

# MAINE PEDIATRICS

## March 2022

### EDUCATION AND CONFERENCE CHAIR UPDATE

Jennifer Jewell, MD, MS, FAAP



As we approach the longer days and warmer air of spring, the Maine AAP Conference and Education Committee is diligently arranging our Spring Conference, "Innovations in Pediatric Healthcare", on April 30 and May 1. We will explore various innovations in treatment, diagnoses, and delivery, including topics related to cystic fibrosis, scoliosis, oral health and other screenings, diabetes, muscular dystrophy, spinal muscle atrophy, dermatological conditions, and use of monoclonal antibodies on Saturday. The sessions on Sunday are interactive; they will explore patients' and families' experience with financial insecurity and demonstrate life-saving techniques to limit bleeding in trauma scenarios. Didactic lectures, hands-on sessions, a poster reception, and the annual AAP Member meeting are planned throughout this fun-filled and educational conference.

The Samoset Resort in Rockport, Maine will host our conference, so plan your weekend by securing a hotel room and dinner reservations, completing your registration, and preparing your poster. Plan to show your vaccine card when you arrive at the conference, as we enjoy our time together - a long-overdue adventure, to be sure... Please join us!! ~Jen

[View Conference Agenda & Register](#)



### Partnership for Children's Oral Health

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The Maine AAP is helping to lead the Health Integration Action Team of the [Partnership for Children's Oral Health](#). This group is exploring various models to build on the foundation of [From the First Tooth](#) and integrate preventive dental care more comprehensively in the primary care medical home. The science behind dental disease has advanced greatly in recent years, and we now have prevention and early intervention tools that can be used in the primary care setting to improve the health of many children who lack access to dental care. Together we can make a significant impact for children who may otherwise suffer from preventable dental disease. Please [answer 2 questions](#) to help us in this work!

### The Child Care Subsidy Program

Your patient's family may be eligible for low or no cost child care, and not be aware of this benefit. The program lets people choose a child care provider they trust, at an affordable rate or no cost. Eligibility Requirements: Parent/guardian must be employed, in school or job training, or retired, and the family must meet income requirements (at or below 85% of the Maine median income) -For a family of 4, income eligibility requirements are at or below \$76,643 a year.

[Learn More and Register Here](#)



### Maine Nutrition Council CEU Event

March 16, 2022

Join a virtual spring educational event on Wednesday, March 16th from 10am-12:30pm. We will be showing the 2019 documentary, Code Blue. Following the movie, Dr. Saray Stancic will be available for a question-and-answer session. This event offers participants one hour of continuing

education credit.

[Learn More](#)

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## Maine Parent Federation 2022 Annual Virtual Conference

### March 16, 2022, 10:30am-5:00pm via Zoom

True Inclusion for Individuals with Disabilities and/or Special Health Care Needs - the how, when, and why to making inclusion work for you and your family.

We are excited to have as Keynote Speakers the father and son duo Dan & Samuel Habib - Building a Roadmap for an Inclusive Life. Before Samuel Habib was diagnosed with a disability at age 1, the Habib family rarely thought about the inclusion of people with disabilities. Since then, they have advocated for Samuel's inclusion nearly every day in their schools, city, and even in their extended family. Samuel and Dan Habib will share a short preview of their new work-in-progress film, the Disability Road Map, and discuss how they have tried to build a culture of inclusion in their family, school district, and community, and plan for a full adult life as Samuel enters his 20's. Dan & Sam's previous film work include Including Samuel and Intelligent Lives.

Other Sessions:

- Conversations with a parent panel about inclusion in the school and community.
- Dr. Kate MacLeod will talk about when academics become a barrier to inclusion.
- Courtney Angelosante will talk about when behaviors become a barrier to inclusion.
- MaineCite shows how assistive technology can create better inclusive opportunities.

[Register Here](#)

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### Consultation for Primary Care Providers

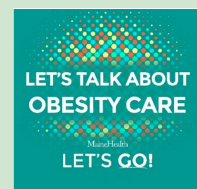


Maine Pediatric & Behavioral Health Partnership is Maine's Pediatric Mental Health Care Access (PMHCA) Program. This partnership provides timely training and support to child and adolescent primary care clinicians (PCCs) and other clinicians related to the detection, assessment, treatment, and referral of behavioral health conditions within their practice. To learn more and become involved, contact Maine Pediatric & Behavioral Health Partnership at 1-833-MPBHP11 (1-833-672-4711) or visit [www.BHpartnersforME.org](http://www.BHpartnersforME.org).

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### Let's Go!'s new podcast series: *Let's Talk about Obesity Care*

Listen at: [letstalkaboutobesitycare.podbean.com](http://letstalkaboutobesitycare.podbean.com)



Dr. Carrie Gordon will be hosting experts on a wide variety of topics on best practice for caring for children and adults who carry extra weight. Current topics include:

- o Testing the Waters with Anti-Obesity Medications in your Pediatric Primary Care Clinic
- o Food Insecurity and its Connection to Health and Care
- o Physical Activity and Physical Literacy: Putting Movement into Your Practice
- o Working with Patients with Selective Eating Challenges
- o Conversation with an Obesity Medicine Specialist
- o The Benefits of WIC for Your Patients

A new topic will be added monthly. Let's Go! is a program of The Barbara Bush Children's Hospital at Maine Medical Center.

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**2022 Pediatric Obesity Management:  
From Early Identification to Treatment. 2nd Annual Course - Virtual April 28-29, 2022**

Pediatric obesity has worsened dramatically over the last two years. The toll of the pandemic on some of our most vulnerable patients has been staggering. Obesity is a chronic disease and, as such, early identification and effective management are critical. Fortunately, the past few years have also brought advances in the treatment of obesity. Advances have been broad in behavioral interventions, bariatric surgery and pharmacotherapy. This course is designed for pediatricians, family physicians and pediatric allied health professionals seeking to improve their skills in treating obesity. This educational experience combines didactic training sessions, expert panels, and on-demand programming for an engaging and comprehensive training.

[Register Here](#)

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**Setting Them Up for Their Own Success:  
Protecting Breastfeeding Duration When Supplementation is Needed  
Virtual program on Wednesday, March 23, 2022**

Learning Objectives: • Identify risk factors for delayed breast milk onset and prolonged insufficient milk supply • Discuss strategies for maximizing inpatient breastfeeding exclusivity rates and protecting breastfeeding duration • Review medically-indicated formula supplementation options for the breastfed neonate. When registering, enter "meeting ID" (event code 27768), click Register, "Register as New Attendee".

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**Preventing Readmissions by Assessing Lactation Risk Factors and Implementing Feeding  
Strategies That Mediate Neonatal Weight Loss and Jaundice  
Virtual program on Thursday, April 14, 2022**

Learning Objectives: • Review screening process for couples at risk for breastfeeding challenges • Discuss strategies for preventing readmission and protecting breastfeeding duration • Review the literature exploring low-risk, low-cost interventions for managing physiologic neonatal jaundice. When registering, enter "meeting ID" (event code 27769), click Register, "Register as New Attendee".

This two part program will be helpful as you care for patients who experience risk factors that may prevent exclusive breastfeeding in the short or long term. The presenter, Gloria Dudney, RN,BSN, IBCLC, RLC is the Director of Lactation Services East Tennessee State University Health, Johnson City, Tennessee. Program offered by Mead Johnson Nutrition.

[Register Here](#)

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**Pediatric Gastroenterology Project ECHO®**

Come get real-time advice for your GI patients! The Peds GI ECHO program will meet each week and function like "office hours" with one of the GI docs to offer advice for your care of patients with gastrointestinal symptoms who might have to wait a long time to be seen. Participants are not required to come to every weekly session, though they certainly can. Provider participants will also be invited to complete a research survey.

**Who should register:** Providers and clinical staff who care for children

**When:** CME/MOC Part II Didactic Sessions | 12:00-1:00pm | 4th Wednesday of each month January 2022 thru June 2022 - held via ZOOM Additional office hours/case consultation each week: 1<sup>st</sup> Mondays 7:30am, 2<sup>nd</sup> Fridays 12pm, 3<sup>rd</sup> Tuesdays 7:30am

**Registration period:** Open during series. **Questions?** Email [Sam](#) or Dr. [Dr. Noah Hoffman](#)

[Register Here](#)

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## Clinical Updates in Pediatrics: 2022 Winter Series

### Comfort Positions and Safe Sleep

Wednesday, March 23, 2022, 9:00 AM - 11:00 AM

For more information, please contact Kelly Scrivener at [kscrivener@mmc.org](mailto:kscrivener@mmc.org).  
Thank you to Deb Johnson and Christine Schreiber for their leadership in planning this series!

[Register Here](#)

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## AAP Section on Developmental/Behavioral Pediatrics Opportunities and Resources Mental Health Disorders Course - April 8-10, 2022

Registration is now open for the Diagnosis and Treatment of Common Pediatric Mental Health Disorders course on April 8-10, 2022, in Rosemont, Illinois. In-person or virtual attendance is available. This course is designed to enable participants to learn critical concepts in the recognition of pediatric mental health disorders and apply evidence-based strategies to manage patients' illnesses effectively and efficiently. Earn up to 19.5 AMA PRA Category 1 Credit and 10 MOC Part 2 points by successfully completing a reflective assessment. Save \$150 when you [register](#) by March 11.

Questions? Email Carolyn McCarty: [cmccarty@aap.org](mailto:cmccarty@aap.org) FMO: [SODBP Collaboration Site](#)

[Register Here](#)

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## Save the Date: 2022 Maine Tobacco Treatment and Prevention Conference May 9-10, 2022

Join with other tobacco treatment, prevention and policy stakeholders at the Maine Tobacco Treatment and Prevention Conference. This year's conference on Evolving Nicotine and Tobacco Products: Emerging Challenges and How to Move Forward will be held virtually on May 9-10, 2022.

The event will feature Matthew Myers, President of the Campaign for Tobacco-Free Kids as keynote, nationally recognized speakers, and local experts discussing a wide array of tobacco treatment and prevention topics, new research and innovative approaches to tobacco control. Additional information and registration will be available soon at [CTIMaine.org/Conference](http://CTIMaine.org/Conference).

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**Words Matter: How Language Used in Health Care Settings Can Impact the Quality of Pediatric Care** - Recording of event and slides are available below.

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### AAP Member Benefits

- New [online leadership courses](#) developed in partnership with the American Association of Physician Leadership
- Access to the COVID-19 supply store with discounted pricing via the [AAP Amazon Business Account](#)
- Regular [updates and information](#) to support you during the COVID-19 pandemic
- State-specific information and resources on [your chapter's website](#); (If you're not a member of your chapter, please consider [joining today](#))
- Access to the [AAP Volunteer Network](#) (found at [collaborate.aap.org](#)) to find an engagement opportunity that fits your schedule and skillset



### Connect with us on Social Media!!

The power to spread good messages, share new clinical info or pertinent articles is exponential when using social media platforms such as Twitter, Facebook, LinkedIn and Instagram.

<https://linktr.ee/maineaap>