



MAINE PEDIATRICS - November 2021



PRESIDENT'S MESSAGE - Deborah Hagler, MD, MPH, FAAP

Another momentous milestone is upon us as we begin to vaccinate 5-11 year olds! I know we are all hopeful this will help turn the tide of the pandemic and bring some sense of normalcy back into our daily lives. The vaccine rollout also comes at the beginning of what I have also considered the season of gratitude, and although these have been the most challenging few years of my life I am profoundly grateful for many things including the continued ability to work and engage with so many passionate, knowledgeable, and dedicated colleagues working to improve the lives of the children and families in the State of Maine. **Thank You**, for all you do. ~Deb

The FDA recently authorized the COVID-19 vaccine for emergency use among 5 to 11 year old children, and the CDC has recommended that children in this age group become fully vaccinated against COVID-19. Parents may seek answers to lingering questions about vaccinating their children against COVID-19.

Join us for a forum featuring pediatricians from the four largest healthcare systems who will share information about the COVID-19 vaccine for 5 to 11 year olds, and answer audience questions.

PEDIATRICIANS SHARE:
What Parents Need to Know about the
COVID-19 Vaccine for Children

November 9, 2021 from 6:00-7:15pm EST
Register via Zoom at mecap.org/events

 Sydney Sewall, MD, MPH Pediatrician, Maine General Health	 Michael Ross, MD Pediatrician, Northern Light Pediatric Primary Care	 Jillian Gregory, DO Pediatric Critical Care, Maine Medical Center	 Gretchen Planka, MD, MPH Pediatrician, Central Maine Pediatrics
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This webinar will be held **Tuesday, November 9, 2021 from 6pm to 7:15pm**. You can attend via Zoom and register at mecap.org/events to receive the webinar login information.



MEMBER SPOTLIGHT - Jennifer Hayman, MD, FAAP

Dr. Hayman, a Clinical Associate Professor of Pediatrics and Director of UME Curriculum for the Tufts University School of Medicine Maine Track, has been involved with infant safe sleep advocacy for over a decade in Maine. Her interest began when caring for babies injured in unsafe sleep environments in her clinical role as a Pediatric Hospitalist. She learned as much as possible about injury and death from unsafe sleep, and is thankful for the relationships she forged with public and private advocacy groups, enabling her to later teach the "why's and how's" of safe sleep to people across Maine. Statewide collaboration led to the institution of the Maine Chapter of Cribs for Kids and the Maine Safe Sleep Coalition, and subsequent addressing of public health needs through the Maternal, Infant and Fetal Mortality Review Committee, SafeSleepForME Campaign, and the creation of an infrastructure for ongoing safe sleep education.

At a recent lecture to the Maine Track Pediatric Interest group, Dr. Hayman noted, "One of the key takeaways of this lecture is knowing the ABCs of safe infant sleep: **A**lone, a baby should be lying on his/her **B**ack in a **C**rib." She emphasized the importance of recognizing child abuse, indicating common signs, and discussed the usefulness of childhood immunization schedules for preventing disease.

The Maine AAP is helping to lead the Health Integration Action Team of the [Partnership for Children's Oral Health](https://www.pchoc.org/). This group is exploring various models to build on the foundation of [From the](#)

[First Tooth](#) and integrate preventive dental care more comprehensively in the primary care medical home. The science behind dental disease has advanced greatly in recent years, and we now have prevention and early intervention tools that can be used in the primary care setting to improve the health of many children who lack access to dental care. Together we can make a significant impact for children who may otherwise suffer from preventable dental disease. Please [answer 2 questions](#) to help us in this work!



News and Updates from the American Board of Pediatrics (ABP)

First and foremost, we at the ABP are grateful for your dedication to child health during the pandemic. We hope you and your loved ones are, and remain, safe and healthy.

When you have a moment, we invite you to watch this [brief \(less than three minutes\) video](#), which features important news and information you can use as we approach the end of the year. Topics include:

- MOCA-Peds Quarter 4 deadline & extended support hours
- Deadline for external applications for MOC Part 4 (Quality Improvement) credit
- New - earn MOC Part 2 (Self-Assessment) credit for completing life support or resuscitation certifications
- Streamlined process to quickly earn Part 4 points for work related to COVID-19 (e.g., telemedicine, new office triage procedures, etc.)
- Earn points for diversity, equity, and inclusion (DEI)-related work

All our best, The American Board of Pediatrics

Learning Series - Upcoming Webinar Psychosis Nov 10, 2021 7:30-8:30 am

with Dr. Amy Mayhew

[REGISTER](#) in advance.

Educate ~ Support ~ Empower
Pediatric Primary Care Providers
&
The Clinical Team Members

You can now access our program:
Online: www.BHpartnersforME.org
By Phone: 1-833-MPBHP11/ 1-833-672-4711
M-F 9:00 am-4:00 pm

MPBHP coordinates consultations between child psychiatry and primary care providers. These consultations can help with the following:

- Medication management
- Diagnostic clarity
- Screening & treatment recommendations

MaineHealth Northern Light Acadia Hospital

Maine Pediatric & Behavioral Health Partnership is not meant to replace necessary emergency services. If a patient is in crisis, they should be advised to go to the nearest emergency department or call the crisis hotline at 1-888-568-1112.



Connect with us on Social Media!!

The power to spread good messages, share new clinical info or pertinent articles is exponential when using social media platforms such as Twitter, Facebook, LinkedIn and Instagram.

[h <https://linktr.ee/maineaap>](https://linktr.ee/maineaap)

Tobacco Treatment Training and Education Offerings

The MaineHealth Center for Tobacco Independence provides a variety of tobacco treatment trainings and education programs for providers and health professionals. Learn more about current opportunities at CTIMaine.org/Education.

Downloads: Treating Tobacco Together: [Training Offerings Schedule](#) / [Webinar Offerings Schedule](#)

CTI provides education and training on evidence-based tobacco treatment to healthcare and behavioral health professionals in Maine on behalf of Maine CDC and DHHS. Our goal is to improve access to high quality, best practice tobacco treatment and create a network of treatment specialists across the state.

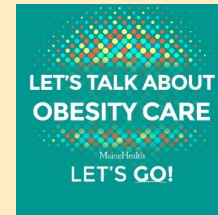
Let's Talk about Obesity Care - New Podcast Series

Dr. Carrie Gordon will be hosting experts on a wide variety of topics on best practice for caring for children and adults who carry extra weight.

Current topics include:

- o Testing the Waters with Anti-Obesity Medications in your Pediatric Primary Care Clinic
- o Food Insecurity and its Connection to Health and Care
- o Physical Activity and Physical Literacy: Putting Movement into Your Practice
- o Working with Patients with Selective Eating Challenges

A new topic will be added monthly. Listen wherever you get your podcasts. Let's Go! is a program of The Barbara Bush Children's Hospital at Maine Medical Center.



Let's Go! Childhood Obesity Project ECHO®

The Let's Go! Childhood Obesity Project ECHO offers providers and care teams new evidence and guidance on the assessment and treatment of childhood obesity. The goal is to help support providers looking to optimize management of their patients with obesity.

Who should register: Providers and clinical staff who care for children

Where: Virtually via Zoom (participants are asked to be on video whenever possible)

When: CME Sessions monthly on 1st Thurs | 12:00-1:00pm | November 4, 2021 thru September 1, 2022

Registration period: Open through end of December 2021 (Registrants will be sent calendar invitations.)

[Register Here](#)

The State of Oral Health: Increasing Access & Reducing Disparities

Tuesday, November 9, 2021 | 1:00 PM

In this webinar presented by the NIHCM Foundation, we will hear from leaders in the field of oral health who are working to reduce disparities in access to and quality of care. Speakers will discuss:

- Federal initiatives to reduce health disparities and advance oral health equity, while furthering oral health in pediatric populations
- A health plan foundation's investment, in collaboration with the Duke Endowment, to improve oral health in the Carolinas, including in rural communities and school-based programs
- Interprofessional approaches to integrate oral health into education and care delivery models

[Register Now](#)

State of Obesity 2021: Better Policies for a Healthier America

Wednesday, November 10, 2021 | 1:00 - 2:30 PM EDT

The briefing will explore findings from [Trust for America's Health recent report](#), which examined how the social and economic factors linked to obesity were exacerbated by the COVID-19 pandemic. The 18th annual report found that 16 states had adult obesity rates at 35 percent or higher, up from 12 states the year before. Speakers will cover the latest data on obesity and its impacts, highlight promising approaches to ensure healthier communities, and offer policy recommendations that can help all Americans lead healthier lives. Presenters include:

- **Ruth Petersen, MD, MPH**, Director, Division of Nutrition, Physical Activity, and Obesity (DNPAO), Centers for Disease Control and Prevention
- **Dariusz Mozaffarian, MD, DrPH**, Dean, Friedman School of Nutrition Science & Policy, Tufts

- Karol Fink, MS, RDN, Section Chief, Chronic Disease Prevention, Alaska Div of Public Health

Register Now

Connecting the Dots: The Impact of Adverse Childhood Experiences on Health Disparities and Health Outcomes

Thursday, November 18, 2021 | 1:00 - 3:00 PM

Adverse Childhood Experiences are recognized factors contributing to what are known as “diseases of despair” – suicide, substance misuse, and excessive alcohol use in youth and adults. This program will feature national and Maine experts, and will connect the dots between ACEs, health equity, chronic disease and the importance of upstream prevention.

Register Now

Special and Vulnerable Populations COVID-19 Forum

Friday, November 19, 2021 | 2:00 PM

Join several National Training and Technical Assistance Partner (NTTAP) organizations for the next session of the four-part Special and Vulnerable Populations Forum. The next one-hour session convenes **Friday, November 19** and will address how COVID-19 has impacted health centers across the country and the special populations they serve. The Forum will identify, share, and promote promising practices, while highlighting and addressing challenges.

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Written by clinicians — pain management experts and addiction specialists — to reflect the types of clinical cases you experience in everyday practice.

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Register at <https://knowledgeplusoffers.nejm.org/mainemed-pmom/>

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