Suicide Prevention and Management in Healthcare Practice Settings:
A Comprehensive, Evidence-based Approach
This 1-hour presentation (in-person or virtual) will provide updated information on trends in suicidal behavior across the lifespan and an overview of the best-practice approach to suicide identification, assessment, and management of suicide within a practice or hospital setting. Tools for practice will be offered to address assessment, Collaborative Safety Planning, and coordinated follow-up. This presentation is appropriate to any professional working in a medical, clinical, or behavioral health role: medical providers, nurses, social workers and ancillary clinicians, and support staff.

Suicide Prevention Lunch and Learn for Healthcare Settings
The Suicide Prevention Lunch and Learn is an educational session delivered onsite addressing suicide prevention and management issues in a healthcare practice setting. It follows the national best-practice model Zero Suicide initiative. The session is typically 90 minutes for non-clinical staff or 90-120 minutes for clinical staff and includes elements of assessment and safety planning as well as discussion of how the elements are best carried out in a practice. These sessions are designed to be offered over a lunch period or at the beginning or end of the workday.

Death with Dignity: Supporting Patient Needs at the End of Life
Passage of Maine’s Death with Dignity law in 2019 allows interested terminally ill people a legal avenue to work with their medical providers to gain access to medication to end their lives. The law has been somewhat controversial with some professionals and family members. Medical and behavioral health providers and their organizations face a number of ethical dilemmas as they move to implement the law in their practices. This 1-hour training (in-person or virtual) will review the law and the steps to carrying out the law with patients. It will address the differences and the overlap with suicide, and it will also offer an opportunity to explore the values clarification needed and the ethical challenges faced by patients, their families, healthcare professionals, and organizations in end-of-life care.

For more information and to schedule a session, contact Julianne McLaughlin, Coordinator of Suicide Prevention
mspp@namimaine.org 800.464.5767 x2318 CME Credits provided.