

MAINE PEDIATRICS

January 2021



President's Message

While youth have not been the face of the COVID-19 pandemic, they certainly have been profoundly affected. Disruptions to their healthcare, education, activities and access to friends may have lasting effects on physical, mental health and educational attainment for years. Fortunately, in Maine we have a dedicated host of pediatric care givers, educators and organizations that are working tirelessly to support our youth.

The Maine AAP is partnering with several organizations in the new year to advance child health initiatives. We are working with the Center for Tobacco Independence to educate clinicians about assisting youth with tobacco cessation, partnering with From the First Tooth to educate primary care clinicians about the importance of early preventative dental care, and collaborating with OUT Maine to educate our work force on providing the best possible care for LGBTQ youth in Maine.

Several practices are fully engaged in a learning collaborative to enhance screening of social determinants of health, and many of our members continue to work tirelessly with the Maine CDC and local schools to keep students and staff members safe and physically present in the classroom.

All of this dedicated effort on the behalf of Maine's children, the distribution of the COVID-19 vaccine, and those few extra minutes of sunshine are a recipe for hope for a better 2021. Thank you for all you are doing. We look forward to seeing you at one of our many events this year.

With respect and admiration,
Deb Hagler MD

maine aap CARING FOR LGBTQ+ YOUTH IN MAINE:
Emphasis on the 'T'

A Half-Day Program for Providers on Working with and Supporting Youth in Maine

- Providing Support to Transgender Youth and Families
- Mental Health Needs of Transgender, Gender Diverse, and Gender Questioning Youth
- Data-Driven Policy on School Based Services for Sexual Minority Youth
- Clinical Care Options for Gender Transitioning Youth

JANUARY 23RD
8AM - 12:30PM

[VIEW PROGRAM DETAILS & REGISTER - CME & MOC OFFERED!](#)



Partnership for Children's Oral Health

Oral Health Update

Join the Maine AAP and the Partnership for Children's Oral Health for a webinar for providers on **Thursday, January 28th at 7pm.**

Managing and Preventing Oral Health Emergencies during the Pandemic

This webinar will feature a case study and informational segments from pediatrician Genevieve Whiting, MD; dentists Dr. Steven Mills and Norma Desjardin who will be sharing resources and strategies for dealing with dental emergencies and tips for early intervention; pediatrician Dr. Jeff Stone discussing prevention in the well-child visit; and an overview of upcoming policy/legislation featuring Representative Lori Gramlich.

[REGISTER NOW](#)

Featured Article: [Predictive Model for Medical Providers to Assess Young Children for Caries Risk](#)

For more information about the work of the Partnership for Children's Oral Health, you can visit the [Maine Partnership for Children's Oral Health website.](#)



Webinar Series! Children with Intellectual and Developmental Disabilities that Experienced Trauma

In the US, an estimated one in six children has a developmental disorder, including intellectual disability, autism, and other genetic and brain-based conditions. Children with intellectual and developmental disabilities (IDD) experience traumatic events at a rate that is at least equal to their typically developing peers and are at increased risk for some types of traumatic events, with serious negative impacts. This series will provide clinicians with the foundational knowledge to adapt their practices and provide trauma-informed care to children with IDD.

First Webinar: Understanding and Addressing the Needs of a Vulnerable Population
Date/Time: Thursday, January 28, 2021 at 9:00 AM PST/12:00 PM EST

Presenters:

Juliet M. Vogel, Ph.D., Associate Professor, Zucker School of Medicine at Hofstra/Northwell Consultant for the STRYDD Center; Daniel Hoover, Ph.D., ABPP, Director of Psychology Training – Center for Child and Family Traumatic Stress at Kennedy Krieger Institute, Assistant Professor, Johns Hopkins School of Medicine; Peter D'Amico, Ph.D., ABPP, Principal Investigator for STRYDD Center, Director, Child and Adolescent Psychology, LJJ Medical Center, Northwell Health

[Read more...](#)

The MaineHealth Center for Tobacco Independence (CTI) conducts free virtual trainings to support ongoing education in tobacco treatment, prevention and policy change.

MaineHealth
Center for Tobacco
Independence

Addressing Vaping in the Healthcare Setting Part 2 - Looking toward the future: research and strategies for treatment featuring Dr. Deborah Hagler, Mid Coast Pediatrics & Marth Seabury, RN, MaineHealth Center for Tobacco Independence and will be held Wednesday, February 10th at 12N.

Register here: - <https://register.gotowebinar.com/register/2092725082065354507>
CME credit available.

Addressing Vaping in the Healthcare Setting Part 1: [View Recording](#)

The CTI Training and Education Team offers a variety of webinars that also offer continuing education credits. Visit their website to learn more: <https://ctimaine.org/education-training/webinars/>

Register for the 2021 Virtual AAP Advocacy Conference!

[Registration is open](#) for the virtual 2021 AAP Advocacy Conference - formerly named the Legislative Conference - which will take place April 11 - 13, 2021.

Join us for this year's virtual conference and learn how to become a strong voice for children! Participants will hear from distinguished guest speakers, attend advocacy skills-building workshops and learn about timely policy issues impacting children, families, and pediatricians.

On the final day of the conference, participants will attend virtual meetings with their congressional offices and others from their state to discuss a timely child health issue.

To learn more and to register, please visit AAP.org/AdCon. Early bird registration closes on February 28. We hope to see you in the spring!

Campaign to Reduce Tobacco/Nicotine Use among Youth

Tobacco use among Maine youth is on the rise. Maine's high school smoking rates are higher than the national average and the second highest in the Northeast. [\[i\]](#) In 2019, 1 in 3 Maine high school students used some form of tobacco, including cigarettes, smokeless tobacco, cigars, and electronic cigarettes. [\[ii\]](#) That's a 33% increase since 2017!



[\[i\]](#) Campaign for Tobacco Free Kids, "The Toll of Tobacco in Maine", <https://www.tobaccofreekids.org/problem/toll-us/maine>, Accessed Dec 11, 2020.

[\[ii\]](#) Maine Center for Disease Control and Prevention, "Maine Integrated Youth Healthy Survey", <https://data.mainepublichealth.gov/...pdf>, 2019.

Let's work together to educate Maine youth on the dangers of smoking and vaping. Provider education to share strategies for youth cessation will be offered this spring.

Join the Maine AAP, along with partners from the Heart, Lung and Cancer Associations and other organizations across the state, on a campaign to provide education and introduce legislation.

There are 3 actions that Maine lawmakers can take this year to give youth and young adults a fair shot at a healthy and productive future, free from addiction, tobacco-related illness, and too often, early death:

1. **End the sale of all flavored tobacco products** so Maine kids will be far less likely to start using, and keep using tobacco, including cigarettes, e-cigarettes, cigars, and chewing tobacco.
2. **Significantly increase the price of all tobacco products**, which is proven to be one of the most effective policy tools for preventing youth initiation and incentivizing tobacco users to seek treatment. [\[i\]](#)
3. **Fully fund Maine's tobacco prevention and treatment program** at the U.S. Centers for Disease Control and Prevention (U.S. CDC) recommended level of \$15.9 million per year for Maine. [\[ii\]](#)

[\[i\]](#) U.S. Department of Health and Human Services, "The Health Consequences of Smoking—50 Years of Progress: A Report of the Surgeon General", 2014. https://www.ncbi.nlm.nih.gov/books/NBK179276/pdf/Bookshelf_NBK179276.pdf. [\[ii\]](#) U.S. Centers for Disease Control and Prevention, Office on Smoking and Health, "Best Practices for Comprehensive Tobacco Control Programs", p. 72-73, 2014.

Visit <https://flavorshookkidsmaine.org/> to learn more! [Join the campaign here!](#)



Screening Technical Assistance & Resource Center
CHILD DEVELOPMENT * MATERNAL DEPRESSION * SOCIAL DETERMINANTS OF HEALTH

AAP's Technical Assistance - Support for Pediatric Providers

You can reach out at any time to screening@aap.org to request TA - a group of 10 physicians are available through the Screening Technical Assistance & Resource Center ([STAR Center](#)) - a core component of the Screening in Practices Initiative, which seeks to improve the health, wellness, and development of children through practice and system-based interventions to increase rates of early childhood screening, counseling, referral, and follow-up for developmental milestones, maternal depression, and social determinants of health.

Developmental Surveillance Training for Pediatric Clinicians/Practices

This free training, developed with support from the CDC includes a ready-to-use [PowerPoint presentation](#), [facilitator script](#), and [case study](#). The training can be facilitated by providers or staff in various roles, and is specifically designed to “spark” discussion and reflection. Facilitators can anticipate the training to last approximately 15-30 minutes. Content in the training is grounded in the recently published AAP clinical report, “*Promoting Optimal Development: Identifying Infants and Young Children With Developmental Disorders Through Developmental Surveillance and Screening.*” [Learn More](#)



Project Firstline is a comprehensive training program led by the CDC to prevent the spread of infectious diseases in U.S. health care settings. As the COVID-19 pandemic has revealed, gaps in infection prevention among frontline workers need to be addressed. The Maine AAP will be offering informational videos, providing resources and helping to spread the message!



Connect with us on Social Media!!

The power to spread good messages, share new clinical info or pertinent articles is exponential when using social media platforms such as Twitter, Facebook, LinkedIn and Instagram.



The Maine AAP has an account on each of these platforms. We would sincerely appreciate you taking the time to [Like us on Facebook](#), [Follow us on Twitter](#), [Connect with us on LinkedIn](#) and [Follow us on Instagram](#).