

Adeegyada Soo gudbinta ee loogu talagalay Qoysaska ay U joogaan Carruurta yaryar



Barnaamijka Nafaqada ee WIC (WIC Nutrition Program)

ama wac
207-287-3991



Adeegyada Hormarinta Carruurta/Caawimaada Dhallaanka (Child Development Services/Early Intervention)

ama wac
877-770-8883

Adeegyada Kobaca Carruurta/ Nidaamka Wax qabadka Dhallaanka waa Qaybaha Waxbarashada Heerka dhexe ee bixisa Wax-ka-qabashada Dhallaanka (dhalashada ilaa labo sano jir) iyo Waxbarashada Dawlada oo Bilaash ah ee Ku haboon Ardayda (ee da'aha sadex ilaa shan sano) ayadoo ay kormeerayso Waaxda Waxbarashada ee Maine.



Carruurta Qaba Baahiyaha Gaarka ah ee Daryeelka caafimaadka (Children with Special Health Care Needs - CSHN)

ama wac
800-698-3624



Caymiska Caafimaadka ee Maine (Health Coverage for Maine)

ama wac
1-855-797-4357

Caymiska Caafimaadka ee Maine (CoverME.gov) ayaa bixinaysa xog ku saabsan dookhyada caymiska caafimaadka ee bilaashka ah ama kharashka yar ee qoysaska Maine. Wuxaad sidoo kale helaysaa macluumaadka ururada maxaliga ah ee kaa caawin kara fahanka dookhyadaada caymiska iyo buuxinta codsiga.



Qorshaha Daryeelka Badqabka (Plan of Safe Care - POSC)



Barnaamijada Head Start/Early Head Start

ama wac
207-441-5852

Head Start waxay bixisaa waxbarashada caruurnimada hore ee carruurta yaryar oo qoysaskoodu buuxiyeen shuruudaha fakhriga ee federaalka. Head Start waa barnaamij federaalku maalgasho, oo balaaran oo barbaarinta waxbarashada ubadka qaabilisan kaasoo loo sameeyay inuu buuxsho baahiyaha dareenka, bulshada, caafimaadka, nafaqada, iyo cilmi nafsiga ee carruurta jira 3 ilaa 5 sano iyo qoysaskooda. Waxay gacan ka gaysanaysaa hormarinta kartida carruurta waxayna kor u qaadaysaa isku filnaanshaha ayadoo la adeegsanaayo qaab isku dhafan oo qoyska diirada saaraaya. Barnaamijka Early Head Start (oo la aasaasay 1994) waa barnaamij iskaashi oo loo sameeyay inuu xal u helo isla baahiyaha carruurta laga bilaabo markay dhashaan ilaa da'da 3, hooyoyinka uurka leh, iyo qoysaskooda.



Nidaamka Soo gudbinta ee Cradle ME (Cradle ME Referral System)

ama wac 1-888-
644-1130



Kalkaalinta Caafimaadka Dadwaynaha (Public Health Nursing - PHN)

Kalkaalisooyinka Caafimaadka Dadwaynaha ee Maine CDC ayaa baxsha adeegyada Caafimaadka guriga lagu baxsho ee qoysaska. Dhammaan haweenka uurka leh iyo kuwa umusha ah iyo dhammaan ilmaha dhasha iyo dhallanka ilaa 12 billood ee da'da ayaa heli kara booqashada Kalkaalisaada Caafimaadka Dadwaynaha. Haddii aad su'aalo ka qabto caafimaadkaaga ama caafimaadka ilmahagaa, waxaad codsan kartaa kalkaaliso markaad doonto adoo wacaaya lambarka CradleME.



Qoysaka Maine (Maine Families)

Maine Families waa shabakad gobalka dhan ah oo ka kooban kooxaha bulshada oo u adeegga baahiyaha haweenaya uurka leh iyo waalidiinta ilmaha dhalay dhawaan. Boqdayaasha daryelida iyo xirfada ee guriga ayaa kaala shaqayn doona helitaanka xogta iyo ilaha kaa taageeraaya caafimaadka jirka iyo dareenka ee ilmahaaga iyo qoyska dhan.

Si aad iskaanka u mariso koodhadhka QR, fur barnaamijka kaamirada ee aaladaada. Ku aadi koodhka QR ee aad doonayso inaad iskaanka mariso. Raadi qaybta ogaysiiska ee korka shaashada - guji si aad u gasho webseedka. Hay'adan waa bixiyaha fursadda loo siman yahay.

