



cordially invites you to attend an educational program entitled:

Complementary Feeding: Nutrition for Optimal Growth and Developmental Outcomes

Learning Objectives:

- Consider **common toddler dietary concerns** (eg, vitamin D intake, milk anemia, nutrient-poor foods) and the impact of complementary feeding
- Review how complementary foods **support nutritional and developmental milestones**
- Describe appropriate **introduction of complementary foods** into a toddler's diet to help achieve optimal nutrition
- Discuss a **case study** to illustrate benefits of optimal toddler nutrition and examine how to manage common challenges with complementary feeding and picky eating

Presenter:

Betty Fleming, RD
Levine Children's Hospital Atrium Health
Charlotte, NC

Wednesday, October 23, 2019

Registration Time: 6:00 PM
Start Time: 6:30 PM ET

Salt Water Grille

231 Front Street
South Portland, ME 04106
207-799-5400

Please RSVP on or before Thursday, October 17, 2019

by contacting your local Mead Johnson Nutrition Representative

Susan Hersom
Cell: (207) 749-1244
sue.hersom@rb.com

Register online at <https://mjnportal.com/registration> using Event ID 24649

If you have any questions about this program, please call p-value communications at (866) 782-5830