children's oral health!

### Pediatric Psychiatry and Behavioral Health in Primary Care Learning Series

This eight session series is designed to enhance the effectiveness of the primary healthcare team by giving you skills to address your patient needs in primary care and thus reduce the need to refer to a specialist. This improves patient relationships and patient outcomes. Topics include: Clinical Global Impression (CGI) scale; Therapeutic interviewing; Anxiety; Depression; Follow-up anxiety & depression/comorbidity; ADHD; Trauma & ACES; and Resources & referrals.

These will be held virtually on the first Tuesday of the month, beginning March 2nd. CME/CE's are available for those who attend 'live'.

[Learn more and register!](#)



Maine Pediatric  
& Behavioral Health  
Partnership

### Approaching Psychiatric Issues in Primary Care

This session, part of a series, is being held via Zoom on March 10, 2021 7:30am-8:15 am. The presenter is Amy M. Mayhew, MD, MPH, Clinical Director, Child & Adolescent Psychiatry Outpatient Clinic, at Maine Medical Center.

Please Register in advance for this webinar:

[https://mainestate.zoom.us/webinar/register/WN\\_RIS522aMTeGbfqSA4bkzg](https://mainestate.zoom.us/webinar/register/WN_RIS522aMTeGbfqSA4bkzg)

Maine Pediatric and Behavioral Health Partnership (MPBHP) is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) and is a partnership between the Maine CDC, Northern Light Acadia Health and MaineHealth.

### Maine Parent Federation/GEAR 2021 Annual Conference - Parent Pandemic Survival Toolkit March 16<sup>th</sup>-17<sup>th</sup> & 23<sup>rd</sup> - 24<sup>th</sup>

A great resource to share with families featuring information to assist in navigating mental health, educational, and vaccination topics during these unsure times. Sessions created to empower families to make decisions and increase positive outcomes for their children/your patients.

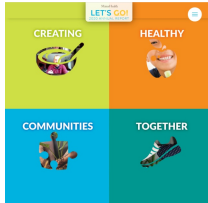


## Screening Technical Assistance & Resource Center

CHILD DEVELOPMENT ★ MATERNAL DEPRESSION ★ SOCIAL DETERMINANTS OF HEALTH

### AAP's Technical Assistance - Free Support for Pediatric Providers

To request TA, reach out to [screening@aap.org](mailto:screening@aap.org) - a group of physicians are available through the Screening Technical Assistance & Resource Center ([STAR Center](#)) - a core component of the Screening in Practices Initiative, seeking to improve the health, wellness, and development of children through practice and system-based interventions to increase rates of early childhood screening, counseling, referral, and follow-up for developmental milestones, maternal depression, and SDOH.



### Let's Go! Annual Report for 2019-2020

Let's Go! just released its Annual Report which provides a high level overview and highlights in detail the progress Let's Go! has made in communities across Maine and Mount Washington Valley, New Hampshire in efforts to increase opportunities for healthy eating and active living. View the [evaluation report](#) and the [annual report](#).



The MaineHealth **Center for Tobacco Independence (CTI)** conducts free virtual trainings to support ongoing education in tobacco treatment, prevention and policy change.

The CTI Training and Education Team offers a variety of webinars that also offer continuing education credits. Visit their website to learn more: <https://ctimaine.org/education-training/webinars/>



### Connect with us on Social Media!!

The power to spread good messages, share new clinical info or pertinent articles is exponential when using social media platforms such as Twitter, Facebook, LinkedIn and Instagram.



The Maine AAP has an account on each of these platforms. We would sincerely appreciate you taking the time to [Like us on Facebook](#), [Follow us on Twitter](#), [Connect with us on LinkedIn](#) and [Follow us on Instagram](#).