

## **Primary Care Plus (PC Plus) Information Sheet for Patients and Families**

Primary Care Plus is a support service provided by your primary care provider's office through Boston Children's Hospital to connect adolescent and young adult patients and families with resources and information, education and support in a timely manner.

PC Plus providers specialize in working with young people who may be experiencing stressors such as depression, anxiety, school stress, family conflict, substance use, etc.

All services through Primary Care Plus are conducted using virtual care (telehealth services including video and telephone sessions\*).

\*Telephone sessions may not be an option in certain circumstances



PC Plus providers work with your primary care providers to coordinate your care and ensure that your needs are met.

### **Services include:**

- Comprehensive evaluation
- Individual education/counseling
- Caregiver Guidance
- Care coordination, as needed
- Assistance with referrals to community-based resources, when needed

### **To learn more about PC Plus or set up an appointment:**

Please call 617-919-5259 or email us at [PCPlus@childrens.harvard.edu](mailto:PCPlus@childrens.harvard.edu)

Primary Care Plus does not provide crisis coverage. If you or your child is in need of immediate assistance, please call 911 or go to your nearest emergency room.

If you are a Masshealth member or uninsured, please call your local Emergency Services Provider at 877-382-1609. They will provide numbers for your local crisis team and help you determine the next steps.